DEPARTMENT OF EDUCATION

Triennial Assessment Template School Wellness Policy

Background Information

An assessment of your school wellness policy must be conducted a minimum of once every three years; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish. The results of the assessment must be made available to the public.

Purpose

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including:

1. Compliance with the wellness policy
2. How the wellness policy compares to model wellness policies
3. Progress made in attaining the goals of the wellness policy

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.



For questions about this document or school wellness policy requirements, contact:
mde.fns@state.mn.us

School Wellness Policy: Triennial Assessment Summary

Section 1: General Information

School(s) included in the assessment:
Richfield High School,Richfield Middle School, Richfield STEM, RDLS, Centennial, and Sheridan Hills

Month and year of current assessment:	Date of last school wellness policy revision:
May 2026	05/31/2023

Website address for the wellness policy and/or information on how the public can access a copy:
https://www.richfieldschools.org/depts-progs/nutrition

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet?	5

Designated School Wellness Leader

Name	Job Title	Email Address
Craig Holje	Senior Executive Officer	craig.holje@rpsmn.org

School Wellness Committee Members

Name	Job Title	Email Address
Faith Breeden	EHS Account Manager	Faith.Breeden@ieasafety.com
Robert Olson	Facilities	robert.olson@rpsmn.org
Michelle Axell	HR	michelle.axell@rpsmn.org
Michelle Whiteside	Richfield Health Services Supervisor	michelle.whiteside@rpsmn.org
Michael Manning	Nutrition	michael.manning@rpsmn.org
Cassi O'Meara	Clerical	cassi.omeara@rpsmn.org
Ellen Bowden	HR	ellen.bowden@rpsmn.org
Peter Fitzpatrick	Custodial	peter.fitzpatrick@rpsmn.org
Amy Skare-Klecker	Community Education	amy.skare-klecker@rpsmn.org
Timothy Brackett	SRTS	timothy.brackett@rpsmn.org

Section 3. Comparison to Model School Wellness Policies

Complete the **WellSAT3.0 assessment tool** and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- ☐ Alliance for a Healthier Generation: Model Policy
- ☑ WellSAT 3.0 example policy language
- ☐ Other (please specify): _____

Describe how your wellness policy compares to model wellness policies.
2026 WellSAT Score: Comprehensive 100 Strength 99

Section 4. Compliance with the Wellness Policy and Progress Toward Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Describe progress and next steps
Richfield Public Schools' Wellness Policy states that the district will encourage and support healthy eating by students and engage in nutrition education and promotion that is: Offered as part of a sequential and comprehensive K – 12 program designed to provide students with the knowledge and skills necessary to promote and protect their health. Integrated into health education and classroom instruction where appropriate. Supported through consistent nutrition messages throughout schools, classrooms, cafeterias, and school media. Enhanced through nutrition promotion activities such as contests, taste testing, farm visits, school gardens, and farm-to-school opportunities. Connected to school meal programs and family education through	Progress Made Richfield Public Schools continues to support nutrition education and promotion through multiple strategies. Nutrition Services promotes healthy eating through school meals, online menu access, nutrition information, and programs such as the Fresh Fruit and Vegetable Program at eligible schools. The district has also worked to increase local and culturally relevant menu options and improve student engagement around healthy food choices. Educational efforts, including nutrition messaging and promotional activities, have been incorporated throughout the school environment. Next Steps Identified

☐ Meeting Goal ☑ Partially Meeting Goal ☐ Not Meeting Goal

Physical Activity Goal(s)	Describe progress and next steps
Richfield Public Schools' Wellness Policy states that all students in grades PreK – 12 will have opportunities, support, and encouragement to be physically active on a regular basis. The policy includes the following physical activity goals: All K – 12 students receive physical education aligned with Minnesota Physical Education Standards and National Health Education Standards. Elementary scheduling strives to provide 60 minutes of physical education per week, while middle and high school students receive scheduled physical education instruction. Physical education is taught by licensed physical education teachers and is designed to meet the needs of all students. Physical activity may not be withheld as punishment, and physical education cannot be substituted with other activities or waived.	Progress Made Richfield Public Schools has established a comprehensive physical activity framework that includes physical education, daily recess at the elementary level, classroom movement opportunities, and extracurricular athletics and activity programs. The district continues to provide structured physical education taught by qualified staff and maintains practices that support student access to regular physical activity throughout the school day. Community use of school facilities and athletics programming further support physical wellness opportunities for students and families. Next Steps Identified Continue maintaining compliance with physical education and

