

# Wallingford Schools

## June 2026

Lunch Price \$3.45

\$.40 for those eligible for reduced priced lunch, and free for those eligible for free lunch

### Lyman and Sheehan High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right; font-weight: bold;">1</p> <p><b>Whole Grain Breaded Beef Bites</b> Spiral Fries or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk</p>	<p style="text-align: right; font-weight: bold;">2</p> <p><b>Loaded Tator Tots! With Chicken Taco Meat, Broccoli, Cheese Sauce &amp; Sour Cream!</b> Whole Grain Dinner Roll Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk</p>	<p style="text-align: right; font-weight: bold;">3</p> <p><b>Mac &amp; Cheese!</b> Texas Toast Garlic Bread Steamed Broccoli or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk</p>	<p style="text-align: right; font-weight: bold;">4</p> <p><b>Southern Fried Chicken!</b> Corn Bread <b>Baked Beans</b> or Fresh Veggie Choice Fresh or Chilled Fruit and Choice of Milk</p>	<p style="text-align: right; font-weight: bold;">5</p> <p><b>Fried Dough Pizza!</b> Tossed Garden Salad or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk</p>
<p><i>Daily Alternates:</i>      Fresh Made Pizza of the Day      Fresh Made Hot or Cold Sandwich      Fresh Made Chef Salad</p>				
<p style="text-align: right; font-weight: bold;">8</p> <p><b>Crispy Chicken Nuggets Baked Beans</b> Fresh Vegetable Choice <b>Roger's Orchard Apple</b> Milk Choice</p>	<p style="text-align: right; font-weight: bold;">9</p> <p><b>Philly Style Steak on Whole Grain Bun</b> <i><u>Vibrant Farm Roasted Carrots Glazed with Forest Mill Maple Syrup</u></i> Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk</p>	<p style="text-align: right; font-weight: bold;">10</p> <p><i><u>Northern Farm All Beef Kielbasa on Roll</u></i> Oven Fries or Fresh Veggie Choice Fresh or Chilled Fruit Milk Choice</p>	<p style="text-align: right; font-weight: bold;">11</p> <p><b>Stuffed Crust Pizza! Tossed Garden Salad</b> or Fresh Veggie Choice Fresh or Chilled Fruit and Milk Choice</p>	<p style="text-align: right; font-weight: bold;">12</p> <p><b>Final Exams Ham &amp; Cheese on WG Roll</b> <b>Lettuce &amp; Tomato</b> Fresh Veggie Choice Fresh or Chilled Fruit and Milk Choice</p>
<p><i>Daily Alternates:</i>      Fresh Made Pizza of the Day      Fresh Made Hot or Cold Sandwich      Fresh Made Chef Salad</p>				
<p style="text-align: right; font-weight: bold;">15</p> <p><b>Final Exams</b> Bacon, Lettuce, Tomato &amp; Cheese Sandwich Rockin Bean Salad or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk</p>	<p style="text-align: right; font-weight: bold;">16</p> <p><b>Final Exams</b> Turkey &amp; Cheese Sandwich With Lettuce &amp; Tomato Oven Fries or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk</p>	<p style="text-align: right; font-weight: bold;">17</p> <p><b>Final Exams</b> Italian Combo Grinder with Lettuce, Tomato &amp; Cheese Fresh Cucumbers or Fresh Veggie Choice Fresh or Chilled Fruit Choice of Milk</p>	<p style="text-align: right; font-weight: bold;">18</p> <p><b>Last Day of School Manager's Choice with</b> Vegetable Choices Fresh and Chilled Fruit Choice of Milk</p>	
<p><i>Daily Alternates:</i>      Fresh Made Pizza of the Day      Fresh Made Hot or Cold Sandwich</p>				
				
<p><i>There is additional food assistance during the summer. Check out this webpage for a summer food site near you</i></p> <p style="font-size: 1.2em;"><a href="http://www.ctsummermeals.org/">http://www.ctsummermeals.org/</a></p>				

*Daily Alternates indicate main entrée alternative meals – All vegetable & fruit components listed with the main entree are offered with the alternate meals. Milk choices include Non-fat Chocolate, Skim, or 1%.*

*Call or e-mail us with questions or comments! Food Service Director at 203-294-5928 or [christinewallace@wallingfchools.org](mailto:christinewallace@wallingfchools.org)*

*This Organization is an Equal Opportunity Employer!*