



SACRED HEART CHURCH

A Parish Family with St. Monica, Mercer Island

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536 • SACREDHEART.ORG

SUNDAY - MAY 31, 2026

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

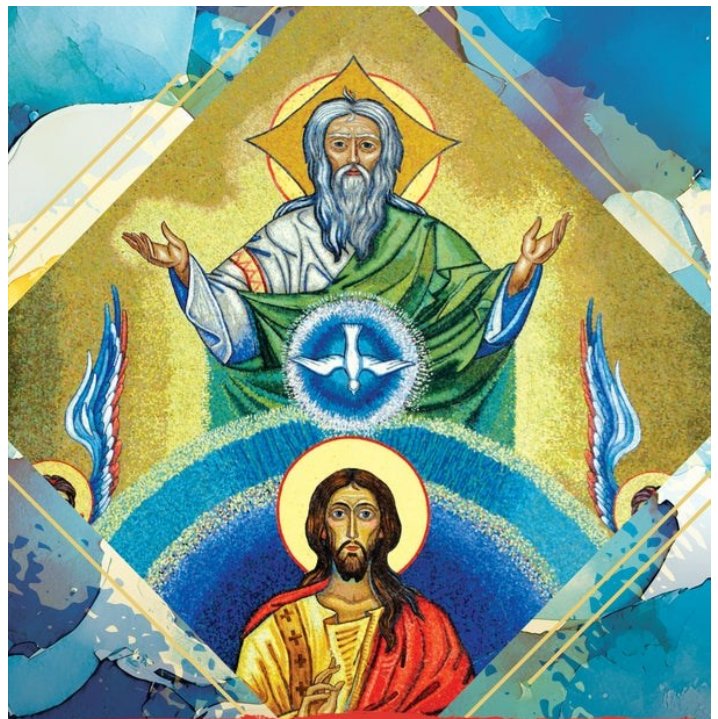
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish is a welcoming Catholic community, which inspires faith in God, through prayer, sacraments, and service, while living Gospel values, as faithful followers of Jesus Christ.



THE MOST HOLY TRINITY

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. - Jn 3:16-17

PARISH CALENDAR

Sunday May 31

THE MOST HOLY TRINITY

9:00 AM **Mass**
 11:00 AM **Mass (CLOW)**
 5:00 PM **Mass**

Monday June 1

Saint Justin, Martyr

8:15 AM Rosary
 8:45 AM **Mass**
 7:00 PM Rosary Group

Tuesday June 2

Weekday

Saints Marcellinus and Peter, Martyrs

10:00 AM Stitches with Heart Group

Wednesday June 3

Saint Charles Lwanga and Companions, Martyrs

8:15 AM Rosary
 8:15 AM Confessions
 8:45 AM **Mass**

Thursday June 4

Weekday

8:00 AM Rosary
 8:45 AM SHS Baccalaureate **Mass**
 2:00 PM - 4:00 PM NO Eucharistic Adoration
 5:00 PM SHS Graduation

Friday June 5

Saint Boniface, Bishop, Martyr

7:00 AM First Friday of the Month **Mass**
 8:15 AM Rosary
 8:45 AM **Mass**
 9:30 AM First Friday Eucharistic Adoration until 11:00 AM

Saturday June 6

Weekday

Saint Norbert, Bishop

Blessed Virgin Mary

8:00 AM Women's Group
 8:00 AM Men's Group
 3:00 PM Confessions - Reconciliation Chapel
 5:00 PM Vigil **Mass**

Sunday June 7

THE MOST HOLY BODY AND BLOOD OF CHRIST

(Corpus Christi)

9:00 AM **Mass**
 11:00 AM **Mass** (hosted by SHS Alumni)
 (last CLOW for school year)
 5:00 PM **Mass**

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
 frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
 frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
 cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
 japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
 bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
 reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
 lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
 kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
 pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
 solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
 lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
 sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
 aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
 nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
 Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)



Join us in one heart of prayer as we pray the Novena to the Sacred Heart of Jesus from June 3rd - 11th in preparation of the United States Catholic Conference of Bishop's consecration of the nation to the Sacred Heart. To access the Novena and for more information about the consecration, please visit: <https://www.usccb.org/novena-sacred-heart-jesus>.

We invite you to join our parish family of Sacred Heart and St. Monica on Sacred Heart's feast day to honor the Most Sacred Heart of Jesus. The Solemnity Mass will be held on Friday, June 12th at 9:00 AM.

