

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

Menu Name: SSO - LUNCH HIGH Include Cost: No

Site:

Use Alternate Menu Name: No

### Monday - 06/01/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	350	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	350	339	771	7.72	*N/A*	13.36	0.00	38	36.72	4.85	17.58
990879 CUCUMBER SALAD	1/2 CUP	350	84	131	*7.40	*4.07	4.58	*0.00	*0	11.43	*1.04	1.32
991283 PLUM - SSO	EACH	350	30	0	6.55	*N/A*	0.18	0.00	0	7.54	0.92	0.46
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	350	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
991033 DORITOS	Pack	350	132	202	*N/A*	*N/A*	5.06	0.00	0	20.25	2.02	2.02
Weighted Daily Average			261202	427710	*15208.30	*1423.10	8800.52	*0.00	*16170	37724.12	*4376.05	9640.95
% of Calories					*23.29%	*2.18%	30.3%	*0.0%		57.8%		14.8%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Tuesday - 06/02/2026

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	350	280	370	4.00	*N/A*	9.50	0.00	35	28.00	3.00	22.00
990390 SAUCE, KETCHUP IND PKS	POUCH	350	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	100	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	350	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	350	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
991206 CRACKERS, CHEE-ZIT	Pack	350	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00
991284 WATERMELON, FRESH - 1 cup	1 CUP	350	90	3	18.56	*N/A*	0.45	0.00	0	22.60	1.20	1.83
Weighted Daily Average			267920	362490	*13289.25	*N/A*	5390.61	*0.00	*14963	40682.24	*6836.90	15042.10
% of Calories					*19.84%	*N/A*	18.1%	*0.0%		60.7%		22.5%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Wednesday - 06/03/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990712 SANDWICH, BBQ CHICKEN SHREDDED	sandwich	350	318	868	21.13	*N/A*	4.37	0.00	52	47.49	2.00	24.35
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990782 CORN ON COB-DOD	1/2 CUP	350	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991056 Black Bean Corn Salsa	1/2 cup	350	169	328	*4.20	*0.00	3.15	*0.00	*0	30.00	*4.88	*7.19
990276 CHIPS, TORTILLA IND. BAGS	1 BAG	350	210	170	0.00	*N/A*	12.00	0.00	0	25.00	2.00	3.00
990341 STRAWBERRIES, FRESH	1/2 cup	350	28	1	4.27	0.00	0.26	0.00	0	6.71	1.75	0.58
991292 FRUIT, FRESH ASST - SSO (1/2 CUP)	1/2 cup	350	54	1	*6.95	*0.00	0.29	0.00	0	13.79	2.22	0.76
Weighted Daily Average			298827	511632	*16046.90	*0.00	7514.24	*0.00	*20773	46648.25	*4497.50	*14129.00
% of Calories					*21.48%	*0.00%	22.6%	*0.0%		62.4%		*18.9%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Thursday - 06/04/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991089 CHICKEN SALAD PLATE SSO- update instructions	1 PLATE	350	498	1052	*17.74	*1.85	16.08	0.00	45	70.59	10.80	25.12
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990339 PEACHES, FRESH DOD	1 EACH	350	51	0	10.91	0.00	0.32	0.00	0	12.40	1.95	1.18
991087 GRAPES, FRESH, CHILLED	1/2 CUP	350	56	2	12.64	*N/A*	0.13	0.00	0	14.78	0.74	0.59
991073 DRESSING, RANCH 1 OZ SERVINGS	1oz PORTION	500	79	264	1.10	*N/A*	7.80	0.12	6	1.87	0.09	0.60
990744 SALAD, ROMAINE & SPINACH HS 2 CUPS	2 CUP	350	60	112	3.26	*0.00	0.96	0.00	0	10.97	5.89	5.62

