

Barbers Hill Independent School District - Student Health Advisory Council

Date: May 12, 2026

Members Present: Jennifer Phillips, Lesley Gershmel, Emily Borne, Ashlee Boothe, Makayla Emmons-Smith, Rachel Manfredi, Jennifer Kelly, Alyssa Fechner

The meeting was called to order at 5:02 pm by Jennifer Phillips.

Meeting notes from March 17, 2025, were voted on and approved by the group unanimously.

Employee Wellness Challenge Update from Jennifer Phillips

Jennifer reported an update on the challenge stating that 216 employees participated. Employees were encouraged to participate in the challenge and offered incentives for accomplishing step goals. The campuses were sent weekly updates, information and ideas on how to get more steps in as well as tallies on campus step totals. Participants were given a belt bag. The "Top Stepper" was given a gift card to an athletic shoe store. Response was good and the committee agreed to do this again next year. Staff was encouraged to wrap up their month-long challenge by walking together at the Barbers Hill Walk Together for Mental Health at the stadium on May 2. Jennifer handed out belt bags to mental health walk participants as well.

Mental Health Walk by Lesley Gershmel

Lesley gave a review of the walk. The committee would like to help the high school counseling team next year with walk promotion. Discussion on how to get more people involved led to one idea being that information and reminders coming from the counselors to school staff might be helpful.

Mammograms by MD Anderson by Jennifer Phillips

Jennifer reported that 30 employees participated in receiving mammograms. We will continue to do this next year.

Youth Equipped to Succeed Update by Jennifer Phillips

The BHISD board approved sexual health program wrapped up in May and had a 60% participation rate at each campus. Jennifer reported that more parents participated in the virtual informational meeting this year, most likely due to improved marketing.

School Supply Bash by Ashlee Boothe

The school supply bash is a joint effort between BHISD and the Mont Belvieu Area Chamber of Commerce. This is the 3rd year and it will be held on campus at the BHISD Field House this year on July 28. School Health Services will have a table and will hand out squishies and hand sanitizer as well as info on immunizations and other school related health issues and news. Families must visit different tables in order to receive their school supplies. They also receive a free drink, popcorn and admission to the wave pool for participating.

Open Discussion/Questions

Health Department Info and Update by Makayla Emmons-Smith

Makayla reported that the Chambers County Health Department also does an immunizations event at White's Park in Anahuac and could help with the back to school bash. She will contact Macy from the Chambers to discuss. Mikayla also wanted to report that with the FIFA World Cup coming to Houston and the influx of millions of people from all over the world, the health department is on the watch and prepared for the possibility of an influx of diseases such as measles and a few others.

The meeting was adjourned at 5:46 pm.

Dates of Next Meetings:

- TBA - Next School Year

Meeting notes submitted by Lesley Gershmel, LCSW, LCDC