(Please note that the daily Mass time has been changed from 8:45 AM to 9:00 AM for the June 12th Mass)

Watch the
**Consecration
of the U.S.
to the Sacred
Heart of Jesus**
in honor of the nation's
250th Anniversary
June 11 | 1pm PT
Livestream on [youtube.com/usccb](https://www.youtube.com/usccb)

Archdiocese
of Seattle

Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



Following the Lord's Prayer in which we dare to call God *Our Father* is another gesture in which the unity of the Body of Christ is expressed: *the Sign of Peace*. Remembering the words of our Savior who gave His spiritual and lasting peace to the Apostles, the Priest petitions the same Savior to bestow on His Church (and the whole world) peace and unity once more. In the person of Christ, the Priest extends the peace of the Lord to us and we offer it back to him. After this, he invites us to share this peace with each other (according to local custom) in the Sign of Peace. In this act, we express our fraternal charity and unity with one another as members of the Body of Christ. We also remember the words of our Lord, "If you bring your gift to the altar and there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother" (Matt. 5:23-24). So, this act of peace both expresses our unity and serves to reconcile any disunity between the faithful before as one family, we are truly made one Body (of Christ) through Holy Communion. "It is appropriate that each person, in a sober manner, offer the sign of peace only to those who are nearest," (GIRM, 82) so that a spirit of reverence may be maintained.

SACRED HEART
Bible Study
DISCUSSION & PRAYER
EVERY 2ND & 4TH
WEDNESDAY 6:30PM
SACRED HEART
CONFERENCE ROOM 4

Explore life-changing truths and
meaningful connections
in our bi-weekly Bible Study sessions!

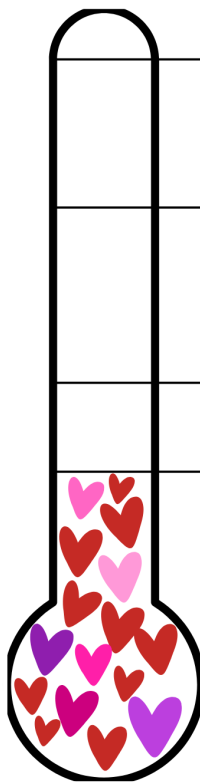
ADMINISTRATION & STEWARDSHIP

Annual Catholic Appeal 2026 Together in Faith

Please make your **2026 ACA** gift today!



SACRED HEART ANNUAL CATHOLIC APPEAL 2026



\$300,000 - FUNDING FOR PARISH OFFICE ROOF REPLACEMENT

\$220,000 - FOCUS PARISH MISSIONARY

We are excited to welcome a FOCUS Parish Missionary to Sacred Heart in the Summer 2027. FOCUS missionaries serve parishes nationwide, building a culture of discipleship through Christ's model of personal evangelization. This approach equips parishioners to live and share their faith more fully.

\$166,000 - ARCHDIOCESAN GOAL

\$108,838 - CURRENT TOTAL
(May 22, 2026)



FINANCIAL GOAL

ANNUAL CATHOLIC APPEAL UPDATE!

Thank you to the many of you who have chosen to make your gift to the 2026 Annual Catholic Appeal, as well as our parishioners who are monthly recurring donors to the ACA. Your support is the reason why our local Catholic Church can continue to spread the joy of the Gospel in the world today.

This year, our parish's goal is \$166,000. Any gifts exceeding this goal will be returned to Sacred Heart as a rebate for our parish projects. The first \$55,000 of the ACA rebate will be used to welcome a FOCUS Parish Missionary to Sacred Heart, starting in the summer of 2027. Through small groups, Bible studies and prayer gatherings, this missionary will help us deepen our faith and strengthen our sense of community. Any additional rebate funds will contribute to the project to replace the roof of the original parish offices along 14th Street.

It is easy to give to the ACA—scan the QR code or visit archseattle.org/giveaca to give today.



Scan the QR Code for Online Giving to Sacred Heart Parish.



Stewardship of Treasure

Sunday collection totals

July to March 31, 2026 Budget \$1,224,127

July to March 31, 2026 Actual \$1,232,173

+\$8,046

Prior year actual (July– March 2025) \$1,235,687

Thank you for your generosity!!

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 5/31

Exodus 34:4b-6,8-9
(Ps) Daniel 3:52-55
2 Corinthians 13:11-13
John 3:16-18

Monday 6/1

2 Peter 1:2-7
Psalm 91:1-2,14-16
Mark 12:1-12

Tuesday 6/2

2 Peter 3:12-15a,17-18
Psalm 90:2-4,10,14,16
Mark 12:13-17

Wednesday 6/3

2 Timothy 1:1-3,6-12
Psalm 123:1b-2
Mark 12:18-27

Thursday 6/4

2 Timothy 2:8-15
Psalm 25:4-5b,8-10,14
Mark 12:28-34

Friday 6/5

2 Timothy 3:10-17
Psalm 119:157,160-161,
165-166,168
Mark 12:35-37

Saturday 6/6

2 Timothy 4:1-8
Psalm 71:8-9,14-15b,
16-17,22
Mark 12:38-44

Sunday 6/7

Deuteronomy 8:2-3,14b-16a
Psalm 147:12-15,19-20
Corinthians 10:16-17
John 6:51-58

