

Rebel Report

COMPASSION HONESTY RESPECT
RESPONSIBILITY

May 29, 2026

Maine's New Cell Phone-Free Commitment

24 Main Road North
Hampden, Maine 04444



Phone: 207.862.3255
Fax: 207.862.2789

Nicholas Raymond, Superintendent

Christine Boone, Assistant Superintendent

May 22, 2026

Dear RSU 22 Community,

As we continue to focus on providing the best possible learning environment for our students, our administrative team would like to provide you with advance notice regarding an important change that will take effect beginning in the fall of the upcoming school year within RSU 22.

In alignment with the State of Maine's new "bell-to-bell" law regarding personal electronic devices in schools, our district must implement a new personal electronic device policy. ***This policy will restrict the usage of all personal electronic devices in all RSU 22 schools beginning with the start of school in 2026-2027.*** The purpose of this change is not only to adhere to the new law, but also to support student learning, increase engagement in the classroom, minimize distractions during the school day, and promote positive social interaction among students.

This policy will apply to all personal electronic devices including, but not limited to:

- Cell phones
- Smart watches
- Tablets
- Personal laptops
- Other personal electronic devices with internet or cellular network capabilities

Additional details regarding the expectations, procedures, and implementation of this policy will be shared with families and students prior to the start of the school year. Our goal is to ensure that all students and families clearly understand the expectations and the reasons behind this change.

We recognize that personal technology has become a significant part of everyday life, and we appreciate your partnership and support as we work together to uphold the law and create an environment that prioritizes student learning, focus, and well-being throughout the school day.

Thank you for your continued support of our schools, our staff, and most importantly, the students within our district. We greatly value our partnership with families and look forward to a successful conclusion to our current school year as well as our school year ahead. If you have any questions related to your child's needs related to this new change, please reach out to your child's principal and they will be happy to speak with you.

Sincerely,

Nick Raymond

Committed to the optimal learning of all students

Critical Thinking • Perseverance • Collaboration • Effective Communication • Problem Solving



RSU 22 Budget Meeting Information

Please click here to view the **May 13, 2026** RSU 22 Board Budget Workshop Meeting: <https://www.youtube.com/watch?v=mmhbgZVx8o>

[v=mmhbgZVx8o](https://www.youtube.com/watch?v=mmhbgZVx8o)

Documentation for all meetings can be found here:

https://drive.google.com/drive/folders/1iXYDRA5hMOFiTs_tnHZHXrB6ZSzSk4tq

The FY27 Budget Presentation can be found here:

<https://drive.google.com/drive/folders/1QKWNSQnezG1qusRcNw7EMKKw9gtubq8P>

Stay informed and engaged!



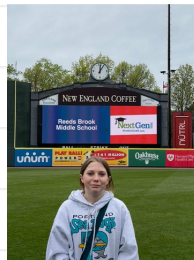
REBELS IN ACTION



CLUBS ARE WRAPPING UP! THANK YOU FOR A GREAT YEAR!



SEA DOGS MOST IMPROVED STUDENT AWARDS



Lunch Menu

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
French Toast Sticks Waffles Maple Syrup Sausage Patty Salad & Fruit Bar	Hamburger Cheeseburger Hot Dog Salad & Fruit Bar	Deli Sandwich Choice of Ham & Turkey Chips Salad & Fruit Bar	Pizza  Salad & Fruit Bar	Cheesy Breadsticks Marinara Dipping Sauce Salad & Fruit Bar

UPCOMING EVENTS

UPCOMING

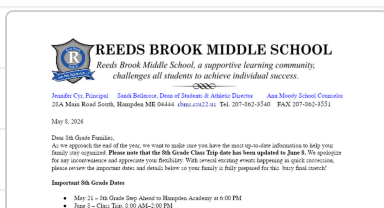
- June 2 – Concert for WB Students 9:15–10:15 AM GYM - Band and chorus members - setup before school ~ 6:45 am
- June 5 – Bocce Special Olympics Meet, 8th Grade Field Trip (TBD) /
 - Moose Point Trip 5+6 Band & Chorus All Day
- June 6- **RESCHEDULED Band (7/8) + Funtown Trip**
- June 8 – 8th Grade Field Trip 8 - 2
- June 9- RAIN DATE 8th grade Field Trip
- June 10 – 8th Grade Morning Practice 8th Grade Field Day (Yearbooks / No Classes) / 8th Grade Promotion Night @ HA at 6:00 PM
- June 11 – Last Day (6th & 7th) / Early Dismissal
- June 17 – Report cards mailed to all homes



As always, please don't hesitate to reach out if you have any questions at rbmsoffice@rsu22.us

All library books must be returned by Monday June 2nd.

