



17
Clinics held



658
Employees
Screened



505 (77%)
Returning
participants



**HEALTHY BODIES
ACTIVE MINDS**
COLUMBUS CITY SCHOOLS



22%
Employees also
completed
the UHC HS



81%
Appointments
filled

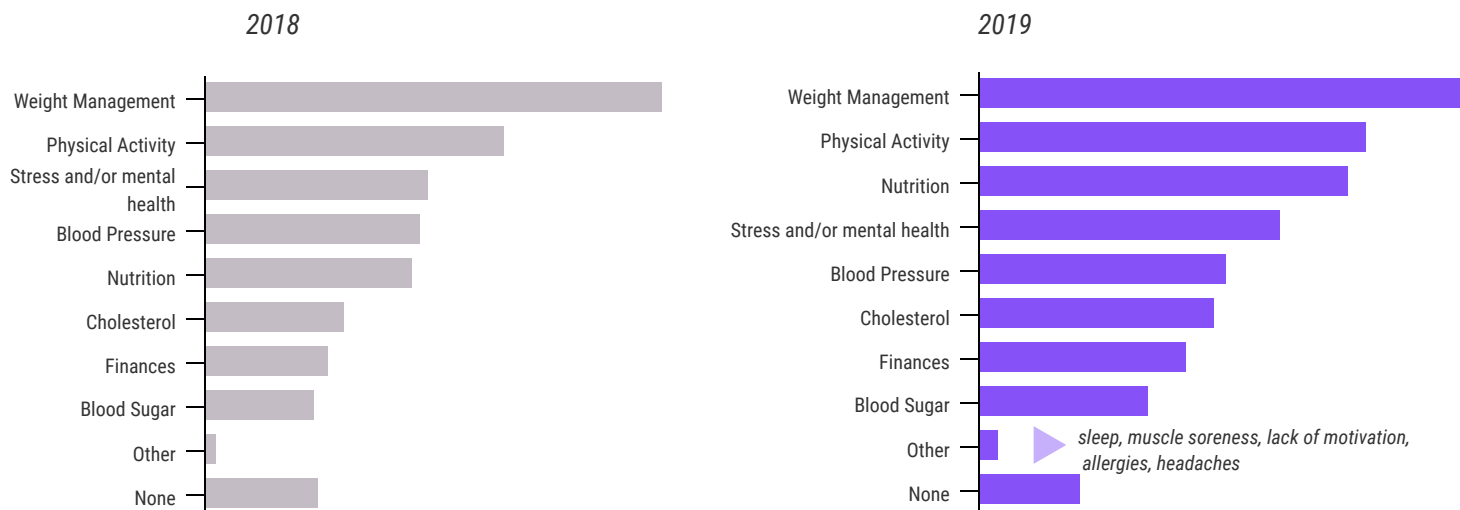


153 (23%)
New
participants

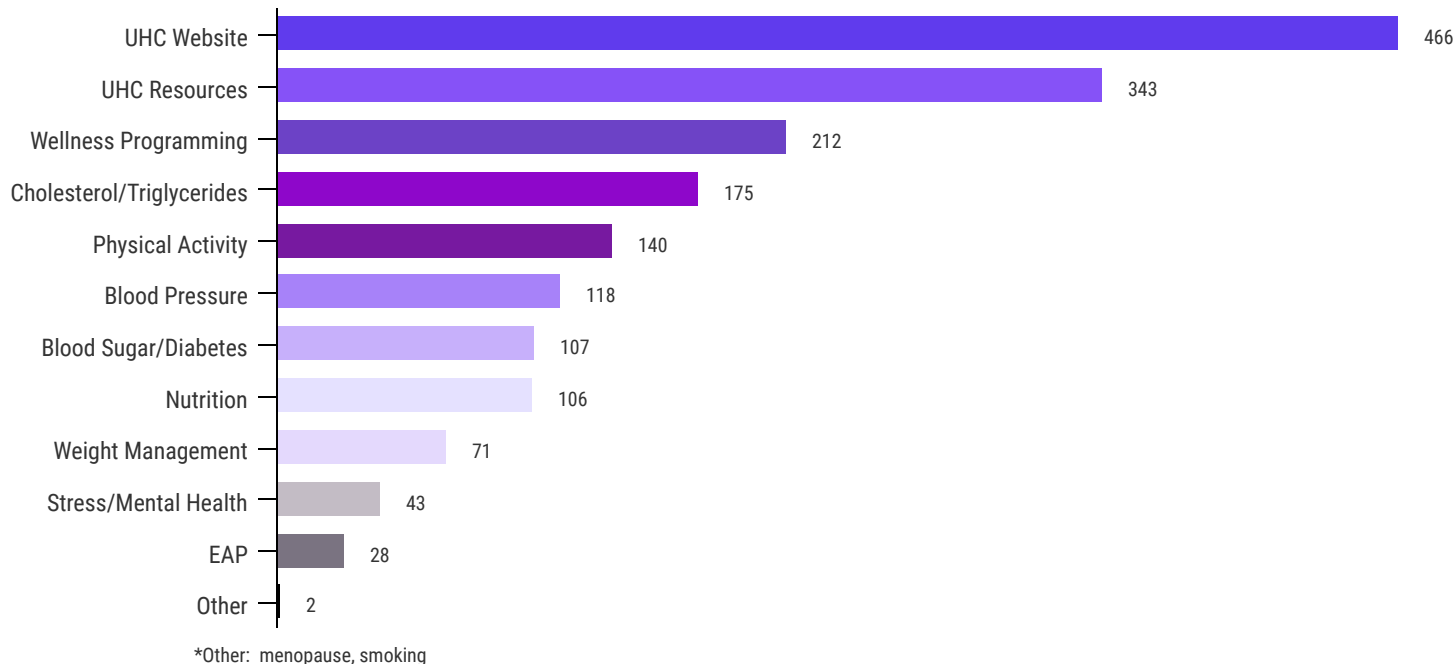


39
Average
participants
per clinic

What health behavior area(s) were employees concerned about and/or interested in improving? *n=638*



What did nurse navigators discuss with staff? *n=612*



Considerations



Emphasize EAP in Training. Stress and/or Mental Health continues to be a top 5 concern for employees, but is not well addressed by the Nurse Navigators. Consider including more emphasis on mental health resources from UHC and EAP resources within the required Nurse Navigator training.



Offer Health Survey Assistance. Only 22% of employees who completed a biometric clinic also completed the UHC health survey. Consider creating an optional station using Wellness ipads for HS completion at the clinic. Also be sure to send reminders after the clinic to complete the online HS.