



Central Junior High

JUNE 2026 - SUMMER

FREE MEALS FOR CHILDREN AGES 1-18

BREAKFAST: Pop Tart & Cereal offered daily. Includes juice, fruit & choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p>1</p> <p>BREAKFAST Swirled Brkfst. Roll Fruit Juice, Raisels</p> <p>LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>2</p> <p>BREAKFAST Chicken-n-Waffles Fruit Juice Raisels</p> <p>LUNCH Hamburger/ Cheeseburger French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>3</p> <p>BREAKFAST Muffin & String Cheese Fruit Juice, Raisels</p> <p>LUNCH Chicken Tenders Wheat Roll Mashed Potatoes w/ Cream Gravy Steamed Broccoli Fruit of the Day</p>	<p>4</p> <p>BREAKFAST Sausage/Cheese Biscuit Sandwich Fruit Juice Raisels</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza French Fries Whole Kernel Corn Fruit of the Day</p>	<p>5</p> <p>BREAKFAST Cinnamon Donut & String Cheese Fruit Juice, Raisels</p> <p>LUNCH Breaded Chicken Sandwich Baked Chips Green Beans Fresh Vegetable Fruit of the Day</p>
<p>8</p> <p>BREAKFAST Swirled Brkfst. Roll Fruit Juice, Raisels</p> <p>LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>9</p> <p>BREAKFAST Chicken-n-Waffles Fruit Juice Raisels</p> <p>LUNCH Hamburger/ Cheeseburger French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>10</p> <p>BREAKFAST Muffin & String Cheese Fruit Juice, Raisels</p> <p>LUNCH Chicken Tenders Wheat Roll Mashed Potatoes w/ Cream Gravy Green Beans Fruit of the Day</p>	<p>11</p> <p>BREAKFAST Sausage/Cheese Biscuit Sandwich Fruit Juice Raisels</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza French Fries Whole Kernel Corn Fruit of the Day</p>	<p>12</p> <p>BREAKFAST Cinnamon Donut & String Cheese Fruit Juice, Raisels</p> <p>LUNCH Corn Dogs Baked Chips Baked Beans Fresh Vegetable of the Day Fruit of the Day</p>
<p>15</p> <p>BREAKFAST Swirled Brkfst. Roll Fruit Juice, Raisels</p> <p>LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>16</p> <p>BREAKFAST Chicken-n-Waffles Fruit Juice, Raisels</p> <p>LUNCH Hamburger/ Cheeseburger French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>17</p> <p>BREAKFAST Muffin & String Cheese Fruit Juice, Raisels</p> <p>LUNCH Chicken Tenders Wheat Roll Mashed Potatoes w/ Cream Gravy Steamed Broccoli Fruit of the Day</p>	<p>18</p> <p>BREAKFAST Sausage/Cheese Biscuit Sandwich Fruit Juice Raisels</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza French Fries Whole Kernel Corn Fruit of the Day</p>	<p>NO SERVICE</p>

*Contains Pork

• Menu Subject to change due to product availability



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1865 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.



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<p>22</p> <p>BREAKFAST Swirled Brkfst. Roll Fruit Juice Raisels</p> <p>LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>23</p> <p>BREAKFAST Chicken-n-Waffles Fruit Juice Raisels</p> <p>LUNCH Hamburger/Cheeseburger French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>24</p> <p>BREAKFAST Muffin & String Cheese Fruit Juice Raisels</p> <p>LUNCH Chicken Tenders Wheat Roll Mashed Potatoes w/ Cream Gravy Green Beans Fruit of the Day</p>	<p>25</p> <p>BREAKFAST Sausage/Cheese Biscuit Sandwich Fruit Juice Raisels</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza French Fries Whole Kernel Corn Fruit of the Day</p>	<p>26</p> <p>BREAKFAST Cinnamon Donut & String Cheese Fruit Juice Raisels</p> <p>LUNCH Corn Dogs Baked Chips Baked Beans Fresh Vegetable of the Day Fruit of the Day</p>
<p>29</p> <p>BREAKFAST Swirled Brkfst. Roll Fruit Juice Raisels</p> <p>LUNCH Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>30</p> <p>BREAKFAST Chicken-n-Waffles Fruit Juice Raisels</p> <p>LUNCH Hamburger/Cheeseburger French Fries Fresh Vegetable of the Day Fruit of the Day</p>	<p>1</p> <p>BREAKFAST Muffin & String Cheese Fruit Juice Raisels</p> <p>LUNCH Chicken Tenders Wheat Roll Mashed Potatoes w/ Cream Gravy Steamed Broccoli Fruit of the Day</p>	<p>2</p> <p>BREAKFAST Manager's Special Fruit Juice Raisels</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza French Fries Whole Kernel Corn Fruit of the Day</p>	<p>3</p> <p>BREAKFAST Manager's Special Fruit Juice, Raisels</p> <p>LUNCH Breaded Chicken Sandwich Baked Chips Green Beans Fresh Vegetable of the Day Fruit of the Day</p>

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