

Welcome To

Fernley High
School

Student-Athlete
Meeting



The Fernley Reporter



Robert Perea

www.fernleyreporter.com

Copies sell for \$1

FHS Booster Club

2021-22 Membership Forms

(Please see form for details on membership levels)

- ▶ Vaquero \$1000
- ▶ Orange \$500
- ▶ Black \$250
- ▶ Large Family \$200
- ▶ Small Family \$100
- ▶ Individual

Membership Drive

**Carpet King
FHSBoosterClub (FB)**

Vaqueros Club

(Please see form for details on membership)

**Grades K-8
\$30**

Booster Club Leadership

Jackie Kingston	PRESIDENT
Farrah Alexander	VICE PRESIDENT
Mary Jo Glass	SECRETARY
Chrissy Haas	TREASURER
Jackie Kingston	EVENTS/FUNDRAISING

Schedules – FHS Website

<https://arbiterlive.com>

- ▶ Fernley High School
- ▶ Choose your schedule
- ▶ Sign In, create an account IF you want
- ▶ Notify me!
- ▶ Tell your relatives not to print the schedule and assume it is correct! Fluid

Register with Aktivare

- ▶ Aktivare.com
- ▶ Sign up yearly
- ▶ Student is not eligible to participate until/unless they are registered on this site
- ▶ Pick sports to be played for this school year
- ▶ You must fill in all “E” signatures
- ▶ See/contact FHS office if you have any questions or concerns

Academic Eligibility

- ▶ 2.0 GPA or better the previous semester
- ▶ Below a 2.0 GPA (Non-traditional) - Automatic probation until grade checks which won't happen until week of September 22, 2025. Fall sports begin August 2nd.
- ▶ Weekly grade checks every Monday morning
- ▶ Non-traditional students receive any F's, probation for three weeks.
- ▶ Warning Week, Probation Week, Ineligible Week until passing (same class)

Athletic Packets

- Insurance Form
- Physical Form
- Waivers
- \$25 Activity Fee
- Eligibility check off sheet
- Must turn in before equipment can be issued

Physicals



- ▶ Complete EVERY year
- ▶ Performed by a MD/Doctor, PA/Physicians Assistant, Chiropractor, or APN/Nurse

Missing School - Practice

Student must attend half an academic day unless you have an excused absence:



- Doctor note
- DMV proof
- Court Order
- Academic Testing
- Phone call in is not an excuse
- ALL PRACTICES ARE CLOSED
PRACTICES

Missing School – Game Day



Student must attend all day
unless the absence is for:

- ▶ Court
- ▶ Academic Testing
- ▶ Doctor's Appointment and documentation is provided

Transportation Requests

- ▶ After a contest – With a parent (Sign the form the coach will make available)
- ▶ After a contest – With a parent designee (BLUE Form signed by Adm. 1 day before trip leaves the school-must be 21 or older)
- ▶ To a contest – With a parent or other (BLUE Form signed by Adm. 1 day before trip leaves the school)

Parental Assistance

- ▶ Missing practice-Make arrangements
- ▶ Riding home after games
- ▶ Picking up after practice/games
- ▶ In the stands = + Encouragement. NIAA imposing fines to schools who have fan issues.
- ▶ At home = Overcome adversity in constructive ways
- ▶ “I really enjoyed watching you play today.”

Parental Concerns

- ▶ Talk to your son/daughter
- ▶ Talk to your son/daughter's head coach
- ▶ Talk to Mr. Sullivan/A.D.
- ▶ Never contact the coach after the game - emotions are too high. Call to set up a meeting. **48 Hour rule**

Issues NOT appropriate to discuss with any coach

- PLAYING TIME ISSUES WILL NOT BE DISCUSSED WITH ANY COACH OR ATHLETIC DIRECTOR.
- TEAM STRATEGY
- PLAY CALLING
- MATTERS CONCERNING OTHER STUDENT-ATHLETES

Negative behavior brings negative attention.

1. Verbal ask from admin
2. Civility letter with policy
3. Trespassed from campus
4. Ejection from contest
 - a. Two game suspension
 - b. District form completed

Random Drug Testing

- ▶ Signed/agreed to as part of Athletic Packet
- ▶ Initial and then random testing (selected by #/Redwood Toxicology Laboratory)
- ▶ 10 Panel Test.
- ▶ Prescription Medicines.
- ▶ Positive Tests – If challenged, re-test and sent to laboratory.
- ▶ At own expense – retested by licensed physician.
- ▶ Administrator will notify parent.

Make good choices!
As a collective, we need to do better

NIAA CONSEQUENCES

1ST VIOLATION = 6 WEEK COMPETITIVE SUSPENSION BEGINNING WITH FIRST SCHEDULED COMPETITION. 4 WEEKS WAIVED IF SUCCESSFUL COMPLETION OF SUBSTANCE ABUSE INTERVENTION PROGRAM.

2ND VIOLATION = SUSPENSION FROM COMPETITION FOR A MINIMUM OF 90 SCHOOL DAYS. SUBSTANCE ABUSE EVALUATION ASSESSMENT WITHIN 10 SCHOOL DAYS FOLLOWING SUSPENSION.

3RD VIOLATION = INELIGIBLE TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS FOR THE REMAINDER OF THE STUDENT'S HIGH SCHOOL CAREER.

Off Season Dedication



- ▶ A must to compete for championships
- ▶ Multiple sport athletes
- ▶ Weight Training Classes, Individual Sports Classes, Summer Workouts
- ▶ Not a requirement but if you're not in the weight room/gym someone else is.

