

# Flexible Spending Account

## Why You'll Love It

- Can be used to pay for thousands of eligible medical expenses.
- You can use your entire yearly contribution starting day one.
- A Grace Period or Rollover may be available to you. Check with your employer for more information.

► [myameriflex.com/participants](https://myameriflex.com/participants)

## An FSA can help you prepare for everyday healthcare needs

Use your FSA to pay for expenses such as:

- Deductibles
- Copays
- Prescriptions
- Orthodontia
- Teeth cleaning
- LASIK
- Glasses and contact lenses
- Band-aids
- Sunscreen
- Over-the-counter medicine
- Feminine menstrual care

**2026 Contribution Limit:** \$3,400

For a full list of eligible expenses, go to  
► [myameriflex.com/eligibleexpenses](https://myameriflex.com/eligibleexpenses)



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