



2026 Summer Reading for Students Entering AP Psychology

Choose ANY ONE of the books listed below to read.

***Please note the criteria below. The book you choose to read can also satisfy part of your summer reading requirement for your English class if you pick from the correct list.**

- If you are taking **11th grade Dual-Enrollment English with Mrs. Jester or AP Lang with Mrs. Pearson**, you may use any **NONFICTION** book on this list to count as your choice book for English as well as AP Psychology.
- If you are taking **12th grade Dual-Enrollment English with Mrs. Jester**, you may use any **FICTION** book on this list to count as your choice book for English as well as AP Psychology.

NONFICTION

The Anxious Generation by Jonathan Haidt

Brain on Fire by Susannah Cahalan

Girl, Interrupted by Susanna Kaysen

The Happiness Advantage by Shawn Achor

Hidden Valley Road by Robert Kolker

Outliers by Malcom Gladwell

FICTION

Challenger Deep by Neal Shusterman

Chaos Theory by Nic Stone

The Curious Incident of the Dog in the Night-Time by Mark Hadden

Darius the Great Is Not Okay by Adib Khorram

Eleanor Oliphant is Completely Fine by Gail Honeyman

One Flew Over the Cuckoo's Nest by Ken Kesey

Turtles All the Way Down by John Green

Assignment: As you read the book and reflect upon it, consider how the book portrays mental health and/or other psychological topics. What lessons does it offer? What questions does it raise? You do not have to submit any written work, but I encourage you to write down your thoughts, especially if you read this earlier in the summer. Come to class on day one ready to talk about these things.