School District of South Orange and Maplewood
COLUMBIA HIGH SCHOOL
17 Parker Avenue • Maplewood, New Jersey 07040
973-762-5600 x1025 FAX 973-378-5234
Sjocquelyn R. Winstead Athletic Director

Welcome to the district's new online registration platform for the Athletic Department! **FinalForms** allows parents/guardians to complete and sign athletic participation forms for their students. The most exciting news is that **FinalForms** saves data from season-to-season and year-to-year, meaning that you will never need to enter the same information twice! FinalForms also pre-populates information wherever possible, for each of your students, saving you time.

Pre-Participation Requirements

Before any student-athlete is authorized to participate in tryouts, the following **must** be completed and submitted:

1. **Online Registration:** Completed and signed via FinalForms. (1 registration form completed for the year.)
2. **Physical Examination:** A current **Preparticipation Physical Evaluation Medical Eligibility Form** is required and it must be completely filled out, signed, and stamped by your physician. (Submit PPE Medical Eligibility Form once time per year, expires after 365 days)
3. **Health History Update:** If your child's physical examination was completed **more than 90 days prior** to the first day of the registration deadline, you must also provide a signed **Health History Updated Questionnaire Form** completed by a parent/guardian.
4. **Email:** Parents must use the student's school email to fill out the registration (ex. 46967@students.somsd.k12.nj.us)
5. **Registration Deadlines:**
    - Fall Sports 2026: July 30, 2026 (CHS, MMS, SOMS)
    - Winter Sports 2026-2027: November 2, 2026 (CHS ONLY)
    - Spring Sports 2027: February 22, 2027 (CHS, MMS, SOMS)

How to Register and Submit Forms

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We are asking the parents/guardians of all students planning to play sports to create accounts in **FinalForms** and register your student(s). **Please register at: somsdk12.org/athletics/finalforms and follow the prompts to create your account, create your students and sign your forms.**

Click on the **Parent Playbook** to get started in FinalForms. If you require any support during the process, scroll to the page bottom and click "Get Help".

Also, you must submit an electronic and printed copy of the **Preparticipation Physical Evaluation Medical Eligibility Form** and **Health History Updated Questionnaire Form**. Please place the completed PPE Medical Eligibility and/or Health History form in the mailbox located inside the **Athletic Department Office at Columbia High School**.

Thank you for your assistance in streamlining our paperwork processes at South Orange Maplewood School District.

Sjocquelyn R. Winstead, CAA
Athletic Director