

EL LUNCH MENU

June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">-1-</p> <p>CHICKEN WINGS OR WG VEGETARIAN NUGGETS</p> <p style="text-align: center;">AND</p> <p>WG WAFFLE MASHED POTATO FRESH BABY CARROTS BUTTER / BBQ SAUCE RANCH DRESSING / SYRUP FRESH ORANGE WEDGES CHOICE OF MILK</p>	<p style="text-align: center;">-2-</p> <p>ALL BEEF HOT DOG ON WG HOT DOG BUN KETCHUP / MUSTARD OR WG GRILLED CHEESE SANDWICH</p> <p style="text-align: center;">AND</p> <p>ROMAINE GARDEN SALAD with SHREDDED CARROT STRIPS FRESH CHERRY TOMATOES RANCH OR FRENCH DRESSING BLUE RASPBERRY 100% JUICE FROZEN SLUSHY CHOICE OF MILK</p>	<p style="text-align: center;">-3-</p> <p>+ COLD TURKEY/HAM & CHEESE SUB WG HOT DOG BUN SHREDDED LETTUCE & TOMATO MEDLEY GARNISH MAYONNAISE / MUSTARD OR GRILLED CHEESE SANDWICH</p> <p style="text-align: center;">AND</p> <p>ROMAINE GARDEN SALAD with RED PEPPER STRIP GARNISH FRESH CUCUMBER SLICES RANCH DRESSING PEACH SLICES CHOICE OF MILK</p>	<p style="text-align: center;">-4-</p> <p>WG ROTINI PASTA & SAUCE with CHICKEN MEATBALLS TENDER GREEN PEAS OR WG MACARONI & CHEESE TENDER GREEN PEAS</p> <p style="text-align: center;">AND</p> <p>FRESH BROCCOLI FLORETS RANCH OR ITALIAN DRESSING WG PAN ROLL BUTTER MIX BERRY CUP CHOICE OF MILK</p>	<p style="text-align: center;">-5-</p> <p>NO CLASSES</p>
<p style="text-align: center;">-8-</p> <p>BREAKFAST FOR LUNCH:</p> <p>WG FRENCH TOAST WITH CHICKEN SAUSAGE PATTIES OR COLBY CHEESE OMELET WITH WG LARGE BLUEBERRY MUFFIN</p> <p style="text-align: center;">AND</p> <p>ROASTED DELI POTATOES KETCHUP / SYRUP 100% VEGETABLE JUICE APPLESAUCE CUP CHOICE OF MILK</p>	<p style="text-align: center;">-9-</p> <p>CAJUN CHICKEN WG PENNE PASTA WITH ALFREDO SAUCE OR WG MACARONI & CHEESE</p> <p style="text-align: center;">AND</p> <p>ROMAINE GARDEN SALAD CHERRY TOMATOES WG CORN LOAF CHOICE OF DRESSING BUTTER MIX BERRY CUP CHOICE OF MILK</p>	<p style="text-align: center;">-10-</p> <p>4 CHEESE WG ENCHILADAS WITH SAUCE SOUR CREAM SHREDDED LETTUCE SALSA OR WG MOZZARELLA BITES MARINARA CUP</p> <p style="text-align: center;">AND</p> <p>TEXAS RANCHERO PINTO BEANS BABY CARROTS PEAR CUP CHOICE OF MILK</p>	<p style="text-align: center;">-11-</p> <p>CHICKEN NUGGETS OR WG GRILLED CHEESE SANDWICH AND POTATO SMILES FRESH BABY CARROTS RANCH DRESSING KETCHUP FRUIT CUP BLUE RASPBERRY 100% JUICE SLUSHY CHOICE OF MILK</p>	<p style="text-align: center;">-12-</p> <p>SWEET THAI CHICKEN MEATBALLS OR VEGETARIAN MEATBALLS</p> <p style="text-align: center;">AND</p> <p>WG BROWN RICE STEAMED BROCCOLI FRESH BABY CARROTS CHOICE OF CANNED FRUIT "LOCAL" ICE CREAM CUP CHOICE OF MILK</p>
<p style="text-align: center;">-15-</p> <p>WG PIZZA DIPPERS MARINARA SAUCE OR WG PEPPERONI PIZZA</p> <p style="text-align: center;">AND</p> <p>POTATO SMILES FRESH BABY CARROTS RANCH DRESSING KETCHUP BLUE RASPBERRY 100% JUICE SLUSHY CHOICE OF MILK</p>	<p style="text-align: center;">-16-</p>	<p style="text-align: center;">-17-</p>	<p style="text-align: center;">-18-</p>	<p style="text-align: center;">-19-</p>

NUTRI-NOTE: *=Pork +=Turkey. All meals include 1/2 pint of milk. Students may choose Skim or 1% White Milk at Breakfast, and Skim, 1% White Milk or Fat Free Chocolate Milk at Lunch AND Dinner. All Menus and Special Dietary Needs forms are available in 7 different languages; they can be found on the MPS Department of Nutrition Services webpage at: mpsmke.com/nutrition Menu subject to change.

“This institution is an equal opportunity provider.”