



MAY 29, 2026

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

It continues to be an extraordinary late Spring at FHS, and I continue to be incredibly proud to celebrate the outstanding achievements of our students!

Our Band and Choir students continue to shine: delivering brilliant performances at our Spring Concert. Thank you, Mr. Jydstrup, and the band and choral programs, at FHS – our student musicians and vocalists continue to inspire with their hard work and talent! Congratulations also to our Visual Arts students: viewing your work prior to the concert was a fantastic way to begin the evening. Thank you for sharing your incredible talents with us and thank you to Mrs. Forkner for arranging this showcase opportunity.

Congratulations to our FHS Softball team, who earned the title of State Champions! To be a State Champion is a tremendous accomplishment, and I'm very excited for these ladies and their coach, Tom Sefton – incredible season! This accomplishment reflects the hard work, dedication, and excellence that define student-athletes at Freeman High School – good job, Dawgs and coaches, and good luck to our Track athletes competing at the State meet in Yakima this weekend.

continued pg 2...

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, russell@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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...principal's message continued

Finally, congratulations as well to our newly elected ASB Officers for the 2026–2027 school year: President: Emma Dreyer; Vice President: Nevaeh Eigenhuis; Secretary: Ella Karnitz; Historian: Lillian Curtis; Senior Treasurer: Briley Snyder; Junior Treasurer: Kelsey Hollen; Spirit Commissioners: Brady Bowen and Logan Nelson. We appreciate these students' willingness to serve and lead our school community and look forward to the positive impact they will make next year. Class elections are coming up next week, which is an extremely exciting and busy week for students at Freeman, please be sure to refer to the Upcoming Events section in this week's Flyer as it is quite a bit to track!

Go Dawgs!
Jeff Smith, Principal



JUNE 1-10, 2026

1 MON *Smith*
Regular Schedule
Finals in periods 5,6,7

2 TUES *Smith*
Regular Schedule
Finals in periods 1,2,3,4
Locker cleanout, Chromebook check-in during 5th
1:00 PM Graduation Rehearsal in Blue Gym

3 WED
Special Schedule
BBQ & Yearbooks

4 THUR *Smith*
Regular Schedule
Senior Trip
Breakfast at FHS Silverwood

5 FRI *Smith*
AM Activity
11:00 AM Graduation Rehearsal in Blue Gym
12:13 PM Senior Walk
Start in FES, then FMS, and FHS

8 MON
Finals Schedule
Finals in periods 1, 3, 5, 7

9 TUES
Finals Schedule
Finals in periods 2, 4, 6
Lockers & Chromebook Check-In

10 WED
Early Release
Early Release

WEDNESDAY	
1	8:15-8:56
2	9:00-9:41
3	9:45-10:26
4	10:30-11:11
5	11:15-11:56
Lunch	11:56-12:26
Activity	12:30-1:15
6	1:19-2:00
7	2:04-2:45

MONDAY	
1	8:15-9:15
2	9:20-9:45
Break	9:45-10:00
3	10:00-11:00
4	11:05-11:30
5	11:35-12:35
Lunch	12:35-1:10
6	1:15-1:40
7	1:45-2:45

TUESDAY	
1	8:15-8:35
2	8:40-9:40
3	9:45-10:05
Break	10:05-10:20
4	10:20-11:20
5	11:25-11:45
Lunch	11:45-12:15
Activity	12:20-1:15
6	1:20-2:20
7	2:25-2:45

JUNE 1ST & 2ND
Senior Finals - normal schedule

JUNE 3RD
Yearbook Distribution & BBQ
Bell Schedule on the left

JUNE 6TH
Graduation - 1pm @ FHS Gym

JUNE 8TH & 9TH
Finals Grades 9-11
Bell Schedules on the left

JUNE 10TH
LAST DAY OF SCHOOL - early release



Congrats!

JORDYN SCHULZ

Awarded: Washington State Opportunity Scholarship

This Baccalaureate Scholarship (BaS) provides up to a total of \$22,500 in scholarship funding to students pursuing bachelor's degrees in high-demand STEM and health care majors in Washington State. This funding can be combined with other financial aid to help cover tuition, fees and everyday costs - like housing, food and more.



