

JUNE LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

MEATLESS MONDAY
Pasta with Marinara
Cheese stick
Garlic Bread
Mixed Salad
Fresh Fruit Salad

2

HALF DAY
Chicken Patty Sandwich
Veggie Burger
Roasted chickpeas
Chilled Peach Cup or Fresh Pears

3

Sweet and Sour Chicken
Over White Rice
Sweet Green Peas
Fresh Cut Pineapple

4

Pulled Pork Sandwich
Lays Potato Chips
Carrot Stcks and Ranch
Ripe Locally Grown Peaches

5

Assorted Specialty Pizzas
Garden Salad
Chickpea with
Feta, Tomatos and Basil
Chilled Pears or Clementine

8

MEATLESS MONDAY
Cheese and Bean
Quesadilla
Salsa Sour Cream
Sweet Corn Fruit Cup

9

Chicken Nugget Day
Veggie Nugets
Pasta Salad
Carrot Sticks with Ranch
Apple Slices

10

Grilled cheese Sandwich
Tomato Soup
Goldfish Crackers
Mixed Vegetables
Fruit Cup

11

Chicken Cesear Salad
No Meat Available
Garlic Bread
Seasoned Chick Peas
Orange Smiles

12

Specialty Pizzas
Mixed Salad
Diced Peaches &
Strawberries

15

MEATLESS MONDAY
Pasta With Marinara
Mozzarella Cheese Stick
Chickpea Salad
Peach Cups

16

Italian Chicken Sub
Bag Of Lays Potato Chips
Mixed Salad
Apple Slices

17

Chicken Patty Sandwich
Pasta Salad
Spinach and Feta w/ Grape
Tomatoes
Chilled Pears

18

Chicken Broccoli Ziti
Veggie Ziti
Carrot Sticks with Hummus
Diced Peaches &
Strawberries

19

NO SCHOOL TODAY!
HAVE A GREAT WEEKEND!

22

Hot Dogs or Veggie Dog
Bag of Pretzels
Cole Slaw
Watermelon or Orange Smiles

23

Last Day Of School!!
HAVE A GREAT SUMMER!!



Did you know. . . School lunch is free!
All Meals include whole grain, lean protein,
Vegetable and fruit of the day & 1% Milk or
fat free Chocolate Milk.

MAKE A MEAL



Students must select
at least 3 out of 5
items including a
fruit or vegetable to
create a complete
USDA lunch.

We will also offer sunbutter & jelly, homemade
pizza, fresh salad with or without meat, assorted
subs, and grilled cheese as daily alternatives for
meals. All meals are offered free to qualifying
students.

Please visit our website for more information. We
are welcome to your comments and questions,
please feel free to call anytime at 978-402-8666, or
email sbardzik@carlisle.k12.ma.us.

Our prepayment option takes a load off your mind.
Please visit the Carlisle School website for more
information. Civil rights law and U.S. Department of
Agriculture (USDA) Civil Rights

*** There will be a Gluten Free and Vegan Option
Everyday Upon Request***
Please be advised, Menu is subject to Change

Carlisle Public School
is a Nut-Free Kitchen!



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