



June 2026



Breakfast and Lunch Menu for the West Tisbury and Chilmark Elementary Schools
The Up-Island Regional School District is an Equal Opportunity Provider

Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast	<u>NEWS</u> Menu Subject to Change. Skim and 1% Milk offered with every lunch. Available Everyday: Salad Bar with Meat or Veggie Protein OR Chicken Salad Sandwich OR Sun Butter Sandwich Please Note Vegetarian and/or Gluten Free When Ordering. Please Let Nurse and Kitchen Staff Know About Any Food Allergies Menu Available Online at: wtisburyschool.org
Muffin and a Fruit Smoothie or Cereal and milk	Scrambled Eggs and Bacon or Cereal and milk	Oatmeal and Yogurt with Fruit or Cereal and milk	Sausage, Egg and Cheese Sandwich or Cereal and milk	Bagel and Cream Cheese Yogurt w/ Fruit or Cereal and milk	
Monday	Tuesday	Wednesday	Thursday	Friday	
¹ Pasta with Tomato Sauce and Meat or Plant Based Balls, Caesar Salad and Fresh Fruit	² Beef or Veggie Taco, Rice and Beans, Roasted Corn and Fresh Fruit	³ Cheese or Pepperoni Pizza, Garden Salad with Lettuce, Tomato, Cucumber and Carrot, Fruit & Cookie	⁴ Grilled Cheese and Tomato Soup & Fresh Fruit	⁵ French Toast, Chicken or Veggie Sausage Patty, Hash Brown and Fresh Fruit and Yogurt Smoothie	
⁸ Pasta with Alfredo Sauce and Chicken or White Beans, Roast Brussel Sprouts and Fresh Fruit	⁹ Greek Beef Meatballs or Veggie Balls, Orzo and Bell Pepper Salad and Fresh Fruit	¹⁰ Cheese or Pepperoni Pizza, Garden Salad with Lettuce, Tomato, Cucumber and Carrot, Fruit & Cookie	¹¹ Hot Dog or Tofu Dog, Baked Beans & Fresh Fruit	¹² Shrimp or Veggie Bean Taco, Mexican Spiced Cauliflower and Fresh Fruit	
¹⁵ Pasta with Ricotta, Lemon & Basil, Greek Salad with lettuce, tomato, cucumber and olives with Fresh Fruit	¹⁶ Chicken or Bean Tostada, Rice & Beans, Corn and Fresh Fruit	¹⁷ Cheese or Pepperoni Pizza, Garden Salad with Lettuce, Tomato, Cucumber and Carrot, Fruit & Cookie	¹⁸ Pulled Pork Sandwich or Veggie Burger, Carrot Sticks and Fresh Fruit	¹⁹ <u>NO SCHOOL</u>	
²² Cheese Tortellini in Tomato Sauce, Caesar Salad and Fruit	FIELD DAY!!!! ²³ Hamburger or Veggie Burger, Potato Chips and Fresh Fruit	Early Dismissal ²⁴ Cheese or Pepperoni Pizza, Garden Salad with Lettuce, Tomato, Cucumber and Carrot, Fruit & Cookie	HAVE A WONDERFUL SUMMER BREAK		

