



# Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<a href="#">Adult Lunch</a> <a href="#">\$5.50 (Includes tax)</a>	<b>Yogurt Parfait</b> Available on Tuesday and Thursday As an Ala Carte or Meal option			
1	2	3	4	5
Grilled Cheese Or Chicken Nuggets Dinner Roll  Broccoli Tater Tots Orange	Cheese Quesadilla Sour Cream & Salsa Or Chicken Patty Sandwich  Baked Sweet Potato Green Peppers Sliced Apples	Chicken Tenders Breadstick Or Grilled Cheese  Spinach Salad Green Beans Cantaloupe	Fish Bites Breadstick Or Beef Burger  Roasted Butternut Squash Steamed Carrots Honeydew	Fresh Baked Pizza Or Chicken Corn Dog  Mixed Green Salad Corn Banana
8	9	10	11	12
BBQ Pork Sandwich Or Beef Meatballs Spaghetti w/ Sauce  Roasted Broccoli Orange Wedges Cucumber	French Toast & Turkey Sausage 100% Maple Syrup Or Bean Burrito  Roasted Butternut Squash Steamed Corn Sliced Apples	Turkey Nachos Sour Cream & Salsa Or Cheese Quesadilla  Green Beans Spinach Salad Watermelon	Beef Hot Dog Or Chicken Meatball Sub  Lentil Bean Salad Baked Sweet Potato Pear	Fresh Baked Pizza Or Grilled Cheese  Cauliflower Broccoli Blueberry
15	16	17	18	19
Chicken & Brown Rice Or Cheeseburger  Corn Sliced Cucumber Apple	Fish Sandwich Breadstick Or Chicken Meatball Sub  Baked Fries Roasted Carrots Orange	Chicken Nuggets Or Beef Hot Dog  Baked Sweet Potato Red Peppers Banana	BBQ Pork Sandwich Or Turkey Nachos Sour Cream & Salsa  Green Beans Red Peppers Blueberries	Fresh Baked Pizza Or Cheese Quesadilla  Broccoli Tater Tots Honeydew
22	23	24	25	26
Grilled Cheese Or Chicken Nuggets Dinner Roll  Butternut Squash Green Peppers Cantaloupe	French Toast & Turkey Sausage 100% Maple Syrup Or Chicken Patty Sandwich  Broccoli Orange Wedges Sliced Cucumbers	Early Release No Lunch  	Early Release No Lunch  	

**Available Every Day**

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich, Turkey or Ham Sandwich

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain.) Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily. All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat. Milk is antibiotic and hormone free. Local Produce used throughout the month when available from local NJ/NY Farms.

All of these are offered as a Complete Meal, including vegetable, fruit and milk.

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.

A Gluten Free Meal is available with 1 day notification

If you have any questions/concerns regarding this menu or there are special dietary needs, please email [luis.lucas@irvingtonschools.org](mailto:luis.lucas@irvingtonschools.org)

This Institution is an equal opportunity employer and provider.