



PROJECT **AWARE**

Suicide Prevention Safety Training

Provided by the Carbon Lehigh Intermediate Unit #21



QPR

(Question, Persuade, Refer)



CALM

CONVERSATIONS

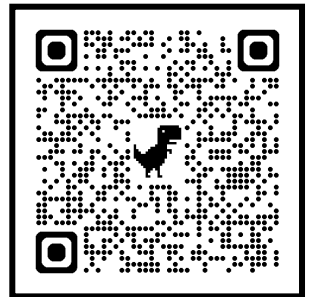
(Counseling on Access to Lethal Means)

QPR / CALM Conversations Training Package:

Description: QPR and CALM Conversations Trainings combined into one package designed for individuals interested in completing both the QPR Gatekeeper Training and CALM Conversations gatekeeper training.

Objectives:

- Learn how to ask whether someone is considering suicide or self-harm
- Offer support in finding professional mental and behavioral health services
- Understand how to refer others to available help
- Understand various lethal means and their impact
- Learn how to recognize signs of behavioral health crisis or suicidal ideation
- Practice asking someone about their accessibility to lethal means
- Understand various strategies to reduce access to lethal means



Click or Scan the QR Code
to schedule this training.

Duration: 4 hours

Available Trainings

**CALM
Clinical
Workshop**

**CALM
Conversations
Training**

**PREPaRE
Workshop**

**QPR
for Youth
Training**

**QPR
Training**

**FOR QUESTIONS OR TO SCHEDULE ANY OF THE
TRAININGS OR TRAINING PACKAGES, CONTACT:**

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Training Package
QPR & CALM
Clinical Workshop

Training Package
QPR & CALM
Conversations