

Monday		Tuesday		Wednesday		Thursday		Friday																																																			
<p>1</p> <p>Garlic Parmesan Wings w/ Mac & Cheese</p> <p>FEATURED VEGGIES Sweet peas</p>										<p>2</p> <p>Cheese Pizza Quesadilla</p> <p>FEATURED VEGGIES Rice & beans</p>										<p>3</p> <p>Dutch Waffle Sticks w/ Turkey Bacon</p> <p>FEATURED VEGGIES Smiley Potatoes</p>										<p>4</p> <p>Cheeseburger Tater Tot Bowl</p> <p>FEATURED VEGGIES Tots</p>										<p>5</p> <p>Pizza By The Slice</p> <p>FEATURED VEGGIES Side Salad</p>										<p>What is a Meal?</p> <p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable</p> <p>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit</p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk</p> <p>1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry</p> <p>Daily Alternates</p> <p>Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches & Wraps</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>									
<p>8</p> <p>Pasta w/ meat sauce</p> <p>FEATURED VEGGIES Green beans</p>										<p>9</p> <p>Twin Beef Tacos</p> <p>FEATURED VEGGIES Carrots</p>										<p>10</p> <p>Pizza By The Slice</p> <p>FEATURED VEGGIES Side Salad</p>										<p>11</p> <p>No Lunch Half day</p>										<p>12</p> <p>No Lunch Half day</p>																			
<p>15</p> <p>No Lunch Half day</p>										<p>16</p> <p>No Lunch Half day</p>										<p>17</p> <p>No Lunch Half day</p>										<p>18</p>										<p>19</p>																			
<p>22</p>										<p>23</p>										<p>24</p>										<p>25</p>										<p>26</p>																			
<p>29</p>										<p>30</p>																																																	
<p>Your Team</p> <p>Kim Vencius, Food Service Director 856-547-7695 ext. 4181 AUD@nsfm.com</p>										<p>Meal Prices</p> <p>Student Lunch \$4.00 Reduced Lunch \$0.00 Faculty Lunch \$5.00</p>																																																	

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