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991032 GOLDFISH	1 EACH	350	2	3	*N/A*	*N/A*	0.07	0.00	0	0.28	0.02	0.06
Weighted Daily Average			299271	574464	*19392.95	*646.80	10537.67	58.10	21580	42695.80	*6833.75	13268.90
% of Calories					*25.92%	*0.86%	31.7%	0.2%		57.1%		17.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Friday - 06/05/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	350	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
990619 GREEN BEANS, FROZEN, HS 1 CUP	1 CUP	350	84	62	*0.52	*N/A*	0.13	*0.00	0	15.40	*4.27	4.42
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	350	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991080 CHICKEN, DRUMS & THIGHS - USDA	1 DRUM OR THIGH	350	230	490	0.00	*N/A*	14.00	0.00	75	11.00	1.00	16.00
991292 FRUIT, FRESH ASST - SSO (1/2 CUP)	1/2 cup	350	54	1	*6.95	*0.00	0.29	0.00	0	13.79	2.22	0.76
990631 SUB, TURKEY HS	SANDWICH	150	440	1120	6.51	*N/A*	16.28	0.00	55	48.19	5.78	25.73
Weighted Daily Average			288890	461338	*12022.20	*0.00	8855.65	*0.00	37260	38336.22	*5657.80	14943.35
% of Calories					*16.65%	*0.00%	27.6%	*0.0%		53.1%		20.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

# Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

## Monday - 06/08/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	350	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	350	339	771	7.72	*N/A*	13.36	0.00	38	36.72	4.85	17.58
990879 CUCUMBER SALAD	1/2 CUP	350	84	131	*7.40	*4.07	4.58	*0.00	*0	11.43	*1.04	1.32
991283 PLUM - SSO	EACH	350	30	0	6.55	*N/A*	0.18	0.00	0	7.54	0.92	0.46
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	350	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
991033 DORITOS	Pack	350	132	202	*N/A*	*N/A*	5.06	0.00	0	20.25	2.02	2.02
Weighted Daily Average			261202	427710	*15208.30	*1423.10	8800.52	*0.00	*16170	37724.12	*4376.05	9640.95
% of Calories					*23.29%	*2.18%	30.3%	*0.0%		57.8%		14.8%
Weekly Nutrient Guideline			750 - 850	1280		<10						

## Tuesday - 06/09/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991089 CHICKEN SALAD PLATE SSO- update instructions	1 PLATE	350	498	1052	*17.74	*1.85	16.08	0.00	45	70.59	10.80	25.12
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	350	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990339 PEACHES, FRESH DOD	1 EACH	350	51	0	10.91	0.00	0.32	0.00	0	12.40	1.95	1.18
991087 GRAPES, FRESH, CHILLED	1/2 CUP	350	56	2	12.64	*N/A*	0.13	0.00	0	14.78	0.74	0.59
991073 DRESSING, RANCH 1 OZ SERVINGS	1oz PORTION	500	79	264	1.10	*N/A*	7.80	0.12	6	1.87	0.09	0.60
990744 SALAD, ROMAINE & SPINACH HS 2 CUPS	2 CUP	350	60	112	3.26	*0.00	0.96	0.00	0	10.97	5.89	5.62
991032 GOLDFISH	1 EACH	350	2	3	*N/A*	*N/A*	0.07	0.00	0	0.28	0.02	0.06
Weighted Daily Average			327271	610464	*22992.95	*646.80	11037.67	58.10	24580	46695.80	*6833.75	14868.90
% of Calories					*28.10%	*0.79%	30.4%	0.2%		57.1%		18.2%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Wednesday - 06/10/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990712 SANDWICH, BBQ CHICKEN SHREDDED	sandwich	350	318	868	21.13	*N/A*	4.37	0.00	52	47.49	2.00	24.35
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990782 CORN ON COB-DOD	1/2 CUP	350	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991056 Black Bean Corn Salsa	1/2 cup	350	169	328	*4.20	*0.00	3.15	*0.00	*0	30.00	*4.88	*7.19
990276 CHIPS, TORTILLA IND. BAGS	1 BAG	350	210	170	0.00	*N/A*	12.00	0.00	0	25.00	2.00	3.00