LAST DAY OF SCHOOL FOR GRADES 6 & 7 – JUNE 11- EARLY DISMISSAL



25-26 8th grade parent letter #2 .docx

Jennifer Cyr, Principal
 Sandi Bellerose, Dean of Students & Athletic Director
 Ann Moody School Counselor
 28A Main Road South, Hampden ME 04444 rbms.rsu22.us Tel. 207-862-3540 FAX 207-862-3551
 May 8, 2026 Dear 8th Grade Families, As we approach the end of the year, we wan...

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PROMOTION NIGHT CELEBRATION INFORMATION

REEDS BROOK
8TH GRADE
PROMOTION
CELEBRATION

— AT —
URBAN AIR 
ADVENTURE PARK <<<

WE HAVE THE
PLACE
TO OURSELVES!
★ ★ ★

ON UNION ST. IN BANGOR

8PM - 11PM!

WEDNESDAY
JUNE 10TH

 YOU MUST PROVIDE **TRANSPORTATION**
TO AND FROM EVENT

 AND **SIGNED WAIVER**
IN ORDER TO PARTICIPATE.

 PIZZA |  A BOTTLE
OF WATER |  SOCKS
PROVIDED!

NURSE'S CORNER



THE NURSE'S CORNER

Alison Ramsdell RN aramsdell@rsu22.us 862-3540

Jump Into Spring: Seasonal Allergies

Spring brings seasonal allergies. Knowing the difference between allergies and illness helps students stay healthy and ready to learn.

Know the Triggers: Common allergens include pollen, grass, dust mites, and pet dander.

Monitor local pollen levels and try to keep windows closed on high-pollen days.

Practice Prevention:



- Encourage children to wash their hands and faces after playing outside, and change clothes when coming indoors. Showering before bed can help reduce nighttime symptoms.
- Keep the windows closed at home and in the car and use the air conditioner instead. Make sure to clean the filters often to keep the pollen away.
- After being outdoors, change clothes and rinse off, and shower to wash away the pollen that may be on your child's body.
- Pets can bring pollen inside the home, so wipe them down with a damp cloth and bathe them regularly.



- Wash your child's hands after playing outdoors so pollen particles don't go on the face or in the eyes. If your child plays outdoors, have them avoid wet moist areas where mold can grow and tall areas of grass. Keep your child indoors when the grass is mowed..



RBMS Annual Health Report .docx

[Download](#)

9.1 KB



Sports Physical Form.pdf

[Download](#)

73.7 KB



Medication Permit - Fillable.pdf

[Download](#)

100.3 KB

Sunscreen at School

The school nurse may allow a student to possess and use topical sunscreen without an order from a physician when the following conditions are met:

- ✓ Sunscreen is in the original container with proper FDA labeling, directions for use, and warnings
- ✓ Written permission from the parent is obtained

There is no expectation that the school will supply sunscreen to students. If a student is unable to self-apply, school personnel may assist when:

- ✓ The student requests help
- ✓ Parent or guardian permits
- ✓ Authorized by the school

Allowable products in the school setting include oils, lotions, creams, gels, butters, pastes, ointments, and sticks. It is not recommended to allow aerosol or spray sunscreen to limit adverse effects for students with asthma and or allergies (State of Maine Department of Education and State Board of Education, 2022).



Updated 9/2024

GRADE 8 ONLY –GIRLS SOCCER & FIELD HOCKEY

8th Grade ONLY - Field Hockey and Soccer Meetings for Incoming Freshman Girls

Field Hockey meeting for athletes interested in playing this fall.

Thursday, 5/28, 2pm, HA Dining Commons.

Girls Soccer meeting for athletes interested in playing this fall.