MASS INTENTIONS

Sunday 5/31

9:00 AM Mass: RIP GENE STYER
by Jerome & Gemma Thielges

11:00 AM Mass: RIP STEPHEN BUMGARDNER
by Patty Kirk

5:00 PM Mass : PRIEST PRIVATE INTENTION

Monday 6/1

INT NESSIE & ADAM GOOD by Mabel Munoz

Wednesday 6/3

RIP LOIS MEYER by Cathleen Adams

Thursday 6/4

INT SACREDHEARTSCHOOL 8TH GRADE GRADUATES

Friday 6/5

INT FR. NAGEL
(29th Anniversary of Priestly Ordination, 6/7)
by Sacred Heart Parish & School Staff

Saturday 6/6

INT THE PARISHIONERS OF SACRED HEART

Sunday 6/7

9:00 AM Mass: RIP DIANA STEGNER
by Mary Catherine Mead

11:00 AM Mass: INT SACRED HEART ALUMNI

5:00 PM Mass : PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of Sacred Heart
& St. Monica parish Family

The Deceased

Pray for the deceased of Sacred Heart
& St. Monica parish Family

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month. "Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament." *Archbishop Etienne*



POPE'S PRAYER INTENTION - JUNE

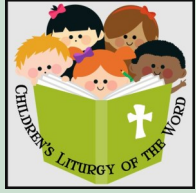
For the Values of Sports

Let us pray that sports be an instrument of peace, encounter and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



CLOW - Sunday, May 31st
Join us on May 31st and June 7th
at the 11:00 AM Mass for our
last sessions of the school year.
Ages PreK - 1st Grade
*Older children are welcome
to attend for sibling support.*



Vacation Bible Camp
June 22-26
@ Saint Monica Church

Be sure to register for
Vacation Bible Camp!
This year's theme is
**Snowball Mountain
Challenge** - Scan the
QR code for
registration (deadline
is Monday, June 15.)



SACRED HEART SCHOOL



Be Part of the Mission at Sacred Heart School

Catholic education changes lives. At Sacred Heart School, students are formed each day in faith, academic excellence, and service.

Parishioner generosity directly supports our teachers, strengthens our programs, and meets the needs of our students. If you feel called to invest in the next generation, we invite you to make a gift today.

Thank you for supporting Sacred Heart School and the future of Catholic education in our parish.



**Congratulations to the 2026 Confirmation Class
of Sacred Heart and St. Monica Parish Family**

COMMUNITY OUTREACH - COMMUNITY EVENTS



June Meals for the Homeless Your Help is Needed - Sign Up Now!

Sacred Heart Parish is helping those in need at the rotating men's shelter located at **First Congregational Church in Bellevue**. There are available dates in June to prepare dinners.

To sign up for open dates in June, scan the QR code or contact Ben Spurgeon, benandsusanspurgeon@gmail.com, 425-465-1127.

Please make your food delivery at 6:00 PM to First Congregational Church in Bellevue, located at 11061 NE 2nd Street.

Thank you for the generosity and compassion in helping these men in their path from homelessness to stable living.



Mark Your Calendar for June 6th & 7th. St. Vincent de Paul Caring Cards Available for Purchase

In the Narthex after Masses—\$10 Each
*Support those in need by giving
Caring Cards instead of cash.*



Groceries for Families Program

Join the Sacred Heart community to help with groceries for the GFF Program. Over 200 bags are needed weekly to help with food security and hope! Scan the QR code to sign up and view the grocery list!

When delivering to Jubilee Reach, please make sure to write "SHC" on your bag. Thank you for supporting these families in our local community!



"THY KINGDOM COME"

MUSTARD SEED KINGDOM



REVIVAL

"Heal me O Lord, And I will be healed"

Jeremiah 17:14



Healing Session
& Holy Spirit
Impartation led by
Dcn Reuben D'sa



Praise and
Worship by
Mustard Seed
Worship

Join us for an evening of worship, healing and restoration

Sacred Heart Church, Bellevue | Sat, Jun 13th | 6:30PM-10:30PM

All are welcome. Visit www.mustardseedkingdom.org for more details.

Mustard Seed Kingdom Revival Hosted at Sacred Heart Parish

Join us on Saturday, June 13th at 6:30 PM, for an evening of worship, healing and restoration, as we invite the Holy Spirit to move among us and set us free from our chains. The evening will include praise and worship, Eucharistic adoration, healing prayer, Holy Spirit impartation, individual prayer ministry and the Sacrament of Reconciliation. The event is free and registration is not required. All are welcome. More details at

www.mustardseedkingdom.org

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

Spanish Retreat: June 5 - June 7, 2026

English Retreat: Sept. 25 - Sept. 27, 2026

Men's Healing Retreat: Oct. 10 - Oct. 11, 2026

To leave a confidential message please call

English: (206) 920-6413 Spanish: (206)-450-7814

Email projectrachel@ccsww.org. Visit us at

www.ccsww.org/projectrachel or www.facebook.com/projectrachelww.

Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!



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 Parishoners Matt & Christina
 Celebrating with Don!

Our Client Don
 After 65 years in his beloved Bellevue home, Don decided to downsize to Aegis Living. He simply handed us the keys and we took care of everything!



Don Lovell
 God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.
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Matt@TeamSkally.com
 206-661-8624

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 Parish/publications for weekly parish bulletins

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