ACADEMY OF THE SACRED HEART

UPPER SCHOOL UNIFORM & APPEARANCE

School uniforms reinforce students' shared identity and sense of purpose as students of the Academy of the Sacred Heart. Uniforms are an expression of school pride and school spirit. Students should wear them with pride. When worn with pride, a uniform commands respect and positive regard from others. This is true at Sacred Heart, and in most places where a uniform is worn. Additionally, uniforms help to identify a non-uniformed intruder and thus serve as a viable safety measure. Uniforms allow each student the opportunity to be perceived and accepted as the person she truly is. Students are required to be in uniform during the school day at all times.

All students are to keep their uniform ironed and in good condition. If the uniform is not in good condition, the student is out of uniform. Students who persist in wearing non-uniform or uniform/shoes that are in disrepair will be required to mend or purchase that part of the uniform.

All students shall dress presentably when not in uniform at all school-sponsored events, both on and off campus. Any final decision to the appropriateness or not of a specific dress code situation shall be determined by the Dean of Students and/or Upper School Division Head.

ALL UNIFORMS MAY BE PURCHASED THROUGH INKA'S UNIFORMS OR SKOBEL'S UNIFORMS

Inka's: 1617 Hickory Ave., Harahan, LA | 504.739.9866 or 1.800.780.8751 inkas-uniforms.com

Skobel's skobels.com

Metairie | 3001 Clearview Pkwy, Metairie, LA 70006 | 504.264.7733

Gretna | 1742 Stumpf Blvd, Gretna, LA 70056 | 504.366.6887

Belle Chasse | 7928 Highway 23, Belle Chasse, LA 70037 | 504.392.2220

Daily Uniform

- **Skirt:** Plaid kilt, no shorter than four inches from the ground when kneeling or two inches from the top of the knee when standing. Hem should be intact, and all buttons should be present.
- **Blouse:** Button down oxford with ASH logo on pocket. Shirt must be tucked in at all times. Any apparel worn under the school blouse must not be visible through the school blouse. Bra straps should not be visible.
- **Polo (optional):** White knit polo with ASH logo. Any apparel worn under the school blouse should not be visible through the shirt. Shirt must be tucked in at all times. Only the white polo with navy logo is allowed.
- **Socks:** Students have the following options: **(ASH SOCKS ARE REQUIRED)**
    - White ASH ankle socks with navy stripe. Inka's and/or the Tres Bien Boutique will have these socks available for purchase.
    - Navy ASH knee-high socks sold in the Très Bien Boutique. Knee socks must be pulled up at all times.
- **Shoes:** Eastland Buck Shoe (available at Ponseti's Shoes and Haase's on Oak St.) (**Please note:** Any student who is required to wear tennis shoes as a recommendation from a doctor's note, must have an all-white tennis shoe.)

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- **Blazer:** Navy blazer with Sacred Heart logo with student's name monogrammed inside. (In the 24-25 school year the blazer is changing, current students who already have a blazer do not need to purchase a new one.)

Cold Weather Options

- Sweatshirts: Navy Sacré Coeur sweatshirt available with crew neck or front zip. Note: Athletic and official ASH club sweatshirts may be worn, as long as they **do not have pockets or a hood.** Any other athletic wear (shirts, shorts or leggings) is not allowed unless permission is given by the Upper School Dean of Students.
- Sweater/Fleece: Navy with double heart logo available only in the Très Bien Boutique.
- Tights: Solid black fitted (not flared) tights may be worn under the uniform skirt in cold weather. Absolutely no sweatpants or pajama bottoms underneath skirts at any time.

PE Uniform

All PE uniform items are available for purchase in Très Bien Boutique.

Red, white or gray Sacred Heart t-shirts are allowed. With any ASH logo, red, black or black with camo shorts. In the winter, black leggings are allowed.

Dress Uniform

Navy blazer with Sacred Heart logo, white button down oxford blouse with ASH logo on pocket (short-sleeve or long-sleeve), plaid kilt, the designated uniform shoe, and white ASH ankle socks with navy stripe. Navy ASH knee socks are not allowed.

Casual Dress/ ASH Spirit Days

ASH polo/shirt/sweatshirt with appropriate leggings, jeans (no holes or frayed edges) or other below-the-knee-pants in good condition. Absolutely no pajama bottoms, sweatpants or shorts.

Hair/Nails/Jewelry/Make-Up/Accessories

Sacred Heart does not include the following in its dress code (exemplary but not exclusive): nose rings, unnaturally colored hair, tattoos, body piercing (not to include earrings), accessories, hats etc. Jewelry and hair accessories should be simple and appropriate to the uniform; make-up should be simple and unobtrusive. Hair styles are to be maintained in a neat and clean manner so as to present a positive image of the student and the school. Semi-permanent hair accessories are not permitted (not limited to, but including tinsel, feathers, clip in colored hair extensions.)

*If a student comes to school with an extreme violation, she will be sent home and cannot return to school until the issue has been rectified.