

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

Menu Name: SSO - BREAKFAST Include Cost: No

Site:

Use Alternate Menu Name: No

Monday - 06/01/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
100000 DONUT, GLAZED PULL APART	1 donut	1	240	300	8.00	*N/A*	11.00	0.00	0	31.00	2.00	4.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990239 APPLES, SLICES 100/2oz DOD	1 PACK/2 OZ	1	29	1	5.89	0.00	0.10	0.00	0	7.83	1.36	0.15
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
Weighted Daily Average			643	612	70.34	*0.00	16.15	0.00	24	104.92	*6.67	19.91
% of Calories					43.76%	*0.00%	22.6%	0.0%		65.3%		12.4%
Weekly Nutrient Guideline			450 - 500	540		<10						

Tuesday - 06/02/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00
991028 BLUEBERRY DELIGHT, FARM FRESH BLUEBERRIES	1/2 cup	1	43	1	7.60	*0.00	0.26	0.00	0	11.07	1.84	0.56
991203 STRAWBERRY, FRESH	3/4 cup	1	60	1	13.00	8.00	0.00	0.00	0	15.00	2.00	1.00
990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ EQ	1 BOWL	1	210	320	11.00	*N/A*	5.00	0.00	0	44.00	7.00	3.00
Weighted Daily Average			615	627	73.71	*8.00	10.07	0.00	24	116.10	*10.84	19.97
% of Calories					47.94%	*5.20%	14.7%	0.0%		75.5%		13.0%
Weekly Nutrient Guideline			450 - 500	540		<10						

Wednesday - 06/03/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990162 FRUDEL, APPLE	1 FRUDEL	1	210	260	11.00	*N/A*	6.00	0.00	0	36.00	2.00	5.00
990339 PEACHES, FRESH DOD	1 EACH	1	51	0	10.91	0.00	0.32	0.00	0	12.40	1.95	1.18
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
Weighted Daily Average			583	570	70.02	*0.00	11.14	0.00	24	100.44	*3.95	21.59
% of Calories					48.04%	*0.00%	17.2%	0.0%		68.9%		14.8%
Weekly Nutrient Guideline			450 - 500	540		<10						

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

Thursday - 06/04/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
991076 MELON, FRESH CUT	1/2 CUP	1	56	16	*8.78	*N/A*	0.31	*0.00	0	14.01	1.10	1.11
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15.00	*N/A*	0.00	0.00	0	17.00	0.00	0.00
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9.06	*N/A*	3.02	0.00	0	30.19	3.02	3.02
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			624	541	*68.31	*6.36	11.33	*0.00	24	114.87	*5.39	20.81
% of Calories					*43.79 %	*4.08%	16.3%	*0.0%		73.6%		13.3%
Weekly Nutrient Guideline			450 - 500	540		<10						

Friday - 06/05/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990854 MUFFIN, BLUEBERRY, 2 OZ EQ.	1 MUFFIN	1	223	115	16.50	*N/A*	6.00	0.00	30	38.50	3.30	3.90
Weighted Daily Average			580	423	*65.09	*0.00	11.05	*0.00	54	99.94	*5.88	19.86
% of Calories					*44.89 %	*0.00%	17.1%	*0.0%		68.9%		13.7%
Weekly Nutrient Guideline			450 - 500	540		<10						

Saturday - 06/06/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
991206 CRACKERS, CHEE-ZIT	Pack	1	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			566	568	*52.75	*6.36	11.74	*0.00	*24	96.47	*6.06	20.24
% of Calories					*37.28 %	*4.49%	18.7%	*0.0%		68.2%		14.3%
Weekly Nutrient Guideline			450 - 500	540		<10						

Sunday - 06/07/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990853 BREAKFAST SNACK BAG- GOLDFISH +NUTRIGRAIN STRAW	1 BAR 1 CRACKER	1	258	318	*N/A*	*N/A*	7.46	0.04	5	43.48	3.95	5.20
Weighted Daily Average			611	624	*39.82	*0.00	12.72	*0.04	29	104.44	*9.29	21.59
% of Calories					*26.07 %	*0.00%	18.7%	*0.1%		68.4%		14.1%
Weekly Nutrient Guideline			450 - 500	540		<10						

