



Meet Your Nutritious Friend:  
Whistling Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Chicken Cheesesteak</p> <p>Hot Dog</p> <p><b>FEATURED VEGGIES</b> Steamed Broccoli</p>	<p>2</p> <p>Beef Quesadilla</p> <p>Hot Dog</p> <p><b>FEATURED VEGGIES</b> Black beans Golden Corn</p>	<p>3</p> <p>Meatball Sub Sandwich</p> <p>Hot Dog</p> <p><b>FEATURED VEGGIES</b> Glazed Carrots</p>	<p>4</p> <p>Mozarella Sticks w/ Marinara Sauce</p> <p>Hot Dog</p> <p><b>FEATURED VEGGIES</b> Green Beans</p>	<p>5</p> <p>Big Daddys Pizza</p> <p>Hot Dog</p> <p><b>FEATURED VEGGIES</b> Garden Salad</p>
<p>8</p> <p>Hot &amp; Honey Baked Chicken</p> <p>Pre-K chicken Fries</p> <p>Grilled Cheese</p> <p><b>FEATURED VEGGIES</b> Mixed Veggies</p>	<p>9</p> <p>Cheese Burger</p> <p>Grilled Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Golden Corn</p>	<p>10</p> <p>Pancakes w/Sausage</p> <p>Grilled Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Breakfast Potatoes</p>	<p>11</p> <p>Mac &amp; Cheese</p> <p>Grilled Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Green Beans</p>	<p>12</p> <p>Big Daddys Pizza</p> <p>Grilled Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Broccoli Bites w/Ranch Dressing</p>
<p>15</p> <p>Chicken Patty On Bun</p> <p>Cheese Burger</p> <p><b>FEATURED VEGGIES</b> Seasoned Fries</p>	<p>16</p> <p>Early Dismissal</p>	<p>17</p> <p>Early Dismissal</p>	<p>18</p> <p>Early Dismissal</p>	<p>19</p> <p>Juneteenth</p> <p>No SCHOOL</p>
<p>22</p> <p>Early Dismissal</p>	<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>

**What is a Meal?**

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

**Choice of Vegetable**

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

**Choice of Fruit**

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

**Choice of Milk**

1% white, fat-free chocolate

**Daily Alternates**

Uncrustables, Turkey or Ham & Cheese Hoagies, Fresh Garden Salad

**(V) Vegetarian**

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

**(VG) Vegan**

These items do not contain any animal products

**Your Team**

Nancy Piazza, Food Service Director  
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**Meal Prices**

Student Lunch \$3.50

