

Date of Assessment: School/Work Location Wellness Action Plan SY25-26			
Name of School: Woodstock High School	Number of Students: 1847		Number of Employees: 187
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Wellness Calendar with Recipes each month	Completed		
2. SHBP Website sent out with flyers	Completed		
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Wellness Calendar with mental health activities monthly	Completed		
2.	Choose an item.		
Physical Activity Goal(s)	Goal Status (select one):	Number of Participants	Notes:
1. Weekly challenges every week	Completed		
2. Semester challenge Rock,paper scissors	Completed		
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Good Vibe Tribe	Completed		
2. Reformation Night	Completed		
3. College Pick'ems	Completed		
District Nutrition Guidelines for Foods & Beverages Sold to Students	Status (select one):	Completed	Notes: Mrs. Bonner signed off
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	In Progress	Notes:

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Tara Quinn-Schuldt	Coordinator Student Support	
2. Melissa Whatley	Exec. Director Employee Resources	
3. Toni Hedges	School Nutrition Supervisor	
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Audra Thomas	Coordinator	
2. Sarah Brennan	Coordinator	
3. Adriene Fagan	Member	
4. Heather Bolt	Member	
5. Kathleen Eder	Member	
6. Savannah Thomas	Member	

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. School Nutrition Webpage	Permanently	
2. Email and signage around building	Monthly	
3.		