Monday - 06/08/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990162 FRUDEL, APPLE	1 FRUDEL	1	210	260	11.00	*N/A*	6.00	0.00	0	36.00	2.00	5.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
Weighted Daily Average			587	573	*64.59	*0.00	11.05	*0.00	24	102.44	*4.58	20.96
% of Calories					*44.01 %	*0.00%	16.9%	*0.0%		69.8%		14.3%
Weekly Nutrient Guideline			450 - 500	540		<10						

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

Tuesday - 06/09/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00
991028 BLUEBERRY DELIGHT, FARM FRESH BLUEBERRIES	1/2 cup	1	43	1	7.60	*0.00	0.26	0.00	0	11.07	1.84	0.56
991203 STRAWBERRY, FRESH	3/4 cup	1	60	1	13.00	8.00	0.00	0.00	0	15.00	2.00	1.00
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9.00	*N/A*	3.00	0.00	0	30.00	3.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			670	527	78.07	*14.36	11.26	0.00	24	123.74	*8.11	20.24
% of Calories					46.61%	*8.57%	15.1%	0.0%		73.9%		12.1%
Weekly Nutrient Guideline			450 - 500	540		<10						

Wednesday - 06/10/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990239 APPLES, SLICES 100/2oz DOD	1 PACK/2 OZ	1	29	1	5.89	0.00	0.10	0.00	0	7.83	1.36	0.15
990794 CINNAMON BUN	1 BUN	1	224	142	13.00	*N/A*	7.50	0.00	*N/A*	36.50	2.60	2.50
Weighted Daily Average			627	454	75.34	*0.00	12.65	0.00	*24	110.42	*7.27	18.41
% of Calories					48.06%	*0.00%	18.2%	0.0%		70.4%		11.7%
Weekly Nutrient Guideline			450 - 500	540		<10						

Thursday - 06/11/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
991076 MELON, FRESH CUT	1/2 CUP	1	56	16	*8.78	*N/A*	0.31	*0.00	0	14.01	1.10	1.11
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15.00	*N/A*	0.00	0.00	0	17.00	0.00	0.00
990870 CEREAL, COCOA PUFFS, 2 OZ	1 BOWL	1	220	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00
Weighted Daily Average			578	556	*64.89	*12.00	8.13	*0.00	24	110.05	*4.10	19.52
% of Calories					*44.91 %	*8.30%	12.7%	*0.0%		76.2%		13.5%
Weekly Nutrient Guideline			450 - 500	540		<10						

Friday - 06/12/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
990781 MUFFIN, CHOCOLATE CHIP, 2 OZ EQ.	1 MUFFIN	1	227	115	17.50	15.00	6.00	0.00	30	39.50	3.10	3.90
Weighted Daily Average			584	423	*66.09	*15.00	11.05	*0.00	54	100.94	*5.68	19.86
% of Calories					*45.27 %	*10.27 %	17.0%	*0.0%		69.1%		13.6%
Weekly Nutrient Guideline			450 - 500	540		<10						

Saturday - 06/13/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
991206 CRACKERS, CHEE-ZIT	Pack	1	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00

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Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			566	568	*52.75	*6.36	11.74	*0.00	*24	96.47	*6.06	20.24
% of Calories					*37.28 %	*4.49%	18.7%	*0.0%		68.2%		14.3%
Weekly Nutrient Guideline			450 - 500	540		<10						

Sunday - 06/14/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990853 BREAKFAST SNACK BAG- GOLDFISH +NUTRIGRAIN STRAW	1 BAR 1 CRACKER	1	258	318	*N/A*	*N/A*	7.46	0.04	5	43.48	3.95	5.20
Weighted Daily Average			611	624	*39.82	*0.00	12.72	*0.04	29	104.44	*9.29	21.59
% of Calories					*26.07 %	*0.00%	18.7%	*0.1%		68.4%		14.1%
Weekly Nutrient Guideline			450 - 500	540		<10						

Monday - 06/15/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990239 APPLES, SLICES 100/2oz DOD	1 PACK/2 OZ	1	29	1	5.89	0.00	0.10	0.00	0	7.83	1.36	0.15
100000 DONUT, GLAZED PULL APART	1 donut	1	240	300	8.00	*N/A*	11.00	0.00	0	31.00	2.00	4.00
Weighted Daily Average			643	612	70.34	*0.00	16.15	0.00	24	104.92	*6.67	19.91
% of Calories					43.76%	*0.00%	22.6%	0.0%		65.3%		12.4%
Weekly Nutrient Guideline			450 - 500	540		<10						