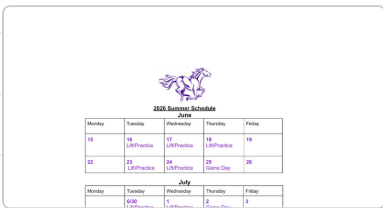
Weds., 6/3, 2pm, in Room 111 at HA

BRONCO FIELD HOCKEY

SUMMER SCHEDULE

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>				
WEEK 1	June Time/Place Session 7:00-9:00am - TURF Team Training 9:00-10:30am - TURF Free Clinic Youth & MS	15	16	7:00-9:00am - TURF Team Training	17	7:00-9:00am - TURF Goalkeeping Session Shooting/Optional Skills	18	19	
WEEK 2	June Time/Place Session 7:00-9:00am - TURF Team Training	22	23	7:00-9:00am - TURF Team Training	24	7:00-9:00am - TURF GK, Shooting Optional Skills	25	26	
WEEK 3	June/July Time/Place Session 7:00-9:00am - TURF Team Training	29	6:00-9:00pm - TURF NIGHT GAMES	30	7:00-9:00am - TURF Team Training	1	7:00-9:00am - TURF GK/Shooting/Skills Middle School 7:30-9:00	2	3
WEEK 4	July Time/Place Session 7:00-9:00am - TURF Team Training	6	5:00-8:00pm - TURF NIGHT GAMES	7	7:00-9:00am - TURF Team Training	8	7:00-9:00am - TURF GK/Shooting/Skills Middle School 7:30-9:00	9	10
WEEK 5	July Time/Place Session 7:00-9:00am - TURF Team Training	13	14	7:00-9:00am - TURF Team Training	15	7:00-9:00am - TURF GK/Shooting/Skills Middle School 7:30-9:00	16	17	
WEEK 6	July Time/Place Session 7:00-9:00am - TURF Team Training	20	5:00-8:00pm - TURF NIGHT GAMES	21	7:00-9:00am - TURF Team Training	22	7:00-9:00am - TURF GK/Shooting/Skills Middle School 7:30-9:00	23	24
WEEK 7	July Time/Place Session 7:00-9:00am - TURF Team Training	27	5:00-8:00pm - TURF NIGHT GAMES	28	7:00-9:00am - TURF Team Training	29	7:00-9:00am - TURF GK/Shooting/Skills Middle School 7:30-9:00	30	31
WEEK 8	August Hands Off	3	Hands Off	4	Hands Off	5	Hands Off	6	7
WEEK 9	August Hands Off	10	Hands Off Youth & MS Mini Camp 8:00-10:00AM	11	Hands Off Youth & MS Mini Camp 8:00-10:00AM	12	Hands Off Youth & MS Mini Camp 8:00-10:00AM	13	14
WEEK 9	August Preseason Begins!!!	17	18	19	20	21			

FRESHMAN FOOTBALL SUMMER SCHEDULE AT HA



26-27 HA FRESHMAN FOOTBALL
HA FRESHMAN FOOTBALL

docs.google.com

SUMMER SOFTBALL

A promotional poster for a summer softball league. The background shows a softball field at dusk with stadium lights. A yellow softball with red stitching is in the foreground. The text is arranged in a vertical stack on the right side of the image.

Summer Softball OPPORTUNITY!

 **TWILIGHT SUMMER LEAGUE** has a **14u division** and a **high school division** open to girls in grades 7-12.

 **GAMES WILL BE** **JUNE 16-JULY 30**, and they are typically on **TUESDAY, WEDNESDAY, or THURSDAY NIGHTS.**

 **PLEASE CONTACT COACH JARROD WILLIAMS WITH ANY QUESTIONS:** roofthis2956@gmail.com

Summer Softball opportunity:

Twilight Summer league has a 14u division and a high school division open to girls in grades 7-12. Games will be June 16-July 30, and they are typically on Tuesday, Wednesday, or Thursday nights. Please contact Coach Jarrod Williams with any questions: roofthis2956@gmail.com

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HA SOCCER CAMP

Hampden Academy Summer Soccer Camp

July 27 - July 30th 2025

8am - 2pm

Please plan to arrive no earlier than 7:30am, and pickup no later than 2:30pm.