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990341 STRAWBERRIES, FRESH	1/2 cup	350	28	1	4.27	0.00	0.26	0.00	0	6.71	1.75	0.58
991292 FRUIT, FRESH ASST - SSO (1/2 CUP)	1/2 cup	350	54	1	*6.95	*0.00	0.29	0.00	0	13.79	2.22	0.76
Weighted Daily Average			298827	511632	*16046.90	*0.00	7514.24	*0.00	*20773	46648.25	*4497.50	*14129.00
% of Calories					*21.48%	*0.00%	22.6%	*0.0%		62.4%		*18.9%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Thursday - 06/11/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	370	4.00	*N/A*	9.50	0.00	35	28.00	3.00	22.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	1	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	1	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
991206 CRACKERS, CHEE-ZIT	Pack	1	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991284 WATERMELON, FRESH - 1 cup	1 CUP	1	90	3	18.56	*N/A*	0.45	0.00	0	22.60	1.20	1.83
Weighted Daily Average			936	1277	*57.78	*N/A*	18.81	*0.00	*59	138.34	*19.53	54.25
% of Calories					*24.69 %	*N/A*	18.1%	*0.0%		59.1%		23.2%
Weekly Nutrient Guideline			750 - 850	1280		<10						

## Friday - 06/12/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	350	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
990619 GREEN BEANS, FROZEN, HS 1 CUP	1 CUP	350	84	62	*0.52	*N/A*	0.13	*0.00	0	15.40	*4.27	4.42
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	350	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991080 CHICKEN, DRUMS & THIGHS - USDA	1 DRUM OR THIGH	250	230	490	0.00	*N/A*	14.00	0.00	75	11.00	1.00	16.00
991292 FRUIT, FRESH ASST - SSO (1/2 CUP)	1/2 cup	350	54	1	*6.95	*0.00	0.29	0.00	0	13.79	2.22	0.76
990631 SUB, TURKEY HS	SANDWICH	100	440	1120	6.51	*N/A*	16.28	0.00	55	48.19	5.78	25.73
Weighted Daily Average			243911	356359	*11696.60	*0.00	6641.70	*0.00	26994	34826.64	*5268.80	12056.90
% of Calories					*19.18 %	*0.00%	24.5%	*0.0%		57.1%		19.8%
Weekly Nutrient Guideline			750 - 850	1280		<10						

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

### Monday - 06/15/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	300	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	300	339	771	7.72	*N/A*	13.36	0.00	38	36.72	4.85	17.58
990879 CUCUMBER SALAD	1/2 CUP	300	84	131	*7.40	*4.07	4.58	*0.00	*0	11.43	*1.04	1.32
991283 PLUM - SSO	EACH	300	30	0	6.55	*N/A*	0.18	0.00	0	7.54	0.92	0.46
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	300	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
991033 DORITOS	Pack	300	132	202	*N/A*	*N/A*	5.06	0.00	0	20.25	2.02	2.02
Weighted Daily Average			227615	371325	*13500.75	*1219.80	7613.40	*0.00	*14247	32849.50	*3750.90	8488.00
% of Calories					*23.73%	*2.14%	30.1%	*0.0%		57.7%		14.9%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Tuesday - 06/16/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	300	280	370	4.00	*N/A*	9.50	0.00	35	28.00	3.00	22.00
990390 SAUCE, KETCHUP IND PKS	POUCH	300	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	300	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	300	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	300	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
991206 CRACKERS, CHEE-ZIT	Pack	300	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00
991284 WATERMELON, FRESH - 1 cup	1 CUP	300	90	3	18.56	*N/A*	0.45	0.00	0	22.60	1.20	1.83
Weighted Daily Average			234444	326137	*11855.85	*N/A*	4690.62	*0.00	*13213	35492.16	*5860.20	13224.70
% of Calories					*20.23%	*N/A*	18.0%	*0.0%		60.6%		22.6%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Wednesday - 06/17/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990712 SANDWICH, BBQ CHICKEN SHREDDED	sandwich	300	318	868	21.13	*N/A*	4.37	0.00	52	47.49	2.00	24.35
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990782 CORN ON COB-DOD	1/2 CUP	300	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991056 Black Bean Corn Salsa	1/2 cup	300	169	328	*4.20	*0.00	3.15	*0.00	*0	30.00	*4.88	*7.19