Tuesday - 06/16/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00
991028 BLUEBERRY DELIGHT, FARM FRESH BLUEBERRIES	1/2 cup	1	43	1	7.60	*0.00	0.26	0.00	0	11.07	1.84	0.56
991203 STRAWBERRY, FRESH	3/4 cup	1	60	1	13.00	8.00	0.00	0.00	0	15.00	2.00	1.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ EQ	1 BOWL	1	210	320	11.00	*N/A*	5.00	0.00	0	44.00	7.00	3.00
Weighted Daily Average			615	627	73.71	*8.00	10.07	0.00	24	116.10	*10.84	19.97
% of Calories					47.94%	*5.20%	14.7%	0.0%		75.5%		13.0%
Weekly Nutrient Guideline			450 - 500	540		<10						

Wednesday - 06/17/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990162 FRUDEL, APPLE	1 FRUDEL	1	210	260	11.00	*N/A*	6.00	0.00	0	36.00	2.00	5.00
990339 PEACHES, FRESH DOD	1 EACH	1	51	0	10.91	0.00	0.32	0.00	0	12.40	1.95	1.18
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
Weighted Daily Average			583	570	70.02	*0.00	11.14	0.00	24	100.44	*3.95	21.59
% of Calories					48.04%	*0.00%	17.2%	0.0%		68.9%		14.8%
Weekly Nutrient Guideline			450 - 500	540		<10						

Thursday - 06/18/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
991076 MELON, FRESH CUT	1/2 CUP	1	56	16	*8.78	*N/A*	0.31	*0.00	0	14.01	1.10	1.11
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15.00	*N/A*	0.00	0.00	0	17.00	0.00	0.00
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9.06	*N/A*	3.02	0.00	0	30.19	3.02	3.02
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			624	541	*68.31	*6.36	11.33	*0.00	24	114.87	*5.39	20.81
% of Calories					*43.79 %	*4.08%	16.3%	*0.0%		73.6%		13.3%
Weekly Nutrient Guideline			450 - 500	540		<10						

Friday - 06/19/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990854 MUFFIN, BLUEBERRY, 2 OZ EQ.	1 MUFFIN	1	223	115	16.50	*N/A*	6.00	0.00	30	38.50	3.30	3.90
Weighted Daily Average			580	423	*65.09	*0.00	11.05	*0.00	54	99.94	*5.88	19.86
% of Calories					*44.89 %	*0.00%	17.1%	*0.0%		68.9%		13.7%
Weekly Nutrient Guideline			450 - 500	540		<10						

Saturday - 06/20/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
991206 CRACKERS, CHEE-ZIT	Pack	1	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			566	568	*52.75	*6.36	11.74	*0.00	*24	96.47	*6.06	20.24
% of Calories					*37.28 %	*4.49%	18.7%	*0.0%		68.2%		14.3%
Weekly Nutrient Guideline			450 - 500	540		<10						

Sunday - 06/21/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990853 BREAKFAST SNACK BAG- GOLDFISH +NUTRIGRAIN STRAW	1 BAR 1 CRACKER	1	258	318	*N/A*	*N/A*	7.46	0.04	5	43.48	3.95	5.20
Weighted Daily Average			611	624	*39.82	*0.00	12.72	*0.04	29	104.44	*9.29	21.59
% of Calories					*26.07 %	*0.00%	18.7%	*0.1%		68.4%		14.1%
Weekly Nutrient Guideline			450 - 500	540		<10						

Monday - 06/22/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990162 FRUDEL, APPLE	1 FRUDEL	1	210	260	11.00	*N/A*	6.00	0.00	0	36.00	2.00	5.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
Weighted Daily Average			587	573	*64.59	*0.00	11.05	*0.00	24	102.44	*4.58	20.96
% of Calories					*44.01 %	*0.00%	16.9%	*0.0%		69.8%		14.3%
Weekly Nutrient Guideline			450 - 500	540		<10						

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

Tuesday - 06/23/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00
991028 BLUEBERRY DELIGHT, FARM FRESH BLUEBERRIES	1/2 cup	1	43	1	7.60	*0.00	0.26	0.00	0	11.07	1.84	0.56
991203 STRAWBERRY, FRESH	3/4 cup	1	60	1	13.00	8.00	0.00	0.00	0	15.00	2.00	1.00
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9.00	*N/A*	3.00	0.00	0	30.00	3.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			670	527	78.07	*14.36	11.26	0.00	24	123.74	*8.11	20.24
% of Calories					46.61%	*8.57%	15.1%	0.0%		73.9%		12.1%
Weekly Nutrient Guideline			450 - 500	540		<10						

