



**The Academy of the Holy Cross** is seeking an **Assistant Track & Field Coach (Throws)** to lead our program for the 2026 season and beyond.

### **About the Position:**

Lead and develop student-athletes in the throwing events: shot put and discus. The ideal candidate will have a strong background in track and field, a passion for teaching and the ability to motivate and mentor student athletes in a highly competitive athletic environment and region. The ideal candidate will have effective communication skills, immense knowledge and passion for the sport and strong organizational skills. The ideal candidate will have a desire to inspire with overall understanding of student-athlete needs in a catholic educational environment. The ideal candidate will have earned a college degree and have successful experience playing/coaching high school, club level or college level Track and Field with emphasis on throwing.

### **This is a stipend position.**

Principal duties include:

- Positive and Professional - ability to interact effectively and positively as an ambassador of the school
- Communication - convey optimism and energy to prospective and current student-athletes on behalf of the school.
- Plan, organize, and conduct safe and effective training sessions for shot put and discus athletes.
- Instruct student-athletes in proper techniques, conditioning, and competition strategies.
- Provide individualized coaching to enhance skill development and improve performance.
- Assist with recruiting and evaluating prospective student-athletes.
- Collaborate with the Head Coach and athletic staff on Thrower entries for meets, equipment needs, and team logistics.
- USATF / USTFCCA certifications preferred. CPR/First-Aid upon hire

### **How to apply:**

- All applications should be emailed to **Kelly Flaherty**, Director of Athletics at [KFlaherty@academyoftheholycross.org](mailto:KFlaherty@academyoftheholycross.org)
- Complete applications shall include: resume; contact information, a short introduction or cover letter, and contact information for 3+ professional references.