

Date of Assessment: 8/1/25-12/19/25		School/Work Location Wellness Action Plan SY25-26	
Name of School: William G. Hasty Elementary School		Number of Students: 1026	Number of Employees: 165
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Weekly staff wellness corner (Smore) to promote proper nutrition	In Progress	165	Articles or fun facts are provided to staff about healthy eating, the effect of different foods on the body, etc.
2. Promote healthy eating/ nutrition through Garden Club and STEAM class (garden tower in class)	In Progress	1026	New garden beds installed this year, waiting on funds for dirt. Garden tower is used for instruction in STEAM class.
3. Regular nutrition education and promotion in HPE class	In Progress	1026	Nutrition promotion/ education integrated as appropriate with HPE standards-based instruction.
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Weekly staff wellness corner (Smore) to promote mental health facts and ways to increase mental health	In Progress	165	Articles about mental health statistics, promotion, or ways to positively impact mental health are shared with teachers. Many articles are more related to social wellness or emotional well-being, which have a similar effect.
2. Monthly staff (mental) wellness event advocacy	In Progress	165	The wellness committee plans events in which grade levels participate (e.g., Staff Singo, Team Social Catch Up, Emotional Support Dogs).
3. Teacher and Student of the Month	In Progress	Select Staff and Students	Private and public display of accomplishment/ recognition
4. EOY painting party and ice cream social	Not Completed	40-70	Paint and socialize for improved mental/ emotional/ social wellness.
5. Sunshine Committee Wellness activities	In Progress	165	Provides staff with small engaging and fun activities throughout the year. Administrators also assist with these initiatives.

Physical Activity Goal(s)	Goal Status (select one):	Number of Participants	Notes:
1. Weekly staff wellness corner (Smore) to promote physical activity practices of all types and throughout all seasons	In Progress	165	Staff are provided with articles to increase their knowledge and capacity for physical activity, both during school hours and in leisure time.
2. Monthly staff (physical) wellness games or activities	In Progress	20-50	Regular (monthly) staff wellness activities are held to provide teachers with a physical activity outlet (e.g., Flying Pumpkins, Run Run Rudolph Steps Challenge, Time to March Steps Challenge, Yard Games).
3. Student physical activity clubs and other events	In Progress	50-120 Students 100+ Family members	Clubs: Basketball, Soccer (3-5), Soccer (K-2) Events: Annual Soccer Tournament, Hasty Hustle 'Fun Run.'
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Administrative-initiated activities for staff that increase staff morale/ cohesion	In Progress	165	Administrators and front office staff plan and conduct small games and activities for staff to participate in if they wish.
2. Student Wellness Wednesday Videos	In Progress	1026	Videos are shared with teachers to show students (e.g., Strong4Life, Brain Breaks, etc).
3. Morning meetings/ family journaling	In Progress	165/ 1026	Fosters teacher connections with students and families. Prize cart is used to reward journaling.
4. Hasty Nation Pack System (PBIS System)	In Progress	165/ 1026	PACK matrix used and positive behavior is reinforced to create a safer culture and one that is most conducive to learning.
5. Early Act Club/ SALT Team	In Progress	50 students/ 165 staff	In this club, students learn about life skills and positive character traits to be leaders of their classroom, school, and community. Many, if not all of these traits, can and should be used to improve the school (community) to ensure it is an environment

			where everyone feels safe, valued, and provided for.
District Nutrition Guidelines for Foods & Beverages Sold to Students	Status (select one): In Progress	165/ 1026	Notes: Smart Snack has been/ is reviewed regularly to ensure guidelines for foods and beverages sold to students are followed.
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e. classroom parties, foods given as reward).	Status (select one): In Progress	165/ 1026	Notes: All foods and beverages not sold to students follow appropriate district guidance.

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1.Tara Quinn-Schuldt	Coordinator Student Support	
2. Melissa Whatley	Exec. Director Employee Resources	
3. Toni Hedges	School Nutrition Supervisor	
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Dr. Griff Tatum	PE Teacher/ Committee Lead	
2. Coach Jake Williams	PE Teacher	
3. Coach Roger Kvam	PE Teacher	
4. Ms. Megan Pressley	SPED Teacher	
5. Ms. Jessica Rosenfeld	K Teacher	

6. Ms. Ivey Gangi	K Teacher	
7. Ms. Laura Renfro	1 st Teacher	
8. Ms. Ayleen De Los Rios	2 nd Teacher	
9. Ms. Thyra Densmore	3 rd Teacher	
10. Ms. Heather Jump	EIP Teacher	
11. Ms. Reed Berry	4 th Teacher	
12. Ms. Jenna Jenkins	5 th Grade Teacher	
13. Ms. Mercedes Comesana	3 rd Teacher	
14. Ms. Allison Correll	EIP Teacher	
15. Ms. Sophie Leasure	SPED Teacher	
16. Dr. Maria Regan	Principal	
17. Ms. Janet Marotte	Asst. Principal	
18. Ms. Kelli Nastasi	Asst. Principal	

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Wellness/ PBIS committee meeting held approximately 4x per year	4-5 times per year	
2. Smore with Wellness Corner	Weekly	
3. Email reminders for events	As needed	