

**May 2026**

# GSIS CAFETERIA NEWSLETTER

## Overview

In May, our cafeteria delivered a diverse range of themed menus, interactive dining experiences, and sustainability-driven initiatives.



We also actively encouraged student participation in menu planning to foster a more engaging and inclusive dining environment.

## Contents

1. Children's Day Special Program
2. Theme & Trending Highlights
3. DIY Bibim Noodles Station
4. Themed Salad Bar Experience
5. Menu Balance Voting Initiative
6. Clean Plate Day Campaign

May 2026

# GSIS CAFETERIA NEWSLETTER

## Theme & Trending

May featured creative theme days  
and student-favorite menus.



### ★ Children's Day (May. 6)

: A fun and exciting meal prepared to celebrate Children's Day

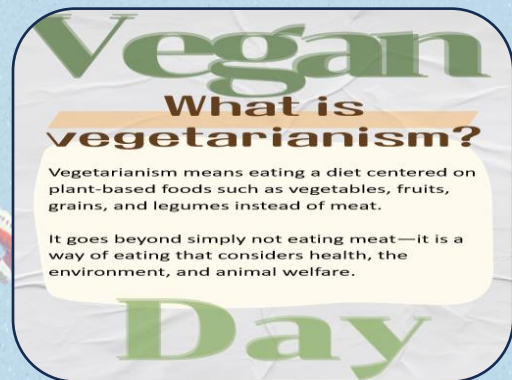
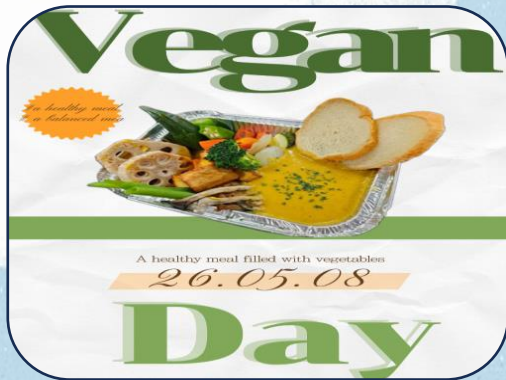
: Mac & Cheese, French Fries, Mini Corn Dog

# May 2026

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### Theme & Trending

May featured creative theme days and student-favorite menus.



### ★ Vegetarian Day (May. 8)

: A healthy plant-based menu with rich flavors and variety

: Japanese Vegetable Soup Curry

May 2026

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## Theme & Trending

May featured creative theme days  
and student-favorite menus.



### ★ Pulled Pork Bowl (May. 13)

: A popular and trending menu loved by students

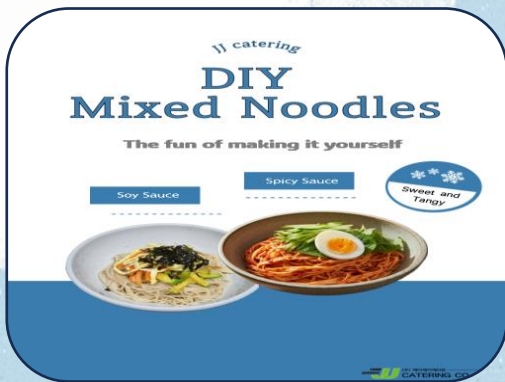
May 2026

# GSIS CAFETERIA NEWSLETTER

## Interactive Dining Experience.

### DIY Bibim Noodles (May. 13)

: Students created their own bibim noodles.



### Build Your Own Bibim Noodles!

: Students created their own bibim noodles using a variety of toppings and sauces.

: Students enjoyed customizing and mixing their noodles to suit their personal tastes.

# May 2026

## GSIS CAFETERIA NEWSLETTER

### Themed Salad Bar

Students explored globally inspired flavors through our themed salad bars.



### American Salad Bar (May. 28)

Coleslaw, Macaroni Salad, Baked Potato Salad

# May 2026

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### Themed Salad Bar

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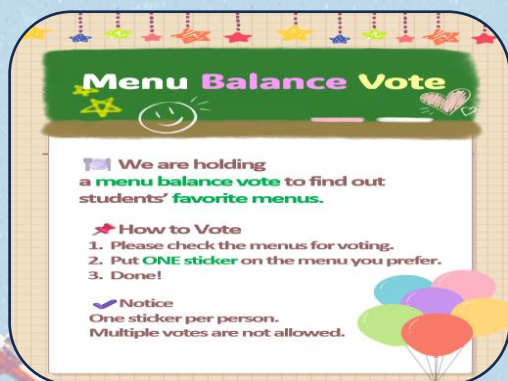
### French Salad Bar (May. 20)

Niçoise Salad, Pasta Salad, Ratatouille

# May 2026

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### Student Voice



### **Menu Balance Vote (May. 11-20)**

Students voted between Tteokbokki and Malatang.

 **Tteokbokki** was selected

and will be served on **June 11.**

# May 2026

## GSIS CAFETERIA NEWSLETTER



### Clean Plate Day



#### CLEAN PLATE DAY

What is "Clean Plate Day"?

"Clean Plate Day" is a school meal initiative that reduces food waste and protects the environment. Taking only what we can eat and finishing our meals helps save resources, lower carbon emissions, and support a cleaner, greener planet.



### Clean Plate Day (May. 29)

An eco-friendly initiative to help reduce food waste. Students who finished their meals received a special dessert.

On Clean Plate Day, food waste decreased by approximately **22%**.