

Date of Assessment: School/Work Location Wellness Action Plan SY25-26			
Name of School: Ball Ground STEM Academy	Number of Students: 642		Number of Employees: 100
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. National School Lunch Week	Completed	All staff and students	Promoting student nutrition
2. National School Breakfast Week	In Progress	All staff and students	March – promoting school nutrition
3. Cares closet (food pantry)/Indian Meals backpack program	In progress	25-30 students/families	Providing students with backpacks of food to take home over weekend
4. School Garden	In progress	3-5 th grade students in collaboration w/ STEM	Learning about and planting a vegetable garden while exposing students to healthy food choices
5. National Milk Day	Completed	All staff/students	Promoted the importance of milk in a well rounded diet
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Classroom guidance Lessons	In Progress	All Students	5-6 lessons from K-5 counseling curriculum
2. Red Ribbon Week	Completed	All staff and students	October 23-31
3. Counselor lunch bunch	In progress	Some students	Making connections with students
4. Staff Shout Outs	In Progress	All Staff	Colleague Recognition in Ball Ground Bullets
5. Employee Care Corner	In progress	All Staff	Care baskets are made by Sunshine committee for employees who are struggling with illness or other home issues.
6. Employee of the Month	In Progress	All Staff	Nominate a staff member for employee of the month.
7. Staff Wellness Days	In progress	All Staff	Visits with therapy dogs, brief massages with chiropractor, raffles and giveaways for wellness related items
8. Check In/Check Out (CICO)	In Progress	As needed for students	Support student behavior and emotional and social wellness.
Physical Activity Goal(s)	Goal Status (select one):	Number of Participants	Notes:
1. Running Club	In Progress		Spring time club for 4 th and 5 th graders

2. Adams Sports	In Progress	Registered students	Students can play a variety of sports in after school program
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Flu-shots on campus for staff	Completed	Staff	Optional for staff
2. Hearing and vision screening	Completed	PK, 1st and 3rd grade students	Ensuring that student academics are not hindered by visual or auditory issues
3. Nurse News – Need to Know Head to Toe	In progress	All staff and students	Health facts from school nurse shared on morning news
District Nutrition Guidelines for Foods & Beverages Sold to Students	Status (select one):	Completed	Notes: Following district guidelines
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e. classroom parties, foods given as reward).	Status (select one):	Completed	Notes: Following district guidelines

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Tara Quinn-Schuldt	Coordinator Student Support	
2. Melissa Whatley	Exec. Director Employee Resources	
3. Toni Hedges	School Nutrition Supervisor	
4. Melinda Roulier	Principal	Serving as wellness administrator
5. Lauren Roach	Asst. Principal	Serving as wellness co-administrator

6. Kathleen Drew	Counselor	Serving as wellness ambassador
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Melissa Bruce	2 nd grade teacher	
2. Terry Dionne	1 st grade	
3. Jennifer Hardin	3 rd Grade	
4. Jennifer Goss	4 th Grade	
5. Mollie Dunn	5 th	
6. Stacie Hutchison	SPED	
7. Sandra Moore	SPED	
8. Leah Holloway	SPED	
9. Emily Dobson	SPED	

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. School Nutrition Webpage	Permanently	
2. Faculty meetings/wellness committee meetings	Monthly	Information shared as needed
3. Emailed to staff wellness information	As Needed	