☑ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal

School-based activities to promote student wellness goal(s)	Describe progress and next steps
Richfield Public Schools' Wellness Policy states that the district will support student wellness through a coordinated school health approach and school-based activities that create healthy learning environments. The policy includes goals and practices such as: Providing a safe, healthy, and supportive school environment that promotes student wellness. Supporting healthy eating and physical activity through coordinated school wellness efforts. Encouraging adequate time for students to eat meals in clean, pleasant, and supervised settings. Providing access to school meal programs that meet federal nutrition standards. Promoting hand washing and food safety practices before meals. Supporting staff wellness and encouraging employees to model	Progress Made Richfield Public Schools continues to support student wellness through coordinated nutrition services, physical activity opportunities, and access to healthy school meals. The district maintains wellness leadership structures and provides environments that encourage healthy behaviors. Family engagement, staff wellness support, and wellness committee oversight help reinforce district wellness priorities. Efforts to create welcoming meal environments and expand culturally relevant meal options have also supported overall student wellness. Next Steps Identified Continue strengthening coordinated wellness efforts by increasing

☐ Meeting Goal ☑ Partially Meeting Goal ☐ Not Meeting Goal

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and smart snacks)	Describe progress and next steps
Richfield Public Schools' Wellness Policy states that all foods and beverages sold to students on the school campus during the school day will meet or exceed federal and state nutrition standards. This includes: School meals that comply with all requirements of the National School Lunch Program and School Breakfast Program. Meals that meet current federal nutrition standards related to calorie levels, sodium, whole grains, fruits, vegetables, and milk offerings. All competitive foods and beverages sold outside of reimbursable meal programs, including vending, à la carte, school stores, and fundraising during the school day, must meet the Smart Snacks in School nutrition standards.	Progress Made Richfield Public Schools maintains compliance with USDA school meal regulations and Smart Snacks requirements for foods and beverages sold during the school day. School meals continue to meet federal nutrition standards, and Nutrition Services monitors competitive food sales to ensure compliance. The district has also focused on menu quality, local procurement, and culturally responsive meal options to support both compliance and student participation. Next Steps Identified Continue monitoring compliance with school meal and Smart

☑ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps
Richfield Public Schools' Wellness Policy states that foods and beverages provided to students during the school day, but not sold, should support healthy eating and student wellness. This includes foods offered through classroom celebrations, rewards, snacks, and other school-sponsored activities. The policy indicates that: Schools are encouraged to provide healthy food and beverage choices when foods are offered but not sold to students. Nonfood rewards and celebrations are encouraged as alternatives to food-based incentives. Staff and families are encouraged to consider nutritional quality when providing foods for classroom events or activities. Foods and beverages made available to students should align with the district ' s overall wellness goals and support healthy eating	Progress Made Richfield Public Schools has established wellness language encouraging healthier food choices and reduced reliance on food as a reward. School staff generally promote healthy options and support wellness-focused practices during school activities and celebrations. However, implementation may vary by school and classroom, particularly regarding classroom celebrations, snacks brought from home, and use of nonfood rewards. Next Steps Identified Continue reinforcing district expectations regarding foods and beverages provided during the school day by increasing

☐ Meeting Goal ☑ Partially Meeting Goal ☐ Not Meeting Goal

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps
Richfield Public Schools' Wellness Policy states that food and beverage marketing and advertising on the school campus during the school day will be limited to products that meet the Smart Snacks in School nutrition standards. The policy specifies that: Only foods and beverages meeting Smart Snacks standards may be marketed or advertised to students during the school day. Marketing includes oral, written, or graphic statements made for the purpose of promoting the sale of food or beverages. Advertising may include signage, posters, menu boards, scoreboards, vending machine exteriors, educational materials, and branded school equipment or supplies when visible to students. The district will review and monitor marketing practices to ensure consistency with federal wellness policy requirements and district	Progress Made Richfield Public Schools has adopted policy language that aligns with USDA wellness requirements related to food and beverage marketing. District-controlled food marketing and advertising practices are expected to comply with Smart Snacks standards, helping ensure students are exposed to messaging that supports healthy choices and district wellness priorities. Next Steps Identified Continue monitoring school-based food and beverage marketing practices to ensure ongoing compliance with Smart Snacks requirements. Future efforts should include periodic review of

☑ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal

Include any additional notes, if necessary:

Richfield Public Schools maintains a comprehensive Wellness Policy that aligns with federal requirements and supports a coordinated approach to student health and wellness. Overall, the district demonstrates strong compliance in areas related to school meals, Smart Snacks standards, and food marketing requirements. Areas identified as partially meeting goals are generally related to consistency of implementation and documentation across school sites rather than lack of policy language or district commitment.

The district has made continued progress through enhanced meal quality, culturally relevant menu offerings, promotion of healthy eating, and support for physical activity and wellness initiatives. Ongoing evaluation, wellness committee engagement, and regular communication with staff and families will remain important to ensure continued progress and consistent implementation of wellness practices throughout the district.