

# HS BREAKFAST MENU

June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
-1- WG FRENCH TOAST STICKS OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT  OR WG BANANA CHOCOLATE CHIP BAR  -AND- 100% FRUIT JUICE APPLESAUCE CUP CHOICE OF MILK	-2- WG CINNAMON ROLL OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT  OR +WG SAUSAGE, EGG & CHEESE BREAKFAST CALZONE  -AND- PEACH CUP 100% FRUIT JUICE CHOICE OF MILK	-3- EGG & CHEESE WG TACO SALSA CUP OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR WG CHOCOLATE CHERRY BAR CHEESE STICK  -AND- FRESH ORANGE 100% FRUIT JUICE CHOICE OF MILK	-4- WG MINI MAPLE PANCAKES OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR WG CINNAMON LOAF & CHEESE STICK  -AND- APPLE SLICES 100% FRUIT JUICE CHOICE OF MILK	-5- NO CLASSES
-8- WG BEEF SAUSAGE BREAKFAST SANDWICH OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT  OR WG BANANA LOAF CHEESE STICK  -AND- MIXED FRUIT CUP 100% FRUIT JUICE CHOICE OF MILK	-9- WG LARGE CHOCOLATE CHIP MUFFIN OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR WG STRAWBERRY BAR & YOGURT CUP OR CHOICE OF BREAKFAST KIT  AND  FRESH ORANGE 100% FRUIT JUICE CHOICE OF MILK	-10- WG MINI MAPLE PANCAKES OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR WG CHOCOLATE CHIP BAR  -AND- APPLE SLICES 100% FRUIT JUICE CHOICE OF MILK	-11- WG +SAUSAGE, EGG & CHEESE CALZONE OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT  OR WG LARGE CHOCOLATE CHIP MUFFIN  -AND- BANANA 100% FRUIT JUICE CHOICE OF MILK	-12- WG FRENCH TOAST STICKS OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT  OR LARGE WG BLUEBERRY MUFFIN  -AND- APPLESAUCE CUP 100% FRUIT JUICE CHOICE OF MILK

NUTRI-NOTE: \*=Pork +=Turkey. All meals include 1/2 pint of milk. Students may choose Skim or 1% White Milk at Breakfast, and Skim, 1% White Milk or Fat Free Chocolate Milk at Lunch AND Dinner. All Menus and Special Dietary Needs forms are available in 7 different languages; they can be found on the MPS Department of Nutrition Services webpage at: [mpsmke.com/nutrition](http://mpsmke.com/nutrition) Menu subject to change.

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# HS BREAKFAST MENU

-15- WG CINNAMON ROLL OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT  OR WG BANANA CHOCOLATE CHIP BAR  -AND- PEACH CUP 100% FRUIT JUICE CHOICE OF MILK	-16-	-17-	-18-	-19-
-22-	-23-	-24-	-25-	-26-
-29-	-30-			

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