HAMPDEN ACADEMY TURF

OPEN TO BOYS & GIRLS ENTERING GRADES 3-8

PRICING - \$100 (1 Child), \$150 (2 Children), \$200 (3 Children)

Please make check payable to **HA Soccer** (add athletes full name to memo)

Send checks to Hampden Academy: 89 Western Ave, Hampden, ME 04444



****Register by July 1, 2026 to receive a free camp t-shirt****



BRONCO FIELD HOCKEY. SUMMER OPPORTUNITIES

BRING A FRIEND CLINIC

Learn the game. Prepare for fall.
Spend time with friends!

JUNE 15th 9:00-10:30AM
Hampden Academy Turf
Entering Grades K-7

STICKS AVAILABLE!

- ✓ Skills Training
- ✓ Game Knowledge
- ✓ Teamwork

FREE

Perfect for beginners and anyone who wants to improve their field hockey skills with Hampden Academy Head Coach, Margaux Poplaski

REGISTER: <https://forms.gle/pM6A12MfnvnPDiFt9>

JULY TRAINING

Thursdays in July
7:30-9:00am
Hampden Academy Turf
Entering Grades 6-8
No Registration- Just show up!

Contact Information:
hampdenbroncofh@gmail.com





PRE-SEASON MINI-CAMP

INCLUDES:

- ✓ Basic & Advanced Skill Training
- ✓ Speed, Strength & Agility
- ✓ Teamwork & Discipline
- ✓ Tactical & Game Strategy

Join Hampden Academy's Head Coach Margaux Poplaski, to learn all about field hockey and prepare for next season!

COST: \$50



REGISTER

<https://forms.gle/o1qbaDhByh8TdFPL7>

Contact Information:
hampdenbroncofh@gmail.com



BRONCO FIELD HOCKEY

\$50

AUGUST 11-13 - 8:00-10:00am
HAMPDEN ACADEMY TURF
GRADES K-7

Learn the game. Strengthen your skills. Be ready for fall!

GIRLS BASKETBALL



2026 Hampden Girls Basketball Camp Flyer.docx

Download

2.3 MB

TWINNING!



ALERT! YEARBOOK ORDERING HAS CLOSED

YEARBOOK INFO



YEARBOOK ORDERING HAS CLOSED

Yearbooks can still be ordered, but they will be delivered to your home, likely AFTER the last day of school.

If you are the parent of an 8th grader and have not ordered a yearbook, please email RBMSYearbook@RSU22.us before ordering online


6th and 7th grade parents: Order online at:

www.Treering.com → Buy Yearbooks

Passcode: 1017259887783996

*All orders placed before 5/6 will be delivered to Reeds Brook and will be handed out on the last day of school.

Thank you for ordering!

 RBMS Student Handbook 2025-2026

RBMS Student Handbook 2025-2026

Reeds Brook Middle School HANDBOOK FOR STUDENTS AND FAMILIES 2025-2026 Dear Students and Families, Please join the Reeds Brook staff in creating a supportive learning environment that challenges students to learn and grow. Our school is a p...

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RBMS WEBSITE

Bus Information

2025-2026 RSU 22 District Calendar

Community Events

SUPPORT SERVICES



Family handout - Acadia NL Case Management.pdf

[Download](#)
117.0 KB

CHECK US OUT ON FACEBOOK

Strategic Plan 2022-2027

Four Building Blocks

1	2	3	4
Student Success	Professional Excellence	Community Partnerships	Operational Excellence
Academic Excellence & Achievement	Recruitment & Retention	Family & Community Engagement	Budget Development
Foundational Skills	Professional Development	RSU 22 Educational Foundation	Fiscal & Facilities Management
Instructional Models	Best Practices	Communication & Transparency	Comprehensive Planning
Engagement		Campus Based Services	

About RBMS

Reeds Brook Middle School currently serves approximately 300 students from Hampden and Newburgh, as part of RSU 22. Students at RBMS are in grades 6-8. We challenge all students to achieve individual success in a supportive environment.



Principal: Jennifer Cyr (jcyr@rsu22.us)

Dean of Students: Sandi Bellerose (sbellerose@rsu22.us)

School Counselor: Ann Moody (amoody@rsu22.us)

Nurse: Alison Ramsdell (aramsdell@rsu22.us)

Find us [Facebook](#)



Tina Hinkley

Tina is using Smore to create beautiful newsletters