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990276 CHIPS, TORTILLA IND. BAGS	1 BAG	300	210	170	0.00	*N/A*	12.00	0.00	0	25.00	2.00	3.00
990341 STRAWBERRIES, FRESH	1/2 cup	300	28	1	4.27	0.00	0.26	0.00	0	6.71	1.75	0.58
991292 FRUIT, FRESH ASST - SSO (1/2 CUP)	1/2 cup	300	54	1	*6.95	*0.00	0.29	0.00	0	13.79	2.22	0.76
Weighted Daily Average			259865	443259	*14219.55	*0.00	6510.88	*0.00	*18193	40498.74	*3855.00	*12334.90
% of Calories					*21.89%	*0.00%	22.5%	*0.0%		62.3%		*19.0%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Thursday - 06/18/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991291 GEORGIA GRAZING BOARD	1 BOARD	300	*751	*1148	*33.13	*3.75	*37.52	*0.12	*60	*90.55	*11.12	*21.40
990341 STRAWBERRIES, FRESH	1/2 cup	300	28	1	4.27	0.00	0.26	0.00	0	6.71	1.75	0.58
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
Weighted Daily Average			*259638	*377740	*14475.45	*1125.00	*11825.82	*34.86	*20675	*32777.92	*3861.30	*8167.30
% of Calories					*22.30%	*1.73%	*41.0%	*0.1%		*50.5%		*12.6%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Monday - 06/22/2026

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	300	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	300	339	771	7.72	*N/A*	13.36	0.00	38	36.72	4.85	17.58
990879 CUCUMBER SALAD	1/2 CUP	300	84	131	*7.40	*4.07	4.58	*0.00	*0	11.43	*1.04	1.32
991283 PLUM - SSO	EACH	300	30	0	6.55	*N/A*	0.18	0.00	0	7.54	0.92	0.46
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	300	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
991033 DORITOS	Pack	300	132	202	*N/A*	*N/A*	5.06	0.00	0	20.25	2.02	2.02
Weighted Daily Average			227615	371325	*13500.75	*1219.80	7613.40	*0.00	*14247	32849.50	*3750.90	8488.00
% of Calories					*23.73%	*2.14%	30.1%	*0.0%		57.7%		14.9%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Tuesday - 06/23/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991089 CHICKEN SALAD PLATE SSO- update instructions	1 PLATE	300	498	1052	*17.74	*1.85	16.08	0.00	45	70.59	10.80	25.12
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990339 PEACHES, FRESH DOD	1 EACH	300	51	0	10.91	0.00	0.32	0.00	0	12.40	1.95	1.18

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991087 GRAPES, FRESH, CHILLED	1/2 CUP	300	56	2	12.64	*N/A*	0.13	0.00	0	14.78	0.74	0.59
991073 DRESSING, RANCH 1 OZ SERVINGS	1oz PORTION	300	79	264	1.10	*N/A*	7.80	0.12	6	1.87	0.09	0.60
990744 SALAD, ROMAINE & SPINACH HS 2 CUPS	2 CUP	300	60	112	3.26	*0.00	0.96	0.00	0	10.97	5.89	5.62
991032 GOLDFISH	1 EACH	300	2	3	*N/A*	*N/A*	0.07	0.00	0	0.28	0.02	0.06
Weighted Daily Average			250071	463126	*16946.55	*554.40	8100.04	34.86	18113	36870.36	*5845.80	11520.40
% of Calories					*27.11%	*0.89%	29.2%	0.1%		59.0%		18.4%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Wednesday - 06/24/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990712 SANDWICH, BBQ CHICKEN SHREDDED	sandwich	300	318	868	21.13	*N/A*	4.37	0.00	52	47.49	2.00	24.35
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
990782 CORN ON COB-DOD	1/2 CUP	300	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991056 Black Bean Corn Salsa	1/2 cup	300	169	328	*4.20	*0.00	3.15	*0.00	*0	30.00	*4.88	*7.19
990276 CHIPS, TORTILLA IND. BAGS	1 BAG	300	210	170	0.00	*N/A*	12.00	0.00	0	25.00	2.00	3.00
990341 STRAWBERRIES, FRESH	1/2 cup	300	28	1	4.27	0.00	0.26	0.00	0	6.71	1.75	0.58

