



Meet Your Nutritious Friend:
Whistling Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Double Bacon Cheeseburger</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Fries Fresh Cucumber Slices</p>	<p>2</p> <p>Beef & Cheese Quesadilla</p> <p>Yogurt Craveable</p> <p>FEATURED VEGGIES Corn Grape Tomatoes</p>	<p>3</p> <p>Chicken Patty on a Bun</p> <p>Turkey & Cheese Wrap</p> <p>FEATURED VEGGIES Roasted Chick Peas Celery & Carrots Sticks</p>	<p>4</p> <p>Cheesy BBQ Pulled Pork Bowl</p> <p>Nacho Craveable</p> <p>FEATURED VEGGIES Tater Tots Fresh Broccoli</p>	<p>5</p> <p>Stuffed Crust Pizza</p> <p>Cheeseburger</p> <p>FEATURED VEGGIES Veggie Patch Side Salad</p>
<p>8</p> <p>Cheesy Pasta Bake</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Green Beans Fresh Cucumber Slices</p>	<p>9</p> <p>Nachos Grande with Tortilla Chips</p> <p>Yogurt Craveable</p> <p>FEATURED VEGGIES Roasted Chick Peas Grape Tomatoes</p>	<p>10</p> <p>Hot Ham & Cheese on a Pretzel Bun</p> <p>Turkey & Cheese Wrap</p> <p>FEATURED VEGGIES Sweet Peas Celery & Carrots Sticks</p>	<p>11</p> <p>Honey Baked Chicken with Cornbread</p> <p>Nacho Craveable</p> <p>FEATURED VEGGIES Glazed Carrots Fresh Broccoli</p>	<p>12</p> <p>Pizza</p> <p>Cheeseburger</p> <p>FEATURED VEGGIES Veggie Patch Side Salad</p>
<p>15</p> <p>Italian Toaster Sandwich</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Green Beans Fresh Cucumber Slices</p>	<p>16</p> <p>Hot Dog</p> <p>Cheeseburger</p> <p>FEATURED VEGGIES Baked Beans Grape Tomatoes</p>	<p>17</p> <p>Pancake, Sausage, Egg & Cheese Sandwich</p> <p>Turkey & Cheese Wrap</p> <p>FEATURED VEGGIES Fries Celery & Carrots Sticks</p>	<p>18</p> <p>Popcorn Chicken Bowl</p> <p>Nacho Craveable</p> <p>FEATURED VEGGIES Corn Fresh Broccoli</p>	<p>19</p> <p>No School</p>
<p>22</p> <p>Soft Beef Tacos</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Corn Veggie Patch</p>	<p>23</p> <p>Turkey & Cheese Sandwich</p> <p>Ham & Cheese Sandwich</p> <p>FEATURED VEGGIES Veggie Patch</p>	<p>24</p>	<p>25</p>	<p>26</p>
<p>29</p>	<p>30</p>			

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Salad of the Week

6/1-6/5

(Buffalo Chicken Salad)
Served with Goldfish & Dinner Roll

6/8-6/12

(Taco Salad)
Served with Tortilla Chips

6/15-6/19

(Garden Salad w/Yogurt)
Served with Goldfish & Dinner Roll

Choice of Fruit

Seasonal fresh fruits,
canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, FF white, chocolate,
and strawberry

Daily Alternates

Uncrustable Meal with Cheese Stick and Goldfish

Rachel Adams, Food Service Director
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Meal Prices

Student Lunch	\$3.60
Reduced Lunch	\$0.00
Faculty Lunch	\$4.50

