



Gateway  
Great Food  
Great Friends  
Great Nutrition

# MENU

## Mountain Lakes High School Lunch

////////////////////////////////////  
**JUNE**  
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| COOKS CHOICE 01 | COOKS CHOICE 02 | COOKS CHOICE 03 | COOKS CHOICE 04 |  |
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**Choice of one entree per day.**  
All lunches are offered the following components:  
1 Cup Milk, 2 Oz. Meat/Meat Alternative., 1-2 Oz Grains, and a minimum of 1 cup fruit and 1 cup vegetables.

Milk choices are 1% white or Fat Free Chocolate.  
A variety of fruit and vegetables are offered each day.

Salad bar offered daily

Menu is subject to change  
This institution is an equal opportunity provider  
Student meals provided at no charge

ENJOY YOUR  
SUMMER!

