

Breakfast

June 2026 Mt Vernon City School Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
6/01 Lucky Charms w/ Cinnamon Goldfish Cheese Stick Apple 100% Fruit Juice	6/02 Cinnamon Buns Orange 100% Fruit Juice	6/03 Strawberry Pop tarts w/ Graham Cracker Banana 100% Fruit Juice	6/04 Snack'n Maple Waffles Apple Slices 100% Fruit Juice	06/05 Chocolate Muffin Graham Crackers Pears 100% Fruit Juice
06/08 Cinnamon Toast Crunch Bar Graham Crackers Apple 100% Fruit Juice	06/09 Trix Cereal w/ Goldfish Graham Cracker Orange 100% Fruit Juice	06/10 Chocolate Crescent Granny Smith Apple 100% Fruit Juice	06/11 Oatmeal Chocolate Chip Bar Banana 100% Fruit Juice	06/12 Blueberry Muffin w/Graham Crackers Orange 100% Fruit Juice
06/15 Apple Jacks w/ Grahams Crackers Orange 100% Fruit Juice	06/16 Strawberry Pop tart Goldfish Graham Crackers Apple 100% Fruit Juice	06/17 Cinnamon Buns Banana 100% Fruit Juice	06/18 Snack'N Maple Waffles Apple Slices 100% Fruit Juice	06/19 NO SCHOOL
06/22 Coco Puff Cereal w/ Cheese Sticks Graham Cracker Assorted Fruit 100% Fruit Juice	06/23 WG Banana Bread Assorted Fruit 100% Fruit Juice	06/24 Chocolate Crescent Assorted Fruit 100% Fruit Juice	06/25 Mini Maple Pancakes Assorted Fruit 100% Fruit Juice	06/26 Apple Cinnamon Muffin Graham Crackers Assorted fruit 100% Fruit Juice
<i>Did you know ... Breakfast and Lunch are FREE for all students.</i>	Milk is available with all meals. All grains are whole grain rich	Breakfast Components: Students must take 3 Grain, Fruit and Milk	Choice of Milk Daily: 1% Milk, Fat Free, Fat Free Chocolate Juice is 100% Fruit Juice	Although we make every effort to serve menus as planned, this menu may change without notice

This institution is an equal opportunity provider.