

Monday Aug 3

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Super Donut	3 ounce 1 each	38	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Tuesday Aug 4

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Cinnamon Toast Crunch Muffin	1 each 3.1 oz	50	
Applesauce Cups	1/2 cup 1/2 cup	14	
Assorted Milk	8oz 8oz		

Wednesday Aug 5

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Pancake Roll-up	1 each/2.85oz ...	17	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		