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991292 FRUIT, FRESH ASST - SSO (1/2 CUP)	1/2 cup	300	54	1	*6.95	*0.00	0.29	0.00	0	13.79	2.22	0.76
Weighted Daily Average			259865	443259	*14219.55	*0.00	6510.88	*0.00	*18193	40498.74	*3855.00	*12334.90
% of Calories					*21.89%	*0.00%	22.5%	*0.0%		62.3%		*19.0%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Thursday - 06/25/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	300	280	370	4.00	*N/A*	9.50	0.00	35	28.00	3.00	22.00
990390 SAUCE, KETCHUP IND PKS	POUCH	300	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	300	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	300	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	300	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
991206 CRACKERS, CHEE-ZIT	Pack	300	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991284 WATERMELON, FRESH - 1 cup	1 CUP	300	90	3	18.56	*N/A*	0.45	0.00	0	22.60	1.20	1.83
Weighted Daily Average			234444	326137	*11855.85	*N/A*	4690.62	*0.00	*13213	35492.16	*5860.20	13224.70
% of Calories					*20.23%	*N/A*	18.0%	*0.0%		60.6%		22.6%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Friday - 06/26/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	300	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
990619 GREEN BEANS, FROZEN, HS 1 CUP	1 CUP	300	84	62	*0.52	*N/A*	0.13	*0.00	0	15.40	*4.27	4.42
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	300	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991080 CHICKEN, DRUMS & THIGHS - USDA	1 DRUM OR THIGH	250	230	490	0.00	*N/A*	14.00	0.00	75	11.00	1.00	16.00
991292 FRUIT, FRESH ASST - SSO (1/2 CUP)	1/2 cup	300	54	1	*6.95	*0.00	0.29	0.00	0	13.79	2.22	0.76
990631 SUB, TURKEY HS	SANDWICH	100	440	1120	6.51	*N/A*	16.28	0.00	55	48.19	5.78	25.73
Weighted Daily Average			227288	343662	*10583.75	*0.00	6495.54	*0.00	26994	31447.24	*4634.40	11497.80
% of Calories					*18.63%	*0.00%	25.7%	*0.0%		55.3%		20.2%
Weekly Nutrient Guideline			750 - 850	1280		<10						

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 30, 2026

### Monday - 06/29/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	250	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	250	339	771	7.72	*N/A*	13.36	0.00	38	36.72	4.85	17.58
990879 CUCUMBER SALAD	1/2 CUP	250	84	131	*7.40	*4.07	4.58	*0.00	*0	11.43	*1.04	1.32
991283 PLUM - SSO	EACH	250	30	0	6.55	*N/A*	0.18	0.00	0	7.54	0.92	0.46
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	250	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
991033 DORITOS	Pack	250	132	202	*N/A*	*N/A*	5.06	0.00	0	20.25	2.02	2.02
Weighted Daily Average			194028	314941	*11793.20	*1016.50	6426.29	*0.00	*12325	27974.86	*3125.75	7335.05
% of Calories					*24.31%	*2.10%	29.8%	*0.0%		57.7%		15.1%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Tuesday - 06/30/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	250	280	370	4.00	*N/A*	9.50	0.00	35	28.00	3.00	22.00
990390 SAUCE, KETCHUP IND PKS	POUCH	250	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	100	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	50	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	150	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
991288 LETTUCE & TOMATO - SSO (FOR SANDWICHES)	1 each	250	34	23	*0.69	*N/A*	0.55	*0.00	0	7.16	2.46	1.68
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	250	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
991206 CRACKERS, CHEE-ZIT	Pack	250	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00
991284 WATERMELON, FRESH - 1 cup	1 CUP	250	90	3	18.56	*N/A*	0.45	0.00	0	22.60	1.20	1.83
Weighted Daily Average			198969	269783	*10422.45	*N/A*	3990.64	*0.00	*11463	30102.09	*4883.50	11207.30
% of Calories					*20.95%	*N/A*	18.1%	*0.0%		60.5%		22.5%
Weekly Nutrient Guideline			750 - 850	1280		<10						

	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	*243909	*395037	*13587.42	*441.68	*7122.85	*8.85	*18105	*35665.38	*4689.55	*11218.92
% of Calories			*22.28%	*0.72%	*26.3%	*0.0%		*58.5%		*18.4%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**