



Meet Your Nutritious Friend:
Whistling Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets with Goldfish FEATURED VEGGIES Fries	2 Pancakes & Sausage FEATURED VEGGIES Corn	3 Grilled Cheese Sandwich FEATURED VEGGIES Carrots Sticks	4 Cheeseburger FEATURED VEGGIES Fresh Broccoli	5 Stuffed Crust Pizza FEATURED VEGGIES Veggie Patch
8 Chicken Nuggets with Goldfish FEATURED VEGGIES Fresh Cucumber Slices	9 Pancakes & Sausage FEATURED VEGGIES Grape Tomatoes	10 Grilled Cheese Sandwich FEATURED VEGGIES Sweet Peas	11 Cheeseburger FEATURED VEGGIES Glazed Carrots	12 Pizza FEATURED VEGGIES Veggie Patch
15 Chicken Nuggets with Goldfish FEATURED VEGGIES Fresh Cucumber Slices	16 Pancakes & Sausage FEATURED VEGGIES Grape Tomatoes	17 Grilled Cheese Sandwich FEATURED VEGGIES Carrots Sticks	18 Cheeseburger FEATURED VEGGIES Corn	19 No School
22 Chicken Nuggets with Goldfish FEATURED VEGGIES Corn	23 Turkey & Cheese Sandwich FEATURED VEGGIES Veggie Patch	24	25	26
29	30			

What is a Meal?

Students are served in the classroom.

- Whole Grain
- Protein
- Vegetable
- Fruit
- 1% Milk

Daily Alternates

Uncrustable Meal with Veggie, Fruit and 1% White Milk

Rachel Adams, Food Service Director
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Meal Prices
Student Lunch \$3.60
Reduced Lunch \$0.00
Faculty Lunch \$4.50

