


JUNE 2026

Shasta Lake School

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST COOKS CHOICE 1 LUNCH COOKS CHOICE	BREAKFAST COOKS CHOICE 2 LUNCH COOKS CHOICE	BREAKFAST HOMEMADE MUFFIN 3 LUNCH CHICKEN TENDERS TATER TOTS	BREAKFAST COOKS CHOICE 4 LUNCH COOKS CHOICE	5
8	9	10	11	12
15	<div style="text-align: center;"> 16 17 18 19 </div> 			26
22	23	24	25	26
29	30			

Breakfast: *Optional breakfast is cereal & graham crackers*
 All breakfasts include the following components: 2 oz Grains, 1 Cup Fruit & 1 Cup Milk.
 Lunch: All lunches include the following components: 1 Cup Milk, 1-2 Oz Meat/Meat Alternative, 1-2 Oz Grains, ¼ Cup Fruit & ¼ Cup Vegetables.
 Salad bar Offered daily at lunch.

Menus are subject to change
 This institution is an equal opportunity provider.
 Student meals provided at no charge