



# June 2026

## Eastchester High School LUNCH MENU

[6-1/6-5]



<b>HOT LINE</b>
<b>GRILL</b>
<b>DELI/ MTO SALAD Bar</b>
<b>ACAI/ SMOOTHIE BAR</b>
<b>Grab-N-Go/</b>

	MON	TUES	WED	THURS	FRI
<b>HOT LINE</b>	Chicken Tenders WG Bread sticks Roasted Cauliflower Caesar Salad Grapefruit	Mac and Cheese WG Texas Toast Spinach Red Pepper Strips Green Apple	Sweet and Sower Chicken Fried Rice Broccoli Edamame Peach	Stromboli Chicken Parm Buffalo Chicken mozzarella Broccoli Cheddar Pepperoni Mozzarella Sweet Potato Watermelon	<i>Nacho Bar</i> <i>Beef Taco, Cheese Sauce,</i> <i>Black Beans</i> <i>Pico De Gallo</i>
<b>GRILL</b>	Chicken and Cheese Or Cheese Quesadilla	Grilled Cheese	Chicken and Cheese Or Cheese Quesadilla	Grilled Cheese	<i>Sour Cream</i> <i>Chicken and Celery Sticks</i> <i>Cheese</i> <i>Tangerine</i> Cheese Quesadilla
<b>DELI/ MTO SALAD Bar</b>	Turkey and Cheese  Caesar Salad	Ham and Swiss  MTO Salad Bar	Chicken Caesar Wrap  Chef Salad	Chicken Cutlet Lettuce Tomatoes  Greek Salad	<b>MTO</b> <b>Pasta Salad</b>
<b>ACAI/ SMOOTHIE BAR</b>	Freshly Made Fruit Smoothies Strawberries/Banana Mixed Berries Pineapple	Acai Bowl Toppings: Fruit of your Choice Granola, Chia seeds Chia/Flax Seeds Honey	Freshly Made Fruit Smoothies Strawberries/Banana Mixed Berries Pineapple	Acai Bowl Toppings: Fruit of your Choice Granola Chia/Flax seeds Honey	Freshly Made Fruit Smoothies Strawberries/Banana Mixed Berries Pineapple
<b>Grab-N-Go/</b>	Grilled Veggie Panini	Santa Fe Eggroll Rice	<i>Gyro</i> <i>Beef on WG Pita</i> <i>Bread</i>	Brunch For Lunch Sausage Links Tots	Bosco Sticks Marinara Dipping Sauce

**FREE MEAL INCLUDES:**  
**Fruit/Vegetable:** Fresh fruits Basket , vegetables of the day and Baby Carrot available daily  
**Milk:** Hormone/Antibiotic Free Skim, 1%, Whole, and Low-Fat Chocolate,  
**Juice:** 100% Fruit Juice


**Deli Bar: MTO**  
 Boars Head Ham, Turkey, Salami, Buffalo Chicken, Breaded or Grilled Chicken, Tuna Salad, American, Cheddar, Provolone, Swiss and Pepperjack Cheese  
**Bread:** Variety bread Selection Bagel/Roll- Cream Cheese or Butter

**Premade Salads Meals**  
**Pizza Meal:** Cheese or Pepperoni or specialty Pizza  
**Salad Bar: MTO**  
**Grill Meal:** Burger/ Cheeseburger, Chicken Patty on WG Roll

**A La Carte items:**  
 Yogurt Parfait w/ Fresh fruit topping and Granola/Overnight Oats  
 Fresh Fruit cup 9oz  
 Variety of Healthy Snacks  
 Variety of Gluten Free and Low Sugar Cereal

**Gluten Free Options Available**  
**Local Farm Fruit and Vegetables**  
**Based on Availability**  
**Non-High Fructose**  
**Corn Syrup**

Menus are subject to change



This institution is an equal opportunity providers

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-793-6130 ex. 4234