

CRJH Football August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					31	1
2	3 Football SAC/Skills Session 6:30am—8:00am	4 No SAC/Skills	5 No SAC/ Skills	6 Football SAC/Skills Session 6:30am—8:00am	7 Football SAC/Skills Session 6:30am—8:00am	8
9	10 Football SAC/Skills Session 6:30am—8:00am	11 Football SAC/Skills Session 6:30am—8:00am	12 First Day of School 7 th /8 th Grade Practice 6:45am on Field	13 7 th /8 th Grade Practice 6:45am on Field	14 7 th /8 th Grade Practice 6:45am on Field	15
16	17 7 th /8 th Grade Practice 6:45am on Field	18 7 th /8 th Grade Practice 6:45am on Field Parent Meeting @ 5:30	19 7 th /8 th Grade Practice 6:45am on Field	20 7 th /8 th Grade Practice 6:45am on Field	21 7 th /8 th Grade Practice 6:45am on Field	22
23	24 7 th /8 th Grade Practice 6:45am on Field	25 7 th /8 th Grade Practice 6:45am on Field	26 7 th /8 th Grade Practice 6:45am on Field	27 7 th /8 th Grade Practice 6:45am on Field	28 7 th /8 th Grade Practice 6:45am on Field	29

NOTES

Practice

Be on time to practice. Doors open at 6:10am during "SAC" and athletes ready at 6:30am. Doors open at 6:20am "during school" and athletes should be on the field ready at 6:45.

Everyday Needs

Athletes should bring tennis shoes (weight-room) and cleats (field) every day. NO slides, crocks, etc.
Athletes can bring water bottles as well.

Sign Up For SportsYou

Make sure you have signed up for the team SportsYou for text messages from the program.