

JUNE BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Assorted Whole Grain Muffins
Cheese Stick or Yogurt
Bananas or clementines

2

Eggo's Mini French Toast
Turkey Sausage or Cheese Stick
Clementines

3

Homemade Whole Grain Muffins
Yogurt
Peach Cups

4

Spinach and Cheddar Frittata With Warm Cornbread
Orange Juice

5

Warm Bagels
Cream Cheese or Jelly
Yogurt
Strawberries

8

Assorted Whole Grain Muffins
Yogurt or Cheese Sticks
Bananas

9

Homemade Granola Bars
Hard Boiled Eggs or Yogurt
Berries

10

Yogurt with Berries and granola for topping
Graham Crackers

11

Eggo's Mini French Toast
Turkey Sausage
Orange

12

Assorted Cereals
Hard Boiled Egg
Oranges or Apples

15

Assorted Whole Grain Muffins
Yogurt or Cheese Sticks
Strawberries

16

Warm Cinnamon Buns
Cheese Stick
Strawberries

17

Fresh Fruit Smoothies
Hard Boiled Eggs
Graham Crackers

18

Bacon, Egg and Cheese Croissant
Orange Juice

19

Assorted Cereals
Hard Boiled Egg
Apples or Oranges

22

Assorted Whole Grain Muffins
Yogurt or Cheese Sticks
Bananas

23

LAST DAY OF SCHOOL
Assorted Cereals
Cheese Stick
Cranberries



SUMMER IS COMING

Did you know. . .School lunch is free!
All Meals include whole grain, lean protein, Vegetable and fruit of the day & 1% Milk or fat free Chocolate Milk.

MAKE A MEAL

Students must select at least 3 out of 5 items including a fruit or vegetable to create a complete USDA lunch.



We will also offer sunbutter & jelly, homemade pizza, fresh salad with or without meat, assorted subs, and grilled cheese as daily alternatives for meals. All meals are offered free to qualifying students.

Please visit our website for more information. We are welcome to your comments and questions, please feel free to call anytime at 978-402-8666, or email sbardzik@carlisle.k12.ma.us.

Our prepayment option takes a load off your mind. Please visit the Carlisle School website for more information. Civil rights law and U.S. Department of Agriculture (USDA) Civil Rights

*** There will be a Gluten Free and Vegan Option Everyday Upon Request***
Please be advised, Menu is subject to Change



Carlisle Public School is a Nut-Free Kitchen!