Wednesday - 06/24/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990239 APPLES, SLICES 100/2oz DOD	1 PACK/2 OZ	1	29	1	5.89	0.00	0.10	0.00	0	7.83	1.36	0.15
990794 CINNAMON BUN	1 BUN	1	224	142	13.00	*N/A*	7.50	0.00	*N/A*	36.50	2.60	2.50
Weighted Daily Average			627	454	75.34	*0.00	12.65	0.00	*24	110.42	*7.27	18.41
% of Calories					48.06%	*0.00%	18.2%	0.0%		70.4%		11.7%
Weekly Nutrient Guideline			450 - 500	540		<10						

Thursday - 06/25/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
991076 MELON, FRESH CUT	1/2 CUP	1	56	16	*8.78	*N/A*	0.31	*0.00	0	14.01	1.10	1.11
990487 JUICE, VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15.00	*N/A*	0.00	0.00	0	17.00	0.00	0.00
990870 CEREAL, COCOA PUFFS, 2 OZ	1 BOWL	1	220	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00
Weighted Daily Average			578	556	*64.89	*12.00	8.13	*0.00	24	110.05	*4.10	19.52
% of Calories					*44.91 %	*8.30%	12.7%	*0.0%		76.2%		13.5%
Weekly Nutrient Guideline			450 - 500	540		<10						

Friday - 06/26/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
990781 MUFFIN, CHOCOLATE CHIP, 2 OZ EQ.	1 MUFFIN	1	227	115	17.50	15.00	6.00	0.00	30	39.50	3.10	3.90
Weighted Daily Average			584	423	*66.09	*15.00	11.05	*0.00	54	100.94	*5.68	19.86
% of Calories					*45.27 %	*10.27 %	17.0%	*0.0%		69.1%		13.6%
Weekly Nutrient Guideline			450 - 500	540		<10						

Saturday - 06/27/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
991206 CRACKERS, CHEE-ZIT	Pack	1	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			566	568	*52.75	*6.36	11.74	*0.00	*24	96.47	*6.06	20.24
% of Calories					*37.28 %	*4.49%	18.7%	*0.0%		68.2%		14.3%
Weekly Nutrient Guideline			450 - 500	540		<10						

Sunday - 06/28/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990853 BREAKFAST SNACK BAG- GOLDFISH +NUTRIGRAIN STRAW	1 BAR 1 CRACKER	1	258	318	*N/A*	*N/A*	7.46	0.04	5	43.48	3.95	5.20
Weighted Daily Average			611	624	*39.82	*0.00	12.72	*0.04	29	104.44	*9.29	21.59
% of Calories					*26.07 %	*0.00%	18.7%	*0.1%		68.4%		14.1%
Weekly Nutrient Guideline			450 - 500	540		<10						

Monday - 06/29/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
990854 MUFFIN, BLUEBERRY, 2 OZ EQ.	1 MUFFIN	1	223	115	16.50	*N/A*	6.00	0.00	30	38.50	3.30	3.90
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9.06	*N/A*	3.02	0.00	0	30.19	3.02	3.02
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	115	115	6.36	6.36	3.18	0.00	0	21.64	1.27	1.27
Weighted Daily Average			846	638	*80.52	*6.36	17.26	*0.00	54	151.77	*10.18	24.15
% of Calories					*38.07 %	*3.01%	18.4%	*0.0%		71.8%		11.4%
Weekly Nutrient Guideline			450 - 500	540		<10						

Tuesday - 06/30/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00
990871 CEREAL, CINNAMON TOAST CRUNCH, 2 OZ EQ	1 BOWL	1	210	320	11.00	*N/A*	5.00	0.00	0	44.00	7.00	3.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jun 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
Weighted Daily Average			567	628	*58.59	*0.00	10.05	*0.00	24	104.44	*9.58	18.96
% of Calories					*41.33 %	*0.00%	16.0%	*0.0%		73.7%		13.4%
Weekly Nutrient Guideline			450 - 500	540		<10						

	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	610	555	*63.41	*4.77	11.76	*0.01	*30	107.59	*6.87	20.42
% of Calories			*41.58 %	*3.13%	17.4%	*0.0%		70.6%		13.4%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.