

Date of Assessment: Dec. 2025		School/Work Location Wellness Action Plan SY25-26	
Name of School: R. M. Moore ES STEM Academy		Number of Students: 940	Number of Employees: 120
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Staff Snacks	In Progress	120	Wellness Committee provides a healthy snack at every faculty meeting (monthly)
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Treat days throughout the year	In Progress	120	Wellness Committee provides teachers with some type of pick-me-up treat 4 times per year.
2. Cookie Bake-off	Completed	20-30	Teachers compete in a cookie bake-off in December. Winner and runner-up get prizes.
Physical Activity Goal(s)	Goal Status (select one):	Number of Participants	Notes:
1. Monthly workout	In Progress	4-40	Various organized activities throughout the year (Pickleball, Gaga Ball, Dodgeball, etc.)
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Jogging Club for Students	Completed	25	Girls running club that takes place in the fall and culminates with the Reindeer Run in December.
District Nutrition Guidelines for Foods & Beverages Sold to Students	Status (select one):	Choose an item.	Notes:
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e. classroom parties, foods given as reward).	Status (select one):	Choose an item.	Notes:

Key	
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Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Tara Quinn-Schuldt	Coordinator Student Support	
2. Melissa Whatley	Exec. Director Employee Resources	
3. Toni Hedges	School Nutrition Supervisor	
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Amberly Brown	Teacher	
2. Katie Manley	Teacher	
3. Haley Keseric	Teacher	
4. Whitley Diamond	Teacher	
5.	Teacher	

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. School Nutrition Webpage	Permanently	
2. Email to teachers	Yearly	
3. SHBP Information	Monthly	Forwarded to teachers from Wellness Ambassador

This institution is an equal opportunity provider.