

# Attention Aquatic Center Patrons

## Lap Swim

**M,W,F** = 6a - 2p  
**T & TH** = 6a - 9:30a & 7:30p - 8:30p  
**Sat & Sun** = 12p - 1p

## Water Aerobics

**M,W,F** = 6:30a - 7:30a - Higher intensity  
**T,TH** = 6:30a - 7:30a - Higher intensity  
**T,TH** = 8a - 9a - Higher intensity  
**M,W,F** = 8a - 9a - Lower Intensity/Arthritic exercise

## Open Plunge

**Tues & Thurs** = 7:30p-8:30p **Sat & Sun** = 1p - 4p

| Day(s) | Date(s)  | Time(s)     | Modification(s)    | Reason     |
|--------|----------|-------------|--------------------|------------|
| Thurs  | May 28   | 8:30a - 3pm | Closed             | EHMS Event |
| Sat    | June 6th |             | Summer Hours Begin |            |
| Fri    | Jun 26   | All Day     | Closed             | Swim Meet  |
| Sat    | Jun 27   | All Day     | Closed             | Swim Meet  |
| Sat    | Jul 4    | All Day     | Closed             | Holiday    |

The complete schedule, pricing & hours can be found at [www.swimparkcity.com](http://www.swimparkcity.com)

**5-29-26**

## SUMMER HOURS BELOW BEGIN ON SATURDAY, JUNE 6th

### Lap Swim

**M** thru **F** = 6a - 8a & 10:30a - 4p  
 \*limited lanes from 10:30 - 12:30 & 1p - 4p\*  
**T & TH** = 7:30p - 8:30p  
**Sat & Sun** = 12p - 1p  
 \*limited lanes from 1p - 4p\*

### Water Aerobics

**M,W,F** = 6:30a - 7:30a - Higher intensity  
**T,TH** = 6:30a - 7:30a - Higher intensity  
**T,TH** = 8a - 9a - Higher intensity  
**M,W,F** = 8a - 9a - Lower Intensity/Arthritic exercise

### Open Plunge

**Mon** thru **Sun** = 1p - 4p