

Killingly Intermediate Middle School

Welcome to our Lunch Cafe

06/01/2026 - 06/05/2026

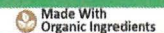
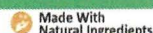
	Monday	Tuesday	Wednesday	Thursday	Friday
	Homemade Mac & Cheese <i>pasta in cheese sauce, garnished with parsley</i> Steamed Broccoli	Nachos Grande <i>tortilla chips topped with freshly prepared mexi style meat and cheese</i> Chicken & Cheese Quesadilla <i>hand crafted grilled flour tortilla filled with juicy chicken and melty cheese</i> Salsa	Steamed Chicken and Vegetable Dumplings <i>stuffed dumplings perfect for dipping in your favorite seasoned sauce</i> Sweet and Sour Sauce Mixed Vegetables	Cheesy Stuffed Bread Sticks <i>baked bread sticks filled with melted cheese</i> Tomato Sauce	Baked Chicken Tenders <i>crispy chicken tenders perfect for dipping in your favorite sauce</i> Mixed Vegetables Oven Baked Fries
					
	Chicken Parmesan Sandwich <i>chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a roll</i>	Pizza Burger <i>burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun</i>	Meatball Hero <i>freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella</i>	Spicy Chicken Sandwich <i>warm spicy chicken breaded outlet prepared in-house</i>	Beef Hot Dog on Bun <i>juicy beef hot dog on a soft bun</i>
Available Daily: Hamburgers, Cheeseburgers, Chicken Patties and Spicy Chicken Sandwiches. Turkey Burgers, & Veggie					
	Bianco Pizza <i>pizza dough brushed with garlic and oil, topped with basil and mozzarella and ricotta cheeses</i>	Meatball Pizza <i>cheese pizza topped with sliced meatball</i>	Macho Taco Pizza <i>homemade fiesta style taco meat, tomato sauce, mozzarella and parmesan cheese a top pizza crust brushed with garlic and oil</i>	Cheese Pizza Bagel <i>crispy whole grain crust topped with tomato sauce and melted cheese</i>	Pepperoni and Cheese Calzone
Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough					
	Chicken Caesar Wrap <i>freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing</i>	Crispy Chicken Garden Salad <i>fresh garden salad topped with baked crispy chicken and served with dinner roll(s)</i>	Egg Salad Sandwich <i>freshly made sandwich with house prepared egg salad</i>	Fruity Parfait <i>vanilla yogurt topped with strawberries, blueberries, and crunchy granola</i>	Chicken Caesar Salad <i>fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls</i>
Available Daily: Assorted Entree Salad, Parfaits, Assorted Deli Subs and Wraps all with your choice of fruit and milk.					
	<p>Available Daily on Our Salad Bars:</p> <p>Mixed Dark Leafy Greens, Tomatoes, Cucumbers, Carrots, Broccoli Florets, Cauliflower Florets, Beans, Corn Niblets, Hummus, Dinner Rolls, Local Apples, Oranges, Bananas and a variety of canned fruit.</p> <p>1% white milk and Non-fat Chocolate milk offered daily.</p>				



Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.

WHITSONS FAMILY OF COMPANIES WWW.WHITSONS.COM



2026-27

NEW THEATER SIGN UPS



For 6th grade theater is a half year course. You will be assigned to either the first or second semester.

For 7th and 8th grade course is a year-long class. Depending on class-size, I will take new enrollment for seventh and eighth graders, if class size allows.



JOIN US NEXT YEAR!

★ **BAND** • **CHORUS** • **THEATER** ★



 **ALREADY IN?
YOU'RE ALL SET!**

- Current Grade 5, 6, 7 **Band/Chorus** students
- Current Grade 6 & 7 **Theater** students



You are automatically enrolled for next year!

 **NEED TO
UNENROLL?**

You must submit:

- A note from home **OR**
- A parent/guardian email

 aplantier@killinglyschools.org

 **DEADLINE:
BEFORE THE END
OF THE SCHOOL YEAR**

 **WANT TO JOIN?**
New students are welcome!

To enroll:

- Bring a note from home **OR**
- Have a parent/guardian email Mrs. Plantier



We'd love to have you with us!

 **SCAN HERE
TO SIGN UP!**



*Use this QR code to sign up.
It's quick and easy!*



SCAN ME



FIND YOUR PLACE. ★ FIND YOUR SOUND. ★ FIND YOUR STAGE.

ChamppaAsian FEST

• CULTURE • MUSIC • FOOD •

**JULY 18TH, SATURDAY,
DAVIS PARK IN DANIELSON, CT
SUMMER 2026**

BROUGHT TO YOU BY



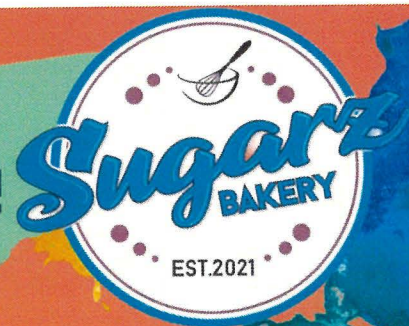
THE SABAIDEE PROJECT

EST. 2024 • Killingly, CT



KPRD SUMMER COLORING CONTEST!

Sponsored by
Sugarz Bakery!



Start Date : Last day for submissions:
June 1st August 3rd

Open to kids in the following age groups:
Ages 5 & under ~ Ages 6-10 ~ Ages 10-13

1. Pick up your coloring sheet from KPRD, the library, or various places around town!
 2. Color it with any art materials you want! Crayons, markers, paint, watercolor, etc.
 3. Submit your final masterpiece by dropping it off at 185 Broad Street or email it to : parks&rec@killinglyct.gov
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-One winner per each age group will be chosen and contacted by August 7th to pick up their prize!

Follow us on
Facebook for
more info!