

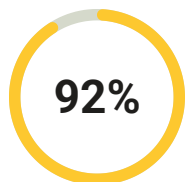
Mental Health First Aid Training

Survey Report Summary for 2024-2025

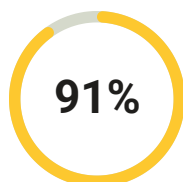
Impact

Total number of staff trained in MHFA	230
Total number of survey responses	186
Survey response rate	81%
Total classes held	12
Adult-version MHFA classes held	4
Youth-version MHFA classes held	8

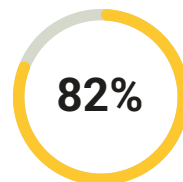
Survey Report Highlights



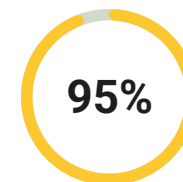
of staff thought the MHFA training was beneficial



of staff thought the content was useful at home and work



of staff learned something new from MHFA training



of staff would recommend MHFA training to other staff

Types of Staff Trained

- Labor Management, Employee Relations
- Union Members (CEA and OAPSE)
- Human Resources
- 3700 Building staff
- PEAK Instructional Assistants
- Peer Assistance Review (PAR) Consultants
- School Nurses

MHFA Training Providers

- Optum
- Mental Health First Aid Ohio Collaborative

Conclusions

- Content and delivery were not tailored to staff members' experience and knowledge in a few trainings
- Important to identify instructors who understand and will tailor content to staff's certification and area of expertise while planning
- Class format, content and delivery may vary across instructors hosting the training
- Plan to Increase opportunities to promote 988 and self-care action plan to staff

New Concepts Learned in Training



ALGEE Model*

- A** - Approach the person, assess for risk of suicide or harm
- L** - Listen non-judgmentally
- G** - Give reassurance and information
- E** - Encourage appropriate professional help
- E** - Encourage self-help and other support strategies



988 Suicide and Crisis Hotline



Local and Community Mental Health Resources



Signs and symptoms of recognizing mental health challenges



Conversation skills on mental health and substance abuse disorders

Upcoming MHFA

- Adult In-person MHFA for ES Counselors scheduled for January 2026