EMERSON CONKLIN

Awarded: Distinguished Regents Scholar at WSU

Selected among the state's top students, Emerson earned this prestigious award recognizing exceptional academic achievement, leadership and community involvement. The Distinguished Regents Scholarship provides full tuition and mandatory fees for four years at WSU Pullman.





Freeman Athletic Booster Club Presents:

SUMMER WEIGHTS



JUNE 29 - JULY 30

FREEMAN HIGH SCHOOL
M-TH 7 AM - 9 AM

SIGN UP AT
FREEMANBOOSTERS.ORG

SIGN UP

REGISTRATION
FEE: \$120

GRADES 7-12

PLEASE PAY ALL STUDENT FINES/FEES

As the end of the school year draws near, please make sure you take care of all the fines/fees/lunch balances on your student's account. You can make online payments [here](#) or send in cash/check/card with your student. Seniors will not be allowed to participate in the Senior Trip until all fees are paid. If you have any questions on what your student may/may not owe, please email khayek@freemansd.org.



ATTENTION GRADUATING SENIORS: FINAL TRANSCRIPT REQUESTS NEEDED

Seniors! Don't forget to request to have your final transcript sent to the college/university you will be attending in the Fall. The transcript request link is in your 2026 Google Classroom. Please do this before June 30th as the FHS office is not open in July.





Upcoming Sports



5/28-5/30 - Track State @ Yakima



ATHLETE OF THE WEEK

sophomore
GRACE DUNCAN
golf

sponsored by
Freeman Athletic Booster Club

FREEMAN ATHLETIC BOOSTER CLUB

Sports Links:

FINALFORMS
CLICK HERE
to Complete Your Online Forms

GO FAN

Pay Fines/Fees

goscotties.org
athletics website



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

 Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

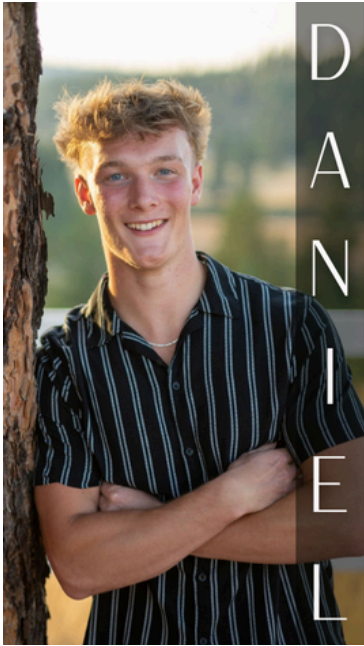
SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.90. Click image for menus.



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



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 Class of 2026

QUOTE:
*"Work hard in silence. Let success be your noise."
 - Frank Ocean*

PLANS AFTER GRADUATION:
 Attend Boise State University to study
 mechanical engineering




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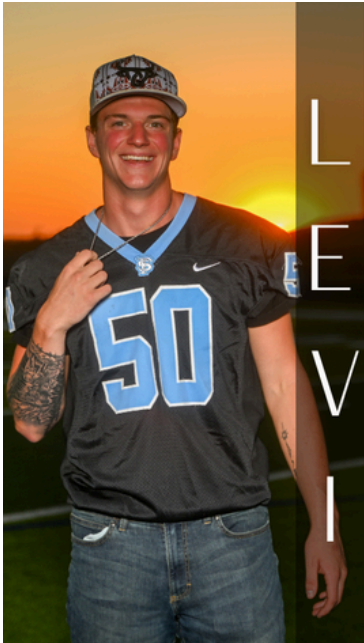
  
 Class of 2026

QUOTE:
*"I know I won't forget all he's done, he's the
 strength in this race that I run." - Kanye West*




PLANS AFTER GRADUATION:
 Attend Washington State University to pursue a
 degree in Business and Management



SENIOR SPOTLIGHTS THIS WEEK




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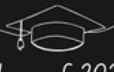

