

Course Title:	Development Through the Lifespan
Grade(s):	11 and 12

Course Description
This course is designed as an introduction to the field of Human Development and Family Studies (HDFS). The course will provide students with an understanding of individual and family development within the context of the family system and the changes that occur in family systems over time.
Approved Curricular Materials/Textbook(s)
Newman, B.M. & Newman, P.R. (2009). <i>Development Through Life: A Psychosocial Approach</i> (11th ed.). Additionally, we will use the <i>Life Span Development: A Case Book</i> by Newman and Newman. Additional texts to supplement the curriculum, as approved by UCONN.

Unit Title	Unit Description (Include Unit Objectives)	Unit Pacing
Unit 1: Psychosocial Systems	In this unit, students explore major theories of human development with a focus on Bronfenbrenner's Theory. Students examine how individuals are influenced by the interconnected relationships among biological, psychological, and societal systems throughout the lifespan.	1 week
Unit 2: Major Theories of Human Development	In this unit, students examine major theories used to understand human development across the lifespan, with an emphasis on the psychosocial framework. Students explore how Psychosocial Theory explains the ongoing interaction between psychological development and social influences throughout different stages of life.	2 week
Unit 3: Prenatal Development	In this unit, students understand the importance of medical care and the environment on gestation. They identify the cultural and systemic interactions with families in the prenatal development stage.	2 weeks

Unit 4: Infants	In this unit, students explore the role of the family and society on child development, incorporating Piaget's theory of cognitive development as well as major milestones.	3 weeks
Unit 5: Adolescence	In this unit, students apply their understanding of developmental changes during early and later adolescence, focusing on the physical, cognitive, social, and emotional growth that occurs during these stages. The unit is divided into school-aged children and later adolescence to highlight the unique developmental needs and challenges of each period. Students examine how relationships with parents, siblings, and peers evolve.	7 weeks
Unit 6: Adulthood	In this unit, students explore key concepts that help explain development during adulthood, including the evolution of social roles, the life course, and theories of fulfillment. Students examine how individuals navigate changing responsibilities and expectations across early, middle, and later adulthood, as well as elderhood.	18 weeks
Unit 7: Old Age	In this unit, students examine key themes of later adulthood, including the concepts of generativity versus stagnation and the process of evaluating life choices and accomplishments. The unit also addresses issues of frailty and caregiving, highlighting the physical, emotional, and social challenges that may arise with aging, as well as coping with and accepting one's death.	3 weeks