

Lunch

June 2026

Mt Vernon City School Pre-K to 8th Grade

Monday	Tuesday	Wednesday	Thursday	Friday
6/01 Cheese/Hamburger Or Beef and Cheese Burritos Sun butter & Jelly Sandwich Turkey & Cheese Sandwich Strawberry Parfait Steam Broccoli Sweet Corn Pineapple Tibbets	6/02 Mac n Cheese w/ BBQ Chicken Drumsticks Or Mac N Cheese Sun butter & Jelly Sandwich Turkey & Cheese Sandwich Strawberry Parfait Sweet Peas Red Pepper Strips Diced Peaches	6/03 Rice & Beans w/ Fajita Chicken OR Cheesy Bread Sticks w/ Sauce Sun butter & Jelly Sandwich Turkey & Cheese Sandwich Strawberry Parfait Baked Plantains Cucumber coins Slice Strawberries	6/04 French Toast Sticks/ Sausage Links OR Sausage Egg and Cheese Bagel Sun butter & Jelly Sandwich Turkey & Cheese Sandwich Strawberry Parfait Tater Tots Blueberries	6/05 Cheese or Turkey Pepperoni Pizza OR Veggie Burger Sun butter & Jelly Sandwich Turkey & Cheese Sandwich Strawberry Parfait Garden Salad Baby Carrots Grapes
06/08 Chicken Nuggets w/ Biscuits OR Grilled Cheese Sandwich Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Tomato Soup Broccoli Cucumber Coins Apple Sauce	06/09 Turkey and Cheese Nacho OR Cheese Quesadilla Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Black Bean Steam Corn Pineapple Tidbits	06/10 General Tso Chicken OR Vegetable Dumplings w/ Lo Mein Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Sesame Carrots Red Bell Pepper Strips Plums	06/11 Dutch Waffles w/Turkey Sausage Links OR Sausage, Egg & Cheese on a Bagel Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Sweet Potato Fries Cucumber Coins Grapes	06/12 French Bread Cheese or Turkey Pepperoni Pizza OR Meatball Hero Turkey Ham & Cheese Sandwich Peach Parfait Sun butter & Jelly Garden Salad Baby Carrots Oranges
06/15 Hamburger OR Cheesy Bread Sticks w/ Sauce Cheese Sandwich Blueberry Parfait Sun butter & Jelly Sandwich Tomato Soup Oven Baked Fries Diced Peaches	06/16 Walkin Tacos w/ Brown Rice OR Veggie Burger Cheese Sandwich Blueberry Parfait Sun butter & Jelly Sandwich Seasoned Black Beans Red Bell Pepper Strips Pineapple Tidbits	06/17 Chicken Drumsticks w/ Biscuits OR Beef Hot Dog Cheese Sandwich Blueberry Parfait Sun butter & Jelly Mash Potatoes Sweet Corn Apple Slices	06/18 Mac N Cheese OR Corn Dogs Cheese Sandwich Blueberry Parfait Sun butter & Jelly Sweet Potato Fries Broccoli Sweet peas Blueberries	06/19 NO SCHOOL
06/22 Chicken Tenders OR Veggie Chicken Nuggets Dinner Roll Cheese Sandwich Blueberry Parfait Sun butter & Jelly Sandwich Broccoli Applesauce	06/23 Hamburger Assorted cold Sandwiches Baby Carrots Pineapple Tidbits	06/22 Beef Hot dog Assorted Cold Sandwiches Black Bean salad Diced Peaches	06/23 Chicken Patty Assorted Cold Sandwiches Strawberry Parfait Tater Tots	06/25 Cheese or Turkey Pepperoni Pizza OR Assorted Cold Sandwiches Garden Salad Diced Peaches
Choice of Milk Daily: 1% Milk, Fat Free, Fat Free Chocolate Juice is 100% Fruit Juice Served Tuesdays and Thursday	Lunch Components: Take 3 out of 5, one being Fruit or a Vegetable	Milk is available with all meals All grains are whole grain rich	Although we make every effort to serve menus as planned, this menu may change without notice	

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