  
 Class of 2026

QUOTE:
*"There is beauty in the struggle, ugliness in the
 success." - J. Cole*

PLANS AFTER GRADUATION:
 Attend Carroll College to play football and major
 in business




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 Class of 2026

QUOTE:
*"Without disappointment, you cannot appreciate
 victory." - Nicolas Cage*

PLANS AFTER GRADUATION:
 Attend SCC to continue career in automotive
 industry



SENIOR SPOTLIGHTS THIS WEEK

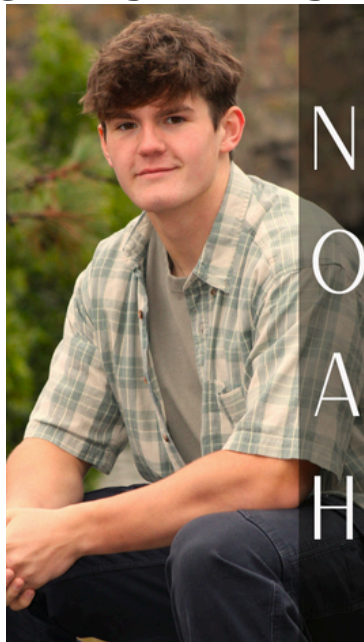


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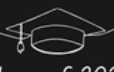

  
 Class of 2026

QUOTE:
*"Jesus Christ is the same yesterday, and today
 and forever." - Hebrews 13:8*

PLANS AFTER GRADUATION:
 Work this summer and then attend BYU in the
 Fall





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 Class of 2026

QUOTE:
"Shake and bake."

PLANS AFTER GRADUATION:
 Enlist in the U.S. Army





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Class of 2026

QUOTE:
"And don't criticize what you can't understand."
- Bob Dylan

PLANS AFTER GRADUATION:
Attend WSU




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Class of 2026

QUOTE:
"God will never give you more than you can handle." - Mom

PLANS AFTER GRADUATION:
Attend Eastern Washington University to study elementary education



SENIOR SPOTLIGHTS THIS WEEK



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Class of 2026

QUOTE:
"I can do it."

PLANS AFTER GRADUATION:
Come back to school for transition




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Class of 2026

QUOTE:
"Right here, now, as I invent myself, I'm thinking of the others who will be inventing themselves."
- Tim O'Brien

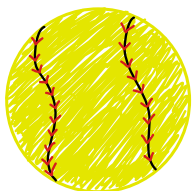
PLANS AFTER GRADUATION:
Work



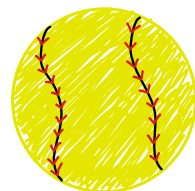
SENIOR SPOTLIGHTS THIS WEEK

Student HIGHLIGHTS

Congratulations



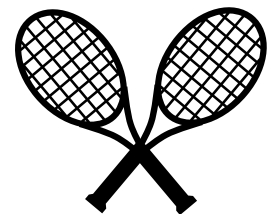
FREEMAN SOFTBALL STATE CHAMPIONS



Student HIGHLIGHTS



AVERY BOSWELL



4th Place

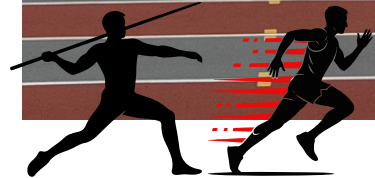
STATE TENNIS

Student HIGHLIGHTS

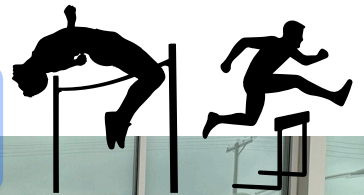


CONGRATULATIONS!

*Both our Boys & Girls
Teams took the District
Championship last
weekend.*



TRACK & FIELD



**OFF
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Student HIGHLIGHTS



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Student HIGHLIGHTS



FREEMAN ART SHOW

Our students submitted artwork for the Freeman Art Show this past week!

Thank you everyone who came out to celebrate their hard work and talent.

