

Date of Assessment: 11/21/2025		Holly Springs ES Wellness Action Plan SY25-26	
Name of School/Work Location: HSES E.S. (includes Pre-school)	Number of Students:		Number of Employees: 144
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Food Group (MyPlate) Instruction- PE Class	Completed	786	Students learn food groups and healthy eating habits.
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Classroom SEL Meetings	In Progress	786	Provided by homeroom teachers in a "morning meeting" or through social studies instructional time.
2. Monthly Counseling Dept SEL Meetings	In Progress	786	Small groups throughout the month that focus on self-regulating skills.
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Wildcat Running Club	In Progress	29	4 th /5 th grade student club that promotes fitness, games, teamwork, and sports.
2. Fitness/Aerobic Focus in PE	In Progress	786	Students have PE every other day. Each class features a 7-10 minute warmup.
3. Georgia Impact Soccer Club	In Progress	24	3 rd /4 th /5 th grade student club that promotes fitness, soccer and teamwork.
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Culture and Climate Club	Completed	12	Icebreaker activities at each staff meeting, Staff birthday spotlights, Staff picture board, PAWSitive Staff Referrals, prize drawings, snack cart, and reward coupons for staff.
2. PBIS Partner Classes	Completed	786	Classes within school are paired up by PRIDEs (upper grade w/lower grade), service projects are completed, and students are celebrated school-wide each quarter.
3. School-wide Wellness Promotions	Completed	786	Monthly promotions focusing on the wellness of students and employees promoted by the cafeteria.

District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	In Progress	Notes: birthday treats bought through Cafe
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e. classroom parties, foods given as reward).	Status (select one):	In Progress	Notes: PBIS treats, classroom parties, and reward treats.

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Ashley Polito	Principal	Approves and supports the mission of Wellness/Sunshine
2. Aimee Adams	TOSA	Approves and supports the mission of Wellness/Sunshine
3. Cassie Lindner	Culture and Climate Club Co-Lead, and HSES Wellness Rep	Represents the Culture and Climate role, updates events and information to staff for Wellness, organize and communicates events to staff, updates Spotlight and shout-out boards, and communicates needs/expenses with principal and bookkeeper.
4. Dee Childers	Bookkeeper	Communicates costs/budget, orders needed supplies, and reimburses sunshine cart and staff birthday goodies.
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Amanda Anderson	Chair	Co-Chair, Physical Education Teacher
2. Naticia Zocca	Chair	Co-Chair, Regular education teacher
3. Cassie Lindner	Chair	Co-Chair, School Counselor, Wellness Rep
4. David Jacobs	Member	Art teacher
5. Karen Schnell	Member	Regular education teacher
6. Reagan Rhino	Member	Regular education teacher

7. Kimberly Kell	Member	Regular education teacher
8. Mary Jo Keeble	Member	Regular education teacher
9. Patrice Frasier	Member	Special education teacher
10. Erica Connelly	Member	Special education teacher
11. Reagan Wawrek	Member	Regular education teacher
12. Alexia Treadaway	Member	Regular education teacher
13. Jennifer Smith	Member	Regular education teacher
14. Anna Townsend	Member	ESOL Teacher
15. Phil Dutko	Member	Physical Education Teacher

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Teacher Mailroom	Instant	Items of communication and teacher shout-outs are communicated on the Culture and Climate board in the teacher mailroom.
2. Email	Instant	SHBP Wellness and Sharecare communication forwarded to staff.
3. Wildcat Chronicle	Weekly	All Wellness/Sunshine, staff spotlights, and upcoming events are communicated Weekly in the Newsletter.