

LINCOLN - MENU

2026 JUNE	Monday 1 ^o	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Main Menu	SOUP / SALAD BAR BAKED CHICKEN TERIYAKI SAUCE POTATOES TORTILLA & VEGGIE TORTILLA	SOUP / SALAD BAR SPECIAL VEAL STEW WITH RICE	SOUP / SALAD BAR SPAGHETTIS, VEGGIE CREPES & MOSTACHOLES TOMATO, PARISIEN, BECHAMEL SAUCES	SOUP / SALAD BAR BREADED VEAL WITH TWO COLOURS PURÉE	SOUP / SALAD BAR MEXICAN TACOS (Veal, chicken, slices of vegetables) FRENCH FRIES / CHEDDAR CHEESE/ BACON AND GREEN ONION
Other Course	SEMOLINA GNOCCHI TOMATO SAUCE	VARIETY OF PIES ZUCCHINIS, LEEK, HAM AND CHEESE	BAKED STUFFED LOIN PORK WITH SWEET POTATOES	TRADITIONAL LOCRO	SPANISH LENTILS
Veggie menú	SOUP / SALAD BAR SEMOLINA GNOCCHI TOMATO SAUCE	SOUP / SALAD BAR ZUCCHINIS AND LEEK PIES	SOUP / SALAD BAR VARIETY OF PASTAS SAUCES WITHOUT MEAT	SOUP / SALAD BAR VEGGIE LOCRO	SOUP / SALAD BAR BURGER LENTIL WITH FRENCH FRIES
Gluten free	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE BAKED CHICKEN GLUTEN FREE SPANISH POTATOES AND SWEET POTATOES FRUITS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE VEAL STEAK WITH RICE FRUITS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE PASTA GLUTEN FREE SAUCE FRUITS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE BREADED VEAL GLUTEN FREE PURÉE FRUITS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE STEAK GLUTEN FREE VEGGIES AND FRENCH FRIES FRUITS
	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Main Menu	SOUP / SALAD BAR BAKED VEAL MUSHROOMS SAUCE BAKED SWEET POTATOES	SOUP / SALAD BAR RAVIOLIS, MACCARONIS, NOODLES PARISIEN, FOUR CHEESES AND TOMATO SAUCES	SOUP / SALAD BAR BREADED CHICKEN WITH CHEESE SAUCE MASHED POTATOES & PUMPKINS PURÉE	SOUP / SALAD BAR VARIETY OF PIZZAS MOZZARELLA, WITH HAM, TOMATO, ONION, EGGS, VEGGIES	SOUP / SALAD BAR BURGERS DAY (Burger sandwich with letucce and tomato) FRENCH FRIES
Other Course	VARIETY OF PIES HAM AND CHEESE, CHARD & CAPRESSE	HOMEMADE CHICKEN NUGGET'S VEGGIE SOUFFLÉE	VEAL BROCHETTE CHARD WITH CREAM SAUCE	BAKED LOIN PORK FRITTERS CHARD & CARROTS	NAPOLITAN BREADED SOY VEGGIE PUDDING
Veggie menú	SOUP / SALAD BAR CHICKPEA FLOUR PIE WITH SPINACH, PUMPKINS AND TOFÚ	SOUP / SALAD BAR GRATIN CORNMEAL GNOCCHIS WITH TOMATO AND BASIL SAUCE	SOUP / SALAD BAR BREADED PUMPKINS WITH RICE AND VEGGIES	SOUP / SALAD BAR VARIETY OF PIZZAS MOZZARELLA, TOMATO, ONION, VEGGIES	SOUP / SALAD BAR NAPOLITAN BREADED SOY VEGGIE PUDDING
Gluten free	GLUTEN FREE SOUP & SALAD BAR BAKED VEAL, GLUTEN FREE SAUCE WITH POTATOES AND SWEET POTATOES FRUITS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE PASTA HOMEMADE GLUTEN FREE SAUCE FRUITS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE BREADED CHICKEN WITH RICE AND VEGGIES FRUITS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE BAKED LOIN PORK GLUTEN FREE FRITTERS CHARD AND CARROTS FRUITS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE BURGER OR LOIN PORK STEAK WITH FRENCH FRIES FRUITS
	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Main Menu	HOLIDAY	SOUP / SALAD BAR SORRENTINOS, FUSSILES, NOODLES FOUR CHEESES, TOMATO, PINK SAUCES	SOUP / SALAD BAR BREADED VEAL MASHED POTATOES AND PUMPKINS PURÉE	SOUP / SALAD BAR VARIETY OF PIZZAS MOZZARELLA, WITH EGGS, WITH VEGGIES AND TOMATO	HOLIDAY

