JUNE 2026 ELEMENTARY BREAKFAST

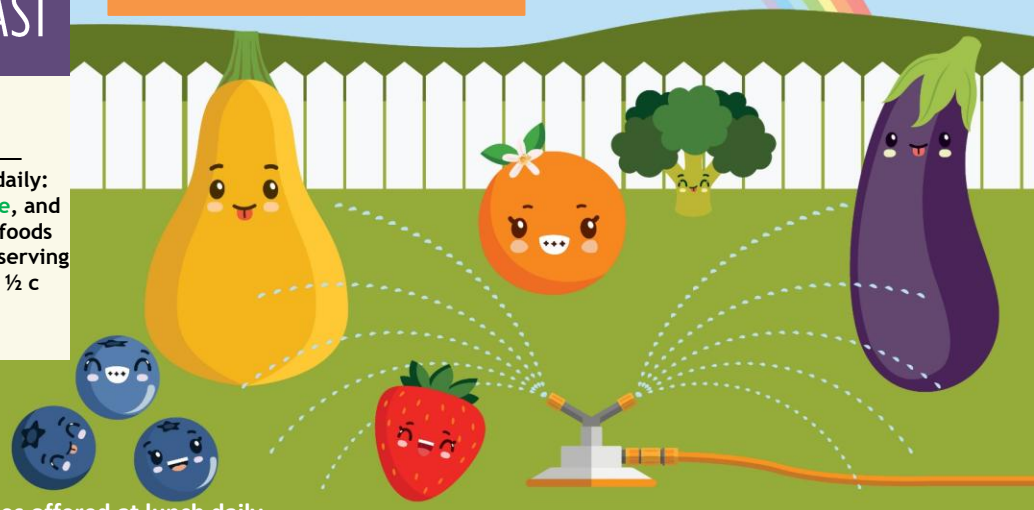
If you or someone in your party has a food allergy, please contact a foodservice manager, chef, or dietitian on site.

Milk choices include 1% white milk or fat-free flavored milk

Five food components are offered at lunch daily: Meat/Meat Alternate, Grain, Fruit, Vegetable, and Milk. To make a meal, students must select foods from at least 3 components in the required serving sizes. At least one item must be ½ c fruit or ½ c vegetable.

ACE'S CORNER

All students are eligible for universal free breakfast in the Scranton School District.



Cheese, PB&J, and/or Sun Butter & Jelly Sandwiches offered at lunch daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chocolate Filled Crescent Fresh Apple Grab & Go Fruit Milk	2 CinniMinis Fresh Pear Grab & Go Fruit Milk	3 Strawberry Poptart Strawberry Banana Yogurt Craisins Grab & Go Fruit Milk	4 Blueberry Mini Waffles Strawberry Applesauce Cup Grab & Go Fruit Milk	5 Cinnamon Toast Crunch Cereal Bar Cheese Stick Fresh Apple Slices Grab & Go Fruit Milk
8 Bagel w/ Cream Cheese Fresh Apple Grab & Go Fruit Milk	9 **Last Day of School!** Trix Cereal Bar Fresh Pear Grab & Go Fruit Milk			

This institution is an equal opportunity provider.

Menu items are subject to change based on product availability.

EATING THE RAINBOW

A colorful variety on your plate is more than just a feast for the eyes; it's a good choice nutritionally. You might remember learning about Roy G. Biv—red, orange, yellow, green, blue, indigo, and violet—an acronym for the colors of the rainbow. In the world of food, we can also add in pink, white, tan, dark brown, and black to that rainbow of colors. Each color signals a range of health benefits that we will explore together.

DIG IN WITH MONTHLY DISCOVERIES

Be sure to check out each month's Discover spotlight to try a vibrant fruit or veggie that showcases the delicious potential of nature's bounty.

CHALLENGE OF THE MONTH: **GARDEN YOGA**

Yoga is a great way to stretch and be mindful of your body and the world around you. Be sure to take deep breaths in each pose.

BE A FROG

Lower down into a squat with your knees apart and arms resting between your knees. Touch your hands to the ground. Jump like a frog.

BE A TREE

Stand on one leg. Bend the other knee and place the sole of your foot on your inner thigh. Sway like a tree in the breeze. Repeat with other leg.

BE A BUTTERFLY

Sit with your spine straight. Bend your legs with the soles of your feet together. Flap your legs like the wings of a butterfly.

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ACE'S RECIPE OF THE MONTH:

RAINBOW FLATBREAD PIZZA*

INGREDIENTS:

- **1** package (2 pieces) of Stonefire naan
- **1/2** cup of pizza sauce
- **1/2** cup of shredded Mozzarella cheese
- **4** cups of chopped colorful veggies (such as broccoli, green peppers, yellow peppers, grape tomatoes, and thinly sliced purple potatoes)
- **2** tsp. of olive oil
- **1** tsp. of Italian seasonings

PREPARATION:

1. Preheat the oven to 425°F and put both naan pieces side by side on the baking sheet. Use a spoon to evenly spread the pizza sauce between the two.
2. Sprinkle the cheese on top of the sauce and layer the veggies in a rainbow pattern on top of the cheese.
3. Drizzle a bit of olive oil on each and then sprinkle on Italian seasoning.
4. Bake for about 20 minutes, or until veggies are cooked and the crust is slightly golden. Wait a few minutes for it to cool and enjoy!

***DO NOT attempt to chop or cook without adult supervision.**