

Lunch Menu

Syosset Elementary School

June 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Homemade Mac & Cheese  
Crispy Potato Puffs
Roasted Lemon
Parmesan Broccoli
Clementine



2 Sweet & Sour Chicken
Sauce & Toss
Whole Wheat Dinner Roll
Roasted Butternut
Squash with Brown
Sugar & Honey
Cucumber Coins
Fresh Melon Cup
HARVEST (Watermelon)

3 Homemade Pasta &
*** Meatballs
*freshly baked meatballs with
tomato sauce over pasta* 
Green Beans
Baby Carrots
Fresh Melon Cup

(Cantaloupe)

4 * Nachos Grande
Salsa
Fiesta Corn
Confetti Kidney Bean
Salad
Pineapple

5 Cheese Pizza  
**** Pepperoni Pizza 
Mixed Kale Side Salad
Carrot Sticks
With Ranch Dressing
Mango Cup

8 Cheesy Stuffed Bread
Sticks 
Tomato Sauce
Crispy Potato Puffs
Green Beans
Fresh Blueberries



9 Baked Chicken Tenders
Honey Mustard
Dressing
And Whole Wheat
Dinner Roll
Sweet Potato Fries
Celery
Strawberries

10 *** Meatball Sandwich
Sauteed Zucchini
Carrot Sticks
Fresh Melon Cup

(Honeydew)


11 Whole Grain Waffles
** with Sausage
Crispy Potato Puffs
Baby Carrots
Fresh Melon Cup

(Watermelon)

12 Cheese Pizza  
**** Pepperoni Pizza 
Caesar Salad
Cucumber Coins
Mango Cup



15 Homemade Mac & Cheese  
Crispy Potato Puffs
Spinach Salad
Clementine



16 General Tso's Chicken 
With Brown Rice
Roasted Butternut
Squash
Celery
Fresh Melon Cup

(Cantaloupe)


17 Homemade Baked Pasta
with Cheese  
Or Grilled Cheese
Sandwich Meltdown
Café 
Cucumber Coins
Baby Carrots
Pineapple




18 * Nachos Grande
Salsa
Fiesta Corn
Confetti Garbanzo Bean
Salad
Apple Slices

19



22 Cheesy Stuffed Bread
Sticks 
Marinara Sauce
Crispy Potato Puffs
Green Beans
Fresh Blueberries



23 Crispy Chicken
Drumstick
Or Baked Chicken
Tenders
Whole Wheat Dinner
Roll
Steamed Carrots
Celery
Fresh Melon Cup
(Honeydew)


24 Homemade Pasta &
*** Meatballs
*freshly baked meatballs with
tomato sauce over pasta* 
Steamed Broccoli
Baby Carrots
Strawberries

25 * Nachos Grande
Salsa
Sweet Corn
Confetti Garbanzo Bean
Salad
Apple Slices

26 Cheese Pizza  
**** Pepperoni Pizza 
Spinach Salad
Baby Carrots
Organic Applesauce

* Turkey, ** Chicken, *** Beef, **** Beef/Chicken

29



30



Find Summer Meals:
Text "Food" to 304-304
Visit SummerMealsNY.org
Call 211 or 311 (in NYC)
or 1-866-3-HUNGRY

HARVEST
of the month
cucumbers



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.





***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



MEAL PRICE:

All Students: \$0.00
Second Meals: \$2.75
Adult \$5.20+tax
Milk: Student-\$0.75
Adult \$0.75+Tax
General Manager
Karen Ball

kball@syossetschools.org

 Vegetarian  Made With Natural Ingredients  Pork  Smart Choice  Made With Organic Ingredients

Daily Lunch Offerings: Garden Salad or Chicken Caesar Salad w/a grain. Turkey or Ham sandwich w/without cheese, or Sunflower Seed Butter w/Jelly Sandwich, Cheese Sandwich or Bagel Meal (bagel, yogurt, cheese stick and/or egg) **Vegetarian options available Daily: Nuggets and Burgers. Daily Fruit & Vegetable options:** Asst. 100% juice, apples, oranges, pears, baby carrots, celery, side salad. **All meals served with:** 1% white, fat free white, FF chocolate milk (all antibiotic and hormone free)

*Gluten free options available. Contact manager for more information. *