Opportunities Available



OPEN GYM (JUNE)

TOURNAMENTS (JUNE)

SUMMER CONDITIONING (JUNE, JULY)

WEIGHT ROOM (JUNE, JULY, AUGUST)

CAMPS (JUNE, AUGUST)

SUMMER PROGRAMS (FERNLEY, RENO,
YERINGTON)

HEALTH CLUB MEMBERSHIPS



A great teammate is one who:

1. Work Ethic
2. Adds + to the culture
3. Great Character
4. Toughness (physically and mentally)
5. Positive Energy
6. Respectful
7. Coachable
8. Has Fun

NCAA and NAIA Clearinghouse

- ▶ See counselors Mrs. Hoover and Mrs. Adamson
 - ▶ Start Early

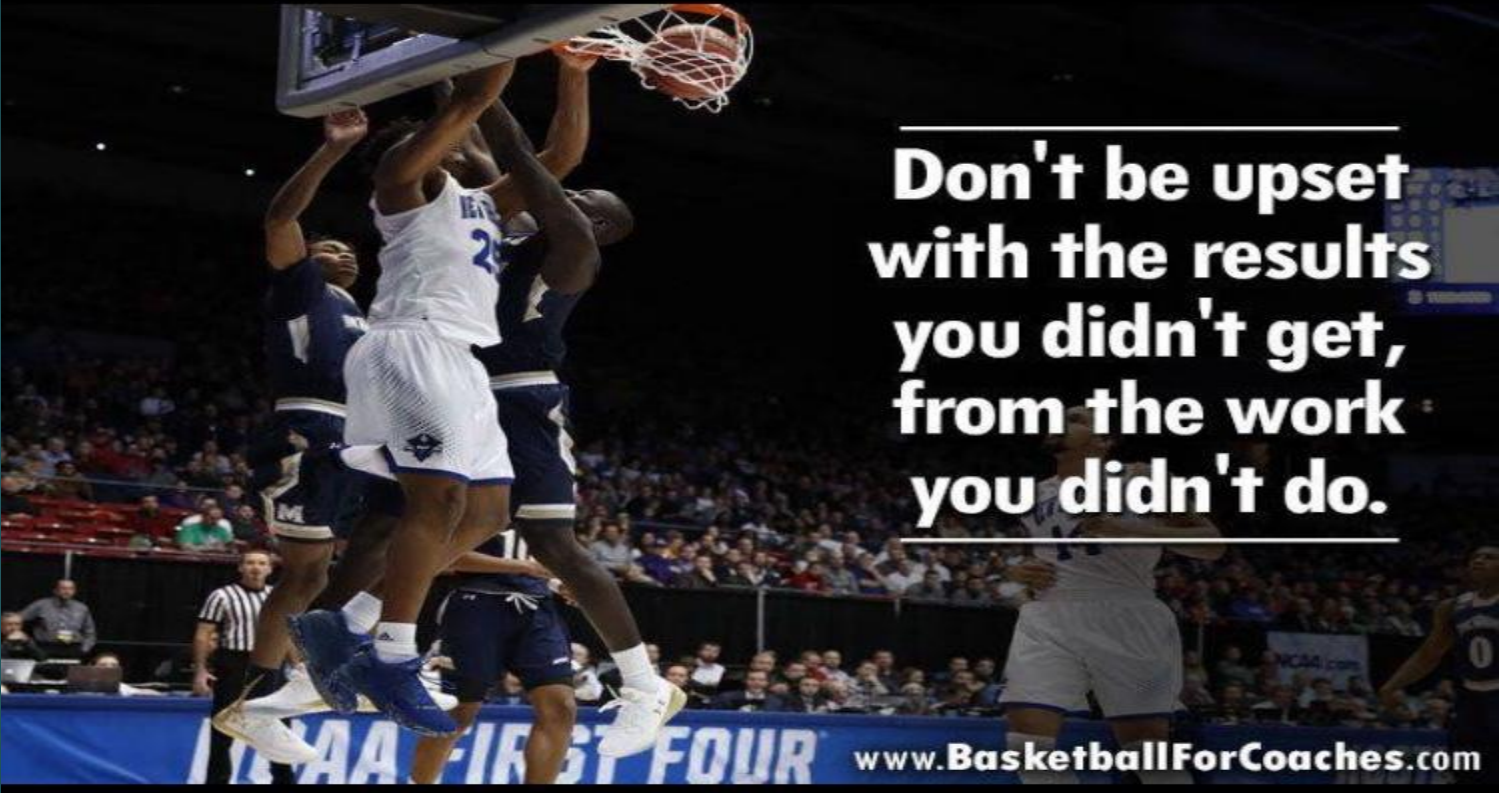
NCAA Recruiting Rules

Initial Contact: **June 15th** AFTER their Sophomore year or September 1 OF their Junior year.

Official Visits: Starting **August** 1 before their Junior year of high school.

Camps/Clinics: After **June 15th** of Sophomore year, recruits can have conversations at camps/clinics.

Any contact by a college coach before June 15th of an athletes Sophomore year is a violation and will be reported.



**Don't be upset
with the results
you didn't get,
from the work
you didn't do.**

www.BasketballForCoaches.com

**THE WEIGHT ROOM
ISN'T FOR EVERYONE**



**THEN AGAIN, NEITHER IS
PLAYING TIME... OR WINNING**