

Date of Assessment:		School/Work Location Wellness Action Plan SY25-26	
Name of School: Johnston Elementary School	Number of Students: 462	Number of Employees: 60	
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1.	Choose an item.		
2.	Choose an item.		
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Monthly counselor lessons	In Progress	All students	Lessons with counselor on topics such as coping skills, bullying, self-esteem etc
2. Erin's Law Lesson's	In Progress	All students	In January – Personal Safety lessons taught by counselors
3. Red Ribbon Week	Completed	All students	Initiative focused on making healthy choices and good decisions
4. Weekly staff shout outs	In Progress	All Staff	Staff members are able to shout out colleagues in weekly news letter
5. Counselor corner Canvas for students/parents	In Progress	All Students	Canvas page that includes information for students such as coping skills, as well as resources for parents
6. Staff Wellness Days	In Progress	All staff	Days in which we have visits from therapy dogs, massages, raffles for health and wellness items
Physical Activity Goal(s)	Goal Status (select one):	Number of Participants	Notes:
1. Running Club	In Progress		
2.	Choose an item.		
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Staff Art Activities	In Progress	All Staff	Optional after school art events for staff
2. Hearing/Vision Screening	Completed	1 st , 3 rd grade students	
3. Flu Shots	Completed	All staff	Optional for staff

4. Snack Carts	In Progress	All Staff	Snack Carts/food provided by Sunshine committee periodically throughout year
5. Staff Holiday Party	Completed	All Staff	Optional Holiday gathering
District Nutrition Guidelines for Foods & Beverages Sold to Students	Status (select one):	Completed	Notes: Follows district guidelines
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e. classroom parties, foods given as reward).	Status (select one):	Completed	Notes: Follows district guidelines

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Tara Quinn-Schuldt	Coordinator Student Support	
2. Melissa Whatley	Exec. Director Employee Resources	
3. Toni Hedges	School Nutrition Supervisor	
4. Lori Etheridge	Principal	Wellness Administrator
5. Amy Walker	Assistant Principal	Wellness Co-Administrator
6. Kathleen Drew	Counselor	Wellness Ambassador
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Kathleen Drew	Counselor	
2. Paige Chandler (sunshine committee)	Media Spec.	
3. Railene Seguin (sunshine committee)	5th grade	

4.		
5.		

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. School Nutrition Webpage	Permanently	
2. Faculty Meetings	Monthly	Information shared as needed
3. Wellness Emails to staff	Monthly	SHBP information to be shared as needed
4. Wellness/sunshine committee	Monthly	Monthly meetings