Other Course		BREADED SOY WITH TOMATO VEGGIE TORTILLA	SPECIAL LOIN PORK STEW	HOMEMADE BREADED FISH PUMPKINS WITH CHEESE
Veggie menú		SOPA / SALAD BAR BREADED SOY VEGGIE TORTILLA	SOUP / SALAD BAR LENTILS AND VEGGIE STEW	SOPA / SALAD BAR VARIETY OF PIZZAS MOZZARELLA, VEGGIE, TOMATO
Gluten free		GLUTEN FREE SOUP & SALAD BAR PASTAS APTO CELIACO SALSA CASERA SN TACC FRUTAS FRESCAS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE BREADED VEAL GLUTEN FREE MASHED POATEOS FRUITS	GLUTEN FREE SOUP & SALAD BAR GLUTEN FREE PIZZAS OR GLUTEN FREE FISH WITH GLUTEN FREE VEGGIE TORTILLA FRUITS

NOTES

*Special salad bar, Waldorf, spinach, Capresse, eggplants, etc.

*Classic salad bar, tomato, carrots, lettuce, fennel, onion, etc.

*variety of desserts every day, jelly, mousse, cakes, pies, etc.

Every day seasonal fruits

*medical diet and special diets

*Nutritional consulting

*Degree in nutrition Lic. Luz Vieyra Capdepont

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LINCOLN - KINDER MENU

2026 JUNE	Monday 1 st	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Main Menu	SOUP / SALAD BAR BAKED CHICKEN POTATOES TORTILLA & VEGGIE TORTILLA PEACHES IN SYRUP FRUITS	SOUP / SALAD BAR BAKED TENDERIZED VEAL RICE / VEGGIES FRITTERS TWO COLOURS JELLIES FRUITS	SOUP / SALAD BAR MACCARONIS WITH HOMEMADE TOMATO, BECHAMEL AND PINK SAUCES VANILLA DESSERT FRUITS	SOUP / SALAD BAR BREADED VEAL WITH TWO COLOURS PURÉE YOGURT WITH CEREALS FRUITS	SOUP / SALAD BAR BAKED CHICKEN WITH FRENCH FRIES AND VEGETABLES CARROTS CAKE FRUITS
Other Course	SEMOLINA GNOCCHI TOMATO SAUCE	VARIETY OF PIES ZUCCHINIS, LEEK, HAM AND CHEESE	BAKED STUFFED LOIN PORK WITH SWEET POTATOES	TRADITIONAL LOCRO	SPANISH LENTILS
	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Main Menu	SOUP / SALAD BAR BAKED VEAL BAKED SWEET POTATOES YOGURT FRUITS	SOUP / SALAD BAR SHORT NOODLES WITH HOMEMADE TOMATO, BECHAMEL AND PINK SAUCES JELLY FRUITS	SOUP / SALAD BAR BREADED CHICKEN MASHED POTATOES & PUMPKINS PURÉE FRUIT SALAD FRUITS	SOUP / SALAD BAR VARIETY OF PIZZAS MOZZARELLA, WITH HAM, TOMATO, ONION, EGGS, VEGGIES VANILLA CUSTARD FRUITS	SOUP / SALAD BAR BAKED VEAL WITH FRENCH FRIES AND CARROTS STICKS APPLE PIE FRUITS
Other Course	VARIETY OF PIES HAM AND CHEESE, CHARD Y CAPRESSE	HOMEMADE CHICKEN NUGGET'S VEGGIE SOUFFLÉE	BAKED VEAL FRITTERS CHARD	BAKED LOIN PORK FRITTERS CHARD & CARROTS	BREADED ZUCCHINI VEGGIE PUDDING
	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Main Menu	HOLIDAY	SOUP / SALAD BAR SHORT PASTA TOMATO, BECHAMEL AND PINK SAUCES PEACHES IN SYRUP FRUITS	SOUP / SALAD BAR BREADED VEAL MASHED POTATOES AND PUMPKINS PURÉE JELLY FRUITS	SOUP / SALAD BAR VARIETY OF PIZZAS MOZZARELLA, WITH HAM AND TOMATO YOGURT FRUITS	HOLIDAY
Other Course		BREADED EGGPLANTS WITH TOMATO VEGGIE TORTILLA	SPECIAL LOIN PORK STEW	HOMEMADE BREADED FISH PUMPKINS WITH CHEESE	