



Meet Your Nutritious Friend:
Whistling Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cinnamon Toast Crunch Fruit 1% White Milk	2 Yogurt & Graham Crackers Fruit 1% White Milk	3 Apple Cinnamon Cheerios Fruit 1% White Milk	4 Maple Waffles Fruit 1% White Milk	5 Cinnamon Chex Fruit 1% White Milk
8 Cinnamon Toast Crunch Fruit 1% White Milk	9 Yogurt & Graham Crackers Fruit 1% White Milk	10 Apple Cinnamon Cheerios Fruit 1% White Milk	11 Maple Waffles Fruit 1% White Milk	12 Cinnamon Chex Fruit 1% White Milk
15 Cinnamon Toast Crunch Fruit 1% White Milk	16 Yogurt & Graham Crackers Fruit 1% White Milk	17 Apple Cinnamon Cheerios Fruit 1% White Milk	18 Maple Waffles Fruit 1% White Milk	19 No School
22 Cinnamon Toast Crunch Fruit 1% White Milk	23 Yogurt & Graham Crackers Fruit 1% White Milk	24	25	26
29	30			

What is a Meal?
Pre-K students are served the three following components for school breakfast.

- Whole Grain
- Fresh Fruit or Cupped
- 1% White Milk

Rachel Adams, Food Service Director
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Meal Prices
Student Breakfast \$1.75
Reduced Breakfast \$0.00
Faculty Breakfast \$2.25

