



**MS Cross Country  
Fall 2026 schedule**

**Week 1-**

Monday, 8/17 practice  
Wednesday, 8/19 practice  
Friday, 8/21 practice

**Week 2-**

Monday, 8/24 practice  
Wednesday, 8/26 practice  
**Thursday, 8/27 MEET #1 @ Margaret Carpenter rec center- Boys race at 5:30 pm, Girls race at 6:05 pm**

**Week 3-**

Monday, 8/31 practice  
Wednesday, 9/2 practice  
Friday, 9/4 practice

**Week 4-**

Monday, 9/7- HOLIDAY/No School  
Tuesday, 9/8 practice  
Wednesday, 9/9 practice  
**Thursday, 9/10 MEET #2 @ NW Open space- Boys race at 5:30 pm, Girls race at 6:05 pm**  
Friday, 9/12 practice

**Week 5-**

Monday, 9/14 practice  
Wednesday, 9/16 practice  
Friday, 9/18 practice

**Week 6-**

Monday, 9/21 practice  
Wednesday, 9/23 practice  
**Thursday, 9/24 MEET #3 @ Shadow Ridge MS- Boys race at 5:30 pm, Girls race at 6:05 pm**  
Friday, 9/25 practice

**Week 7-**

Monday, 9/27- No school!?!  
Tuesday, 9/28 practice  
Wednesday, 9/30 practice  
Friday, 10/2 practice

**Week 8-**

Monday, 10/5 practice  
Wednesday, 10/7 practice  
**Thursday, 10/8 District Championship MEET @ Margaret Carpenter rec center- Unified race at 10:00 am, Girls race at 10:35 am, Boys race at 11:15 am; Awards to follow immediately**

*Rain out dates:*

*Meet #1- Thursday, 9/3*  
*Meet #2- Thursday, 9/17*  
*Meet #3- Thursday, 10/1*  
*Meet #4- Friday, 10/9- races at 